MFS INTERMEDIATE HIGH INCOME FUND Form 3 May 07, 2014 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB APPROVAL FORM 3 Washington, D.C. 20549 OMB

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

3235-0104 Number: January 31, Expires: 2005 Estimated average burden hours per 0.5 response...

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Roepke Maryanne L			2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name and Ticker or Trading Symbol MFS INTERMEDIATE HIGH INCOME FUND [CIF]					
(Last) (First)	(Middle)	05/06/2014	4. Relationship of Reporting Person(s) to Issuer			5. If Amendment, Date Original Filed(Month/Day/Year)		
MFS INVESTMENT MANAGEMENT, 111 HUNTINGTON AVENUE ^(Street) BOSTON, MA 02199				(Check all applicable) <u>X</u> Director 10% Owner Officer Other (give title below) (specify below)		Owner r	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One 		
(City) (S	State)	(Zip)	Table I - I	Reporting Person able I - Non-Derivative Securities Beneficially Owned					
1.Title of Security (Instr. 4)			2. Amount o Beneficially (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nat Owner (Instr.	*		
Reminder: Report of owned directly or i		te line for ea	ch class of securities benefic	^{ially} S	EC 1473 (7-02	2)			
	informa require	ation conta d to respo	oond to the collection of iined in this form are no nd unless the form disp //B control number.	t					
Tabl	e II - Deri	vative Secur	ities Beneficially Owned (.g., puts, calls,	warrants, opt	tions, co	onvertible securities)		

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of	5. Ownership Form of Derivative	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of	Derivative Security	Security: Direct (D)	

Shares

or Indirect (I) (Instr. 5)

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director 10% Owne		Officer Oth				
Roepke Maryanne L MFS INVESTMENT MANAGEMENT 111 HUNTINGTON AVENUE BOSTON, MA 02199	ÂX	Â	Â	Â			
Signatures							
Susan S.Newton, By Power of Attorney	05/07	/2014					
**Signature of Reporting Person	Da	ate					
Explanation of Responses:							

Explanation of Responses:

No securities are beneficially owned

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.