EASTERN CO Form 4 September 02, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** EVERETS JOHN			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle)		(Middle)	EASTERN CO [EML] 3. Date of Earliest Transaction	(Check all applicable)			
112 BRIDGE S	,		(Month/Day/Year) 08/28/2008	X Director 10% Owner Officer (give title below) Other (specify below)			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
NAUGATUCK, CT 06770 (City) (State) (Zip)				Form filed by More than One Reporting Person			

(City)	(State) (Table	e I - Non-D	erivative S	Securit	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security	2. Transaction Date (Month/Day/Year)	Execution Date, if	3. Transactio	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of 6. Ownership Securities Form: Direct Beneficially (D) or		Indirect
(Instr. 3)		any (Month/Day/Year)	(Instr. 8)	(IIISII. 5, ²	+ and s))	Owned Following	(D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					(A) or		Reported Transaction(s)		,
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock (1)	08/28/2008		M	22,500	A	\$ 9.33	98,137	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.		5. Number of on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Nun of S
Non-qualified stock options (2)	\$ 9.33	08/28/2008		M			22,500	09/09/1998	10/09/2008	Common Stock	22,
Non-qualified stock options (3)	\$ 10.17	12/15/1999		A		0		12/15/1999	01/15/2010	Common Stock	18,

Reporting Owners

Reporting Owner Name / Address	Relationships							
•	Director	10% Owner	Officer	Other				
EVERETS JOHN 112 BRIDGE STREET NAUGATUCK, CT 06770	X							

Signatures

John W. Everets, by Theresa P. Dews his attorney-in-fact 09/02/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- 22,500 shares were exercised on August 28, 2008 at \$9.33. The original 9/9/1998 option was for 10,000 shares at \$21.00 per share. As a (1) result of a 3-for-2 stock split effective 5/28/1999 and a 3-for-2 stock split effective 10/18/2006, this option is now an option for 22,500 shares at \$9.33 per share.
- The original 9/9/1998 option was for 10,000 shares at \$21.00 per share. As a result of a 3-for-2 stock split effective 5/28/1999 and a (2) 3-for-2 stock split effective 10/18/2006, this option is now an option for 22,500 shares at \$9.33 per share. On August 28, 2008, 22,500 shares were exercised at \$9.33, leaving a zero balance.
- (3) The original 12/15/1999 option was for 12,500 shares at \$15.25 per share. As a result of a 3-for-2 stock split effective 10/18/2006, this option is now 18,750 shares at \$10.17 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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