FROST PH Form 4	IILLIP MD ET A	L								
October 06	, 2011									
FOR	ЛД							OMB A	PPROVAL	
	UNITED	STATES SECU W		AND EXCI on, D.C. 2054		GE CO	MMISSION	OMB Number:	3235-0287	
Check if no lo subject Section Form 4 Form 5	to SIATE.		CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES ection 16(a) of the Securities Exchange Act of 1934,						January 31, 2005 average urs per . 0.5	
obligati may co	ions Section 17	(a) of the Public	Utility He		any A	ct of 1		1		
(Print or Type	e Responses)									
	Address of Reporting HILLIP MD ET A	1	nd Ticker or Tr RE CORP [C	-		5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First)			Transaction	noj	(Check all applicable)				
(Me			/Day/Year) /2011			_X Director Officer (give t elow)	or 10% Owner r (give title Other (specify below)			
	(Street)	mendment, /onth/Day/Y	Date Original ear)		6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person					
MIAMI, F	L 33137						X_ Form filed by M erson			
(City)	(State)	(Zip) Ta	able I - Non	n-Derivative Se	curitie	s Acqui	red, Disposed of,	or Beneficia	lly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)			Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(Instr. I)		
Common Stock	10/04/2011		М	25,000	А	\$ 5.23	425,000	D		
Common Stock	10/04/2011		М	25,000	А	\$ 1.78	450,000	D		
Common Stock	10/04/2011		М	25,000	А	\$ 4.06	475,000	D		
Common Stock	10/04/2011		М	25,000	А	\$ 2.97	500,000	D		
Common Stock	10/04/2011		М	20,000	А	\$ 2.42	520,000	D		
	10/04/2011		М	25,000	А		545,000	D		

Common Stock						\$ 2.48				
Common Stock	10/04/20	11	M	20,000	А	\$ 1.35	565,000	D		
Common Stock	10/04/20	11	D	565,000	D	<u>(1)</u>	0	D		
Common Stock	10/04/20	11	D	24,771,604	D	<u>(1)</u>	0	I	Frost Gamma Investme Trust (2)	nts
Common Stock	10/04/20	11	D	819,313	D	<u>(1)</u>	0	I	Frost Nevada Investme Trust <u>(3)</u>	nts
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.										
			vative Securities Acq puts, calls, warrants					ed		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	<ul> <li>4. 5. Number of TransactiorDerivative</li> <li>Code Securities</li> <li>(Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)</li> <li>6. Date Exercisable and Expiration Date (Month/Day/Year)</li> </ul>		7. Title and Amount of Underlying Securities (Instr. 3 and 4)8				
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 5.23	10/04/2011		М	2	5,000	<u>(4)</u>	02/24/2021	Common Stock, par value \$.0001	25,000
Stock Option (Right to Buy)	\$ 1.78	10/04/2011		М	2	5,000	<u>(4)</u>	03/12/2019	Common Stock, par value \$.0001	25,000
Stock Option (Right to	\$ 4.06	10/04/2011		М	2	5,000	(4)	02/09/2020	Common Stock, par value	25,000

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Stock Option (Right to Buy)	\$ 2.97	10/04/2011	М	25,000	<u>(4)</u>	02/07/2017	Common Stock, par value \$.0001	25,000
Stock Option (Right to Buy)	\$ 2.42	10/04/2011	М	20,000	<u>(4)</u>	12/06/2015	Common Stock, par value \$.0001	20,000
Stock Option (Right to Buy)	\$ 2.48	10/04/2011	М	25,000	<u>(4)</u>	02/05/2018	Common Stock, par value \$.0001	25,000
Stock Option (Right to Buy)	\$ 1.35	10/04/2011	М	20,000	<u>(4)</u>	08/24/2014	Common Stock, par value \$.0001	20,000

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
FROST PHILLIP MD ET AL 4400 BISCAYNE BOULEVARD MIAMI, FL 33137	Х	Х						
Frost Gamma Investments Trust 4400 BISCAYNE BOULEVARD MIAMI, FL 33137		Х						
Frost Nevada Investments Trust 4400 BISCAYNE BOULEVARD MIAMI, FL 33137		Х						

## Signatures

/s/ Phillip Frost, M.D., Individually and as Trustee of Frost Gamma Investments Trust and 10/06/2011 Frost Nevada Investments Trust

\*\*Signature of Reporting Person

Date

# **Explanation of Responses:**

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Disposed of pursuant to an Agreement and Plan of Merger, dated June 26, 2011, by and among Continucare Corporation, Metropolitan (1) Health Networks, Inc. ("Metropolitan") and Cab Merger Sub, Inc., a wholly owned subsidiary of Metropolitan (the "Merger Agreement"), in exchange for \$6.25 in cash, without interest, and 0.0414 of a share of Metropolitan common stock.

These securities are held by Frost Gamma Investments Trust, of which Phillip Frost, M.D. is the trustee and Frost Gamma Limited Partnership is the sole and exclusive beneficiary. Phillip Frost, M.D. is one of two limited partners of Frost Gamma Limited Partnership.

(2) The general partner of Frost Gamma Limited Partnership is Frost Gamma, Inc., and the sole shareholder of Frost Gamma, Inc. is Frost?Nevada Corporation. Phillip Frost, M.D., is also the sole shareholder of Frost?Nevada Corporation.

These securities are held by Frost Nevada Investments Trust, of which Phillip Frost, M.D. is the trustee and Frost?Nevada Limited
(3) Partnership is the sole and exclusive beneficiary. Phillip Frost, M.D., is one of five limited partners of Frost?Nevada Limited Partnership and the sole shareholder of Frost?Nevada Corporation, the sole general partner of Frost?Nevada Limited Partnership.

(4) These options were immediately exercisable on the grant date.

#### **Remarks:**

Exhibit 99.1 Joint Filer Information Exhibit 99.2 Joint Filer Information

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.