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COLPO CH	ARLES C											
Form 4												
February 03	, 2006											
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								OMB APPROVAL				
CUNIVI 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287				
Check this box if no longer									Expires:	January 31,		
subject to		EMENT O	F CHAN		GES IN BENEFICIAL OWNERSHIP				Estimated a	2005 average		
Section	Section 16.				SECURITIES				burden hours per			
Form 4 o Form 5			~ • •		~ .				response	0.5		
obligatio		-					-	e Act of 1934,				
may con				•	•	· ·	•	f 1935 or Section	n			
See Instr	uction	30(n) of the In	vestment	Compan	iy Ac	t of 194	FO				
1(b).												
(Print or Type	Responses)											
1. Name and A	Address of Report	ting Person *	2 Issue	r Nome and	Ticker or	Tradi	na	5. Relationship of	Reporting Pers	son(s) to		
1. Name and Address of Reporting Person *2. IssuerCOLPO CHARLES CSymbol				r Name and Ticker or Trading				Issuer				
			2	S & MINOR INC/VA/ [OMI]								
(Last)	(First)	(Middle) 3. Date of Earliest Transaction (Check					k all applicable)					
(2450)	(1 1100)	(initiatio)		ith/Day/Year)				Director 10% Owner				
4800 COX ROAD 02/01/2			-				X Officer (give title Other (specify					
								below) below) Senior Vice President				
	(Street)		1 If Ame	ondment Do	te Origina	1						
				endment, Date Original				6. Individual or Joint/Group Filing(Check Applicable Line)				
X Form filed by O							One Reporting Person					
GLEN ALL	LEN, VA 2306	50						Form filed by M Person	Iore than One Re	porting		
(City)	(State)	(Zip)	Tabl	le I - Non-D	erivative	Secur	ities Aco	uired, Disposed of	. or Beneficial	lv Owned		
1.Title of	2. Transaction	Date 24 Dee		3.			-	5. Amount of	6. Ownership	-		
Security	(Month/Day/Y						•	Securities	Form: Direct			
(Instr. 3)		Code (Instr. 3, 4 and 5)				Beneficially	(D) or	Beneficial				
	Day/Year) (Instr. 8)					Owned Following	Indirect (I)	Ownership				
								Following Reported	(Instr. 4)	(Instr. 4)		
						(A)		Transaction(s)				
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common	02/01/2006						\$	10 (10	D			
Common	02/01/2006			А	799	А	31.14	19,619	D			
~							\$					
Common	02/02/2006			А	470	А	30.24	20,089	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title and A Underlying S (Instr. 3 and	Securities	8. Price of Derivative Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Common	<u>(1)</u>					(1)	(1)	Common	<u>(1)</u>	

Reporting Owners

Reporting Owner Name / Addr	ress Relationships							
	Director	10% Owner	Officer	Other				
COLPO CHARLES C 4800 COX ROAD GLEN ALLEN, VA 23060			Senior Vice President					
Signatures								
Charles C. Colpo	02/03/2006							

Reporting Person Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock Option grants awarded from 02/2/98 to 4/28/05 with an exercise price of \$8.31 to \$29.58 and expiration dates of 02/2/08 to 4/28/12.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

**Signature of