#### **IEC ELECTRONICS CORP**

Form 4

February 05, 2010

# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

5. Relationship of Reporting Person(s) to

147,281

I

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Number: January 31, 2005

**OMB APPROVAL** 

Form 4 or Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

burden hours per response... 0.5

1(b).

Common

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person \*

ROWE JAMES C				Symbol IEC EL	Symbol IEC ELECTRONICS CORP [iec]					Issuer (Check all applicable)				
	(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(Check all applicable)					
				(Month/I	(Month/Day/Year)					X Director 10%				
C/O IEC ELECTRONICS				02/04/2	02/04/2010				Officer (give title Other (specify below)					
	CORP., 105	NORTON ST							below)					
(Street)				4. If Ame	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check				
				Filed(Mo	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person				
NEWARK, NY 14513										Form filed by More than One Reporting Person				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owner.										cially Owned				
	1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ar) Executi any	on Date, if TransactionAcquired (A) or Code Disposed of (D) Day/Year) (Instr. 8) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	curities Ownership neficially Form: Direct wned (D) or llowing Indirect (I)							
							(A)		Transaction(s)	(======================================				
					Code V	Amount	(D)	Price	(Instr. 3 and 4)					
	Common Stock	02/04/2010			A(1)	182	A	(1)	73,514	D				
	Common Stock	02/04/2010			A(2)	1,818	A	\$0	75,332	D				
	Common Stock								31,440	I	By Partnership			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

By 401(k)

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title a	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumbe		Expiration Date		Amount	of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ing	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	and 4)		Own
	Security				Acquired						Follo
	·				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									mount		
						Date	Expiration e Date	01			
						Exercisable		Title Number			
								of			
				Code V	(A) (D)			S	hares		

## **Reporting Owners**

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

**ROWE JAMES C** C/O IEC ELECTRONICS CORP. 105 NORTON STREET NEWARK, NY 14513

X

## **Signatures**

James C. Rowe 02/05/2010 \*\*Signature of Date Reporting Person

### **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Stock issued pursuant to the Company's 2001 Stock Option and Incentive Plan, in lieu of cash, in payment of Director's fee for board meeting attendance: exempt under Rule 16(b)-3(d). A director is entitled to receive \$1000 for each in-person meeting of the board **(1)** attended. The number of shares issued is based upon the closing price of the Company's common stock on the date of the meeting (2/3/10)
- Award of restricted stock under the Company's 2001 Stock Option and Incentive Plan in a transaction exempt under Rule 16(b)-3(d). Shares vest in three equal annual installments commencing one year from the date of the award.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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