ARCHER DANIELS MIDLAND CO

Form 4 May 11, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading MILLS STEVEN RICHARD Issuer Symbol ARCHER DANIELS MIDLAND (Check all applicable) CO [ADM] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner _X__ Officer (give title _ Other (specify (Month/Day/Year) below) 4666 FARIES PARKWAY 05/10/2006 Group V.P. & Controller (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting DECATUR, IL 62526 Person

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(Instr. 4)		
Common Stock	05/10/2006		M	2,904	A	\$ 11.3379	118,154	D		
Common Stock	05/10/2006		M	2,626	A	\$ 11.3	120,780	D		
Common Stock	05/10/2006		M	5,419	A	\$ 13.65	126,199	D		
Common Stock	05/10/2006		S	9,700	D	\$ 45.2	116,499	D		
Common Stock	05/10/2006		S	500	D	\$ 45.19	115,999	D		

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Common Stock	05/10/2006	S	200	D	\$ 45.17	115,799	D		
Common Stock	05/10/2006	S	200	D	\$ 45.23	115,599	D		
Common Stock	05/10/2006	S	349	D	\$ 45.25	115,250	D		
Common Stock						26,160.8113 (1)	I	By Employee Benefit Plan	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.									

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration D	6. Date Exercisable and Expiration Date Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (right to buy)	\$ 11.3379	05/10/2006		M	2,904	<u>(2)</u>	05/01/2010	Common Stock	2,904	
Employee Stock Option (right to buy)	\$ 11.3	05/10/2006		M	2,626	(3)	08/08/2012	Common Stock	2,626	
Employee Stock Option (right to buy)	\$ 13.65	05/10/2006		M	5,419	<u>(4)</u>	10/14/2013	Common Stock	5,419	

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MILLS STEVEN RICHARD 4666 FARIES PARKWAY DECATUR, IL 62526

Group V.P. & Controller

Signatures

Stuart E. Funderburg, Attorney-in-Fact for Steven R.
Mills

05/11/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Between February 22, 2006 and May 10, 2006, the reporting person acquired 246.0607 shares of ADM Common Stock pursuant to an employee benefit plan. The information in this report is based on a plan statement dated May 10, 2006.
- (2) The option was granted in three tranches (A, B and C). The option becomes exercisable in eight equal annual installments commencing on May 1, 2002; provided that the three tranches are exercisable sequentially commencing with Tranche A.
- (3) The option becomes exercisable in approximately 11.1% increments annually commencing on August 8, 2003.
- (4) The option becomes exercisable in approximately 11.1% increments annually commencing on October 14, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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