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OWENS & Form 4 October 01	MINOR INC/VA , 2013	./											
FORM	UNITED	STATES						GE (COMMISSIO	N	OMB A OMB Number:		-0287
Check t if no lot subject Section Form 4 Form 5 obligati may co <i>See</i> Inst 1(b).	nger to 16. or Filed pur ons ntinue.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section										January 3 Expires: 200 Estimated average burden hours per response 0	
(Print or Type	Responses)												
1. Name and Lewis Len	;	2. Issuer Name and Ticker or Trading Symbol OWENS & MINOR INC/VA/ [OMI]					5. Relationship of Reporting Person(s) to Issuer						
(Last) C/O OWE LOCKWO	IC., 9120	3. Date of Earliest Transaction (Month/Day/Year) 09/30/2013						X Director 10% Owner Officer (give title below) 00ther (specify below)					
		4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 						
MECHAN	ICSVILLE, VA 2								Person	•			
(City)	(State)	(Zip)	Tab	ole I - Non	1-D	erivative	Securitie	es Ac	quired, Disposed	l of,	or Beneficia	lly Owne	d
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution I any (Month/Day	Date, if	3. Transact Code (Instr. 8) Code V	ion.]) (Disposed (Instr. 3, 4	(A) or of (D)		5. Amount of Securities Beneficially Owned Following Reported Fransaction(s) [Instr. 3 and 4)	For (D) (I)	Ownership rm: Direct) or Indirect str. 4)	7. Natur Indirect Benefici Ownersh (Instr. 4)	al nip
Reminder: Re	eport on a separate line	e for each cla	ss of sec	urities ben	nefi	Perso inform requir	ns who nation co red to res ays a cur	resp ontai spor	indirectly. ond to the coll ined in this for nd unless the fo ly valid OMB c	m ai orm	re not	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	ionNumber	Expiration Date	Underlying Securities	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Security

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(Instr. 3)	Price of Derivative Security	(Month/Da	ıy/Year) (I	nstr. 8)	Secu Acq (A) Disp of (I (Inst	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(Instr. 5)
			C	ode V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	09/30/2013		A	96 (2)		<u>(1)</u>	(1)	Common Stock	96	\$ 34.59

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Lewis Lemuel E C/O OWENS & MINOR, INC. 9120 LOCKWOOD BOULEVARD MECHANICSVILLE, VA 23116	Х							
Signatures								
Lemuel E. Lewis by Rosemarie W. F POA	rance,	10/03	1/2013					
**Signature of Reporting Person		I	Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The shares of phantom stock are convertible on a 1-for-1 basis and become payable, in cash or common stock, at the election of the
 (1) reporting person, upon the occurrence of one of the following (as elected in advance by the reporting person): (a) death, (b) disability, (c) termination of service as director, (d) specified future delivery date, or (e) the earliest to occur of (a), (b), (c) or (d).
- (2) Shares acquired through quarterly dividend reinvestment transaction.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.