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ARCHER DANIELS MIDLAND CO

Form 4

August 14, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Number: January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

SECURITIES

burden hours per response... 0.5

Estimated average

may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

Common

Stock

(Print or Type Responses)

(11mt of Type 1	esponses)									
1. Name and Ad Roig Ismael	ddress of Reporting P	Sym	ssuer Name a bol CHER DA [ADM]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 4666 FARIE	(First) (M	(Mor	(Month/Day/Tear) below below					% Owner her (specify		
	(Street)		Amendment,		Č			6. Individual or Applicable Line) _X_ Form filed b	y One Reporting I	Person
DECATUR,	IL 62521							Form filed by Person	More than One I	Reporting
(City)	(State) (2	Zip)	Table I - No	n-D	erivative S	Securi	ities Ac	quired, Disposed	of, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Y	Code		4. Securit nAcquired Disposed (Instr. 3,	(A) o of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature o Indirect Beneficial Ownership (Instr. 4)
Common	08/10/2006		Code	V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	D	
Stock	00/10/2000		A		4,520	A	\$0	14,820	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

1,256,1612

(1)

By

Employee

Benefit Plan

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration D (Month/Day/	Date Underlying Secur		Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 41.81	08/10/2006		A	4,564	(2)	08/10/2016	Common Stock	4,564

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Roig Ismael

4666 FARIES PARKWAY Vice President

DECATUR, IL 62521

Signatures

Stuart E. Funderburg, Attorney-in-fact for Ismael

Roig 08/14/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Between August 8, 2005 and August 10, 2006, the reporting person acquired 815.2107 shares of ADM Common Stock pursuant to an employee benefit plan. The information in this report is based on a plan statement dated August 10, 2006.
- (2) The option becomes exercisable in five approximately equal annual installments beginning on August 10, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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