KADANT INC Form 4 August 18, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

(Last)

1. Name and Address of Reporting Person * Langevin Eric T

> (First) (Middle)

KADANT INC., ONE ACTON PLACE, SUITE 202

(Street)

2. Issuer Name and Ticker or Trading Symbol

KADANT INC [KAI]

3. Date of Earliest Transaction (Month/Day/Year)

08/17/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

OMB

Number:

Expires:

response...

Estimated average

burden hours per

OMB APPROVAL

3235-0287

January 31,

2005

0.5

Issuer

(Check all applicable)

Director 10% Owner X_ Officer (give title _ Other (specify below)

VICE PRESIDENT

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

ACTON, MA 01720

(City)	(State) (Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	08/17/2006		Code V M	Amount 100		Price \$ 13.05	(Instr. 3 and 4) 2,911	D	
Common Stock	08/17/2006		S	100	D	\$ 25.82	2,811	D	
Common Stock	08/17/2006		M	400	A	\$ 13.05	3,211	D	
Common Stock	08/17/2006		S	400	D	\$ 25.57	2,811	D	
Common Stock	08/17/2006		M	200	A	\$ 13.05	3,011	D	

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Common Stock	08/17/2006	S	200	D	\$ 25.56	2,811	D
Common Stock	08/17/2006	M	200	A	\$ 13.05	3,011	D
Common Stock	08/17/2006	S	200	D	\$ 25.54	2,811	D
Common Stock	08/17/2006	M	400	A	\$ 13.05	3,211	D
Common Stock	08/17/2006	S	400	D	\$ 25.52	2,811	D
Common Stock	08/17/2006	M	400	A	\$ 13.05	3,211	D
Common Stock	08/17/2006	S	400	D	\$ 25.49	2,811	D
Common Stock	08/17/2006	M	500	A	\$ 13.05	3,311	D
Common Stock	08/17/2006	S	500	D	\$ 25.48	2,811	D
Common Stock	08/17/2006	M	200	A	\$ 13.05	3,011	D
Common Stock	08/17/2006	S	200	D	\$ 25.47	2,811	D
Common Stock	08/17/2006	M	1,000	A	\$ 13.05	3,811	D
Common Stock	08/17/2006	S	1,000	D	\$ 25.46	2,811	D
Common Stock	08/17/2006	M	1,800	A	\$ 13.05	4,611	D
Common Stock	08/17/2006	S	1,800	D	\$ 25.45	2,811	D
Common Stock	08/17/2006	M	600	A	\$ 13.05	3,411	D
Common Stock	08/17/2006	S	600	D	\$ 25.44	2,811	D
Common Stock	08/17/2006	M	100	A	\$ 13.05	2,911	D
Common Stock	08/17/2006	S	100	D	\$ 25.43	2,811	D
Common Stock	08/17/2006	M	700	A	\$ 13.05	3,511	D
	08/17/2006	S	700	D		2,811	D

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Common Stock					\$ 25.42		
Common Stock	08/17/2006	M	500	A	\$ 13.05	3,311	D
Common Stock	08/17/2006	S	500	D	\$ 25.41	2,811	D
Common Stock	08/17/2006	M	1,800	A	\$ 13.05	4,611	D
Common Stock	08/17/2006	S	1,800	D	\$ 25.4		D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number out of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right To Buy)	\$ 13.05	08/17/2006		M	8,900	12/10/2001	12/10/2008	Common Stock	8,900

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	100% Oxymor	Officer	Other			

Langevin Eric T KADANT INC. ONE ACTON PLACE, SUITE 202 ACTON, MA 01720

VICE PRESIDENT

Reporting Owners 3

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Signatures

Sandra L. Lambert for Eric T.
Langevin

08/18/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4