Laredo Petroleum Holdings, Inc.

Form 4

November 25, 2013

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * SCHUYLER JERRY R	2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum Holdings, Inc. [LPI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(Last) (First) (Middle) 15 W. SIXTH STREET, SUITE 1800	3. Date of Earliest Transaction (Month/Day/Year) 11/21/2013	Director 10% Owner Officer (give titleX Other (specify below) Senior Advisor
(Street) TULSA, OK 74119	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securition(A) or Dis (Instr. 3, 4	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/21/2013	11/21/2013	S	61,535	D	\$ 29.17 (1)	306,688	D	
Common Stock	11/22/2013	11/22/2013	S	4,517	D	\$ 29.17 (1)	302,171	D	
Common Stock	11/22/2013		M	24,012	A	\$ 24.11	326,183	D	
Common Stock	11/22/2013		S	24,012	D	\$ 28.86	302,171	D	

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					(1)		
Common Stock	11/22/2013	M	44,742	A	\$ 17.34	346,913	D
Common Stock	11/22/2013	S	44,742	D	\$ 28.93 (1)	302,171	D
Common Stock	11/25/2013	S	1,700	D	\$ 25.11 (1)	300,471	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Stock Option (Right to buy)	\$ 24.11	11/22/2013		M	24,012	02/03/2013(2)	02/03/2022	Common Stock	24,012
Stock Option (Right to buy)	\$ 17.34	11/22/2013		M	44,742	02/15/2014(2)	02/15/2023	Common Stock	44,742

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
SCHUYLER JERRY R 15 W. SIXTH STREET, SUITE 1800 TULSA, OK 74119				Senior Advisor		

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Signatures

/s/ Kenneth E. Dornblaser, as attorney-in-fact for Jerry R. Schuyler

11/25/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - The price reported in Column 4 is an average weighted price. The reporting person undertakes to provide Laredo Petroleum Holdings,
- (1) Inc. ("Laredo"), any security holder of Laredo, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price.
- Pursuant to Mr. Schuyler's retirement benefits approved by the Compensation Committee of the Board of Directors, the exercise date on the subject options was accellerated to November 21, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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