FITLIFE BRANDS, INC.

Form 8-K

November 18, 2016

SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 18, 2016

FITLIFE BRANDS, INC.

(Exact name of Registrant as specified in its Charter)

Nevada 000-52369 20-3464383

(State or other jurisdiction of incorporation) (Commission File No.) (IRS Employer Identification No.)

4509 143rd Street, Suite 1, Omaha, Nebraska 68137

(Address of principal executive offices)

(402) 333-5260

(Registrant's Telephone Number)

Not Applicable

(Former name or address, if changed since last report)

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure

On November 18, 2016, FitLife Brands, Inc. (the "Company") began using the corporate presentation materials attached hereto as Exhibit 99.1. The Company may continue to use these materials from time to time in conversations with investors and analysts.

Item 9.01 Financial Statements and Exhibits

See Exhibit Index.

Disclaimer

In accordance with General Instruction B.2 of Form 8-K, the information contained in Item 7.01 of this Current Report on Form 8-K, including Exhibit 99.1 attached hereto, shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that Section. The information in Item 7.01 of this Current Report on Form 8-K shall not be incorporated by reference into any filing or other document pursuant to the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such filing or document.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FITLIFE BRANDS, INC.

Date: November 18, 2016 By: /s/ Michael Abrams

Michael Abrams Chief Financial Officer

EXHIBIT INDEX

Exhibit Number Description

99.1 Investor presentation materials, dated November 2016.