

HEALTHCARE TRUST OF AMERICA, INC.

Form DEF 14A

April 18, 2019

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 14A

(RULE 14a-101)

INFORMATION REQUIRED IN PROXY STATEMENT

SCHEDULE 14A INFORMATION

Proxy Statement Pursuant to Section 14(a) of the Securities
Exchange Act of 1934 (Amendment No.)

Filed by the Registrant

Filed by a Party other than the Registrant

Check the appropriate box:

Preliminary Proxy Statement

Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))

Definitive Proxy Statement

Definitive Additional Materials

Soliciting Material Pursuant to §240.14a-12

HEALTHCARE TRUST OF AMERICA, INC.

(Name of Registrant as Specified In Its Charter)

(Name of Person(s) Filing Proxy Statement, if other than the Registrant)

Payment of Filing Fee (Check the appropriate box):

No fee required.

Fee computed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11.

(1) Title of each class of securities to which transaction applies:

(2) Aggregate number of securities to which transaction applies:

(3) Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):

(4) Proposed maximum aggregate value of transaction:

(5) Total fee paid:

Fee paid previously with preliminary materials.

Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for

which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.

(1) Amount Previously Paid:

(2) Form, Schedule or Registration Statement No.:

(3) Filing Party:

(4) Date Filed:

16435 N. Scottsdale Road, Suite 320
Scottsdale, Arizona 85254
(480) 998-3478

www.htareit.com

LETTER FROM THE BOARD OF DIRECTORS

DEAR STOCKHOLDERS,

Since our listing on the New York Stock Exchange on June 6, 2012, we have been committed to creating a best-in-class owner and operator of medical office buildings in the United States. During this time, we have overseen growth that has tripled the Company's size by investments, which is the result of (i) focusing on increasing our presence in our 20-25 key high growth markets, (ii) improving company efficiencies, and (iii) completing the integration of our full-service operating platform, while at the same time maintaining a conservative and disciplined investment grade balance sheet and delivering growth and stockholder returns that have outperformed both the broader U.S. REIT Index (RMS) Index and SNL U.S. REIT Healthcare Index. As members of the Board of Directors of the Company, we are dedicated to creating stockholder value for the long-term and believe the execution of our objectives by the Company and the changes we have made to our governance structure over the last few years position us well for continued success in the future.

Corporate Governance

The Board of Directors is committed to representing stockholders and adhering to corporate governance best practices. Over the last several years, the Board of Directors has taken several actions that we believe improve our responsiveness to and alignment with stockholders. We have (i) elected four new independent members to our Board, increasing the skills and expertise of the team and improving diversity, (ii) created the role of an independent lead director, (iii) opted out of the classified board provisions of the Maryland Unsolicited Takeovers Act, which would allow us to stagger the Board of Directors without stockholder approval, and (iv) provided stockholders with proxy access for director nominations and the power to amend the Company's bylaws, subject to certain conditions. As the environment for best practices in governance matters has changed, we believe our Board has responded in a manner in our stockholders' best interests.

Pay-for-Performance

The Compensation Committee of our Board is responsible for the design, implementation and execution of the Company's compensation program with a goal of creating a strong alignment of pay-for-performance. This responsibility includes listening to and considering our stockholders' views and feedback on executive compensation. We review total compensation at year-end in order to ensure that the total compensation for executives is reflective of both performance for the year and broader peer compensation practices. Given our transformative year in 2017 and based upon feedback we received from our stockholders, we engage independent compensation consultants to help ensure that (i) our peer group is reflective of the size and complexity of our business, (ii) our executives' total compensation, including all of the components thereof, including the mix of short-term and long-term compensation, is in-line with our peers, and (iii) our new compensation plan implemented in 2018 included certain changes to reflect stockholders' feedback and increased objective measurements of performance. We believe the changes we made have improved our NEOs' compensation program and helped to further align our NEOs' interests with those of our stockholders.

2019 Annual Meeting of Stockholders

On behalf of the Board of Directors, we invite you to attend the 2019 Annual Meeting of Stockholders of Healthcare Trust of America, Inc. The meeting will be held on July 9, 2019 at 9:00 a.m. local time, at Westin Kierland, located at 6902 East Greenway Parkway, Scottsdale, Arizona 85254. We look forward to your attendance.

Attached are the Notice of Annual Meeting of Stockholders and proxy statement for the 2019 Annual Meeting of Stockholders. They describe the formal business to be considered and acted upon by the stockholders.

At the 2019 Annual Meeting of Stockholders, we will present a report on the status of our business, our portfolio of properties and other related matters. Our stockholders will also have an opportunity to ask questions at the meeting.

YOUR VOTE IS VERY IMPORTANT. Regardless of the number of our shares you own, it is very important that your shares be represented at the 2019 Annual Meeting of Stockholders. Accordingly, whether or not you intend to be present at the 2019 Annual Meeting of Stockholders in person, we urge you to submit your proxy as soon as possible. If you received a paper copy of the proxy materials by mail, you may authorize a proxy to vote your shares by doing any one of the following: go to the Internet site address listed on your proxy or voting instruction card; call the toll-free number listed on your proxy or voting instruction card; or sign, date and return in the pre-addressed envelope provided the enclosed proxy or voting instruction card. If you received only a Notice of Internet Availability of Proxy Materials (the "Notice"), by mail, you may authorize a proxy to vote your shares at the Internet site address listed on your Notice. You may also request a paper copy of the proxy materials by visiting the Internet site address listed on your Notice, calling the toll-free number listed on your Notice or sending an e-mail to the address listed on your Notice. This will not prevent you from voting in person at the 2019 Annual Meeting of Stockholders, but will assure that your vote will be counted if you are unable to attend the 2019 Annual Meeting of Stockholders.

Thank you for your attention to this matter and for your continued support of, and interest in, our Company.

Sincerely,

| | |
|--|---|
| Scott D. Peters Chief Executive Officer, President and Chairman | W. Bradley Blair, II Lead Independent Director |
|--|---|

| | |
|--|---|
| Vicki U. Booth Independent Director | Roberta B. Bowman Independent Director |
|--|---|

| | |
|---|---------------------------------------|
| Maurice J. DeWald Independent Director | Warren D. Fix Independent Director |
|---|---------------------------------------|

| | |
|---------------------------------------|--|
| Peter N. Foss Independent Director | Daniel S. Henson Independent Director |
|---------------------------------------|--|

| | |
|---|--|
| Larry L. Mathis Independent Director | Gary T. Wescombe Independent Director |
|---|--|

16435 N. Scottsdale Road, Suite 320
Scottsdale, Arizona 85254
(480) 998-3478

www.htareit.com

**NOTICE OF ANNUAL MEETING OF STOCKHOLDERS
TO BE HELD JULY 9, 2019**

NOTICE IS HEREBY GIVEN that the 2019 Annual Meeting of Stockholders of Healthcare Trust of America, Inc., a Maryland corporation, will be held on July 9, 2019 at 9:00 a.m. local time, at the Westin Kierland, located at 6902 East Greenway Parkway, Scottsdale, Arizona 85254, for the following purposes:

Item

Proposal 1: To consider and vote upon the election of the nine director nominees named in this proxy statement, each to hold office until the 2020 Annual Meeting of Stockholders and until his or her successor is duly elected and qualifies.

Proposal 2: To consider and vote upon the approval, on a non-binding, advisory basis, of the compensation of our named executive officers (“NEOs”) (Say-on-Pay).

Proposal 3: To consider and vote upon the ratification of the appointment of Deloitte & Touche LLP (“Deloitte”) as our independent registered public accounting firm for the year ending December 31, 2019.

Other Business: To consider and vote upon the transaction of such other business as may properly come before the 2019 Annual Meeting of Stockholders and any postponement or adjournment thereof.

These items are discussed in the accompanying proxy statement. The proxy statement is made a part of this Notice of Annual Meeting. Our stockholders of record as of the close of business on April 18, 2019, are entitled to notice of, and to vote at, the 2019 Annual Meeting of Stockholders. We reserve the right, in our sole discretion, to postpone or adjourn the 2019 Annual Meeting of Stockholders to provide more time to solicit proxies for the meeting. We have made these materials available to you on the Internet, or upon your request, we have delivered printed versions of these materials to you by mail. The proxy materials for the 2019 Annual Meeting of Stockholders, including this Notice of Annual Meeting and the accompanying proxy statement, are being made available to stockholders entitled to vote at the 2019 Annual Meeting of Stockholders on or about May 15, 2019.

Important Notice Regarding Availability of Proxy Materials for the Stockholder Meeting to Be Held on July 9, 2019: Your vote is important to us and, thus, we urge you to submit your proxy early. You may revoke your proxy at any time prior to its exercise. If you attend the 2019 Annual Meeting of Stockholders, you may vote in person if you wish, even if you previously voted or authorized a proxy to vote your shares. This proxy statement and our 2018 Annual Report on Form 10-K for the year ended December 31, 2018 (the “2018 Annual Report”) are available electronically at our website at www.htareit.com. We are utilizing the U.S. Securities and Exchange Commission (“SEC”) rules that allow issuers to furnish proxy materials to their stockholders on the Internet. As a result, we are mailing to most of our stockholders the Notice instead of a paper copy of this proxy statement and the 2018 Annual Report. The Notice contains instructions on how to access those documents and authorize your proxy online. The Notice also contains instructions on how each of those stockholders can receive a paper copy of the proxy materials, including this proxy statement, the 2018 Annual Report and a form of proxy card or voting instruction card. All stockholders who do not receive a Notice, such as stockholders who have previously requested to receive paper copies of proxy materials, will receive a paper copy of the proxy materials by mail. We believe these rules allow us to provide you with the information you need while lowering the costs of delivery and reducing the environmental impact of the 2019 Annual Meeting of Stockholders.

By Order of the Board of Directors,

Robert A. Milligan
Chief Financial Officer, Secretary and Treasurer

TABLE OF CONTENTS

| | Page |
|--|-----------|
| <u>Proxy Statement</u> | <u>1</u> |
| <u>Special Note About Forward-Looking Statements</u> | <u>5</u> |
| <u>Overview of 2018 Performance</u> | <u>6</u> |
| <u>Proposal 1: Election of Directors</u> | <u>10</u> |
| <u>Corporate Governance</u> | <u>16</u> |
| <u>Certain Relationships and Related Party Transactions</u> | <u>22</u> |
| <u>Compensation of Directors</u> | <u>24</u> |
| <u>Executive Officers</u> | <u>26</u> |
| <u>Security Ownership of Certain Beneficial Owners and Management</u> | <u>27</u> |
| <u>Section 16(a) Beneficial Ownership Reporting Compliance</u> | <u>28</u> |
| <u>Proposal 2: Advisory Vote to Approve the Compensation of our Named Executive Officers</u> | <u>29</u> |
| <u>Compensation Discussion and Analysis</u> | <u>30</u> |
| <u>Compensation Philosophy and Objectives</u> | <u>30</u> |
| Compensation Best Practices | <u>30</u> |
| 2018 Compensation Components | <u>31</u> |
| 2018 Performance Highlights and Compensation Policies | <u>32</u> |
| <u>Compensation Consultant and Peer Groups</u> | <u>34</u> |
| <u>The Role of Stockholder Say-on-Pay Votes</u> | <u>35</u> |
| <u>Employment Agreements</u> | <u>36</u> |
| <u>Elements of our 2018 Compensation Program</u> | <u>36</u> |
| <u>Compensation Committee Report</u> | <u>43</u> |
| <u>Compensation of Executive Officers</u> | <u>44</u> |
| <u>Equity Compensation Plans</u> | <u>50</u> |
| <u>Proposal 3: Ratification of Appointment of Independent Registered Public Accounting Firm</u> | <u>53</u> |
| <u>Relationship with Independent Registered Public Accounting Firm: Audit and Non-Audit Fees</u> | <u>54</u> |
| <u>Audit Committee Report to Stockholders</u> | <u>55</u> |
| <u>Annual Report on Form 10-K</u> | <u>56</u> |
| <u>Proposals for 2020 Annual Meeting of Stockholders</u> | <u>56</u> |
| <u>Other Matters</u> | <u>56</u> |
| <u>Non-GAAP Financial Measures</u> | <u>57</u> |

Table of Contents

HEALTHCARE TRUST OF AMERICA, INC.

PROXY STATEMENT

The Board of Directors of Healthcare Trust of America, Inc., a Maryland corporation (“HTA” or the “Company”), is soliciting proxies for exercise at the 2019 Annual Meeting of Stockholders to be held on July 9, 2019 at 9:00 a.m. local time, at Westin Kierland, located at 6902 East Greenway Parkway, Scottsdale, Arizona 85254, and at any postponement or adjournment thereof, for the purposes set forth in the attached Notice of Annual Meeting. Unless otherwise indicated or required by the context, as used in this proxy statement, “the Company,” “we,” “us,” and “our” refer to HTA.

On or about May 15, 2019, the Notice and these proxy materials for the 2019 Annual Meeting of Stockholders, including this proxy statement, are being made available to stockholders entitled to vote at the 2019 Annual Meeting of Stockholders. We are utilizing the SEC rules that allow issuers to furnish proxy materials to their stockholders on the Internet. As a result, we are mailing to most of our stockholders the Notice instead of a paper copy of this proxy statement and our 2018 Annual Report. The Notice contains instructions on how to access those documents and authorize a proxy online. The Notice also contains instructions on how each stockholder can receive a paper copy of the proxy materials, including this proxy statement, the 2018 Annual Report and a form of proxy card or voting instruction card. All stockholders who do not receive a Notice, such as stockholders who have previously requested to receive paper copies of proxy materials, will receive a paper copy of the proxy materials by mail.

The following questions and answers relate to the 2019 Annual Meeting of Stockholders:

What is the purpose of the 2019 Annual Meeting of Stockholders?

The following table summarizes the proposals to be considered and voted upon at the 2019 Annual Meeting of Stockholders and the Board of Directors voting recommendation with respect to each proposal.

| Item | Vote Required | Routine/ Non-Routine | Director Voting Recommendation |
|---|---------------------------|-------------------------|-----------------------------------|
| Proposal 1: The election of the nine director nominees named in this proxy statement, each to hold office until the 2020 Annual Meeting of Stockholders and until his or her successor is duly elected and qualifies. | Majority of Votes Cast | Non-Routine | FOR |
| Proposal 2: The approval, on a non-binding, advisory basis, of the compensation of our named executive officers (“NEOs”) (Say-on-Pay). | Majority of Votes Cast | Non-Routine | FOR |
| Proposal 3: The ratification of the appointment of Deloitte & Touche LLP (“Deloitte”) as our independent registered public accounting firm for the year ending December 31, 2019. | Majority of Votes Cast | Routine | FOR |

Additionally, at the 2019 Annual Meeting of Stockholders, our management will report on our accomplishments to date, including our business and our portfolio of properties. Management will also respond to questions from stockholders.

What happens if additional proposals are presented at the 2019 Annual Meeting of Stockholders?

Other than the matters described in this proxy statement, we are not aware of any additional matters to be presented for a vote at the 2019 Annual Meeting of Stockholders. If other matters are presented and you are voting by proxy, your proxy grants the individuals named as proxy holders the discretion to vote your shares in the Company as they see fit on any additional matters properly presented for a vote at the 2019 Annual Meeting of Stockholders.

Who is entitled to vote?

Only stockholders of record at the close of business on April 18, 2019, the record date for the 2019 Annual Meeting of Stockholders, are entitled to receive notice and to vote the shares of Class A common stock of the Company, \$0.01 par value per share (the “common stock”), that they hold on that date at the 2019 Annual Meeting of Stockholders, including any postponement or adjournment thereof. As of the record date, we had 205,098,321 shares of common stock of the Company issued and outstanding and entitled to vote. You are entitled to one vote for each share of common stock of the Company you held as of the record date.

Table of Contents

What is the difference between a “record holder” and stockholder who holds stock in “street name”?

Stockholders of Record: If your shares in the Company are registered in your name with our transfer agent, Computershare, you are a stockholder of record with respect to those shares in the Company and the Notice or proxy materials were sent directly to you by Broadridge Financial Solutions.

Street Name Holders: If you hold your shares in the Company in an account at a bank or broker, then you are the beneficial owner of those shares held in “street name”. The Notice or proxy materials were forwarded to you by your bank or broker, who is considered the stockholder of record for purposes of voting at the 2019 Annual Meeting of Stockholders. As a beneficial owner, you have the right to direct your bank or broker on how to vote the shares of common stock in the Company held in your account.

How do I vote?

If you are a stockholder of record of the Company, you may vote or authorize a proxy to vote your shares in one of the following ways:

If you hold shares of common stock of the Company in street name, you may direct how your shares are voted at the 2019 Annual Meeting of Stockholders by submitting voting instructions over the Internet by following the instructions provided in the Notice, or, if you received a printed copy of the proxy materials, you can also submit voting instructions by telephone or mail by following the instructions provided in the voting instruction form sent by the institution that holds your shares. As a beneficial owner of shares of the Company held in street name, you may not vote such shares of common stock of the Company in person at the 2019 Annual Meeting of Stockholders unless you obtain a “legal proxy” from the bank, broker or nominee that holds your shares, giving you the right to vote the shares at the 2019 Annual Meeting of Stockholders. Obtaining a “legal proxy” from your bank, broker or other nominee may take several days.

What are “routine” and “non-routine” matters and how are abstentions and broker non-votes counted?

A broker or other nominee holding shares for a beneficial owner may generally vote on “routine” matters without receiving voting instructions, but may not vote on “non-routine” matters without receiving voting instructions. A broker “non-vote” occurs when a broker, holding shares for a beneficial owner exercises its discretion to vote the uninstructed shares on a particular “routine” proposal but does not vote on a particular “non-routine” proposal because the nominee does not have discretionary voting power with respect to that matter and has not received voting instructions from the beneficial owner. The election of directors (Proposal 1) and the non-binding advisory vote to approve the compensation of our NEOs (Proposal 2) are considered “non-routine” matters and, therefore, a broker may not vote shares held for a beneficial owner without instructions and there may consequently be broker non-votes in connection with such proposals. Therefore, we strongly encourage you to instruct your broker how you wish it to vote your shares of the Company. The ratification of the appointment of Deloitte as the Company’s independent registered public accounting firm for 2019 (Proposal 3) is considered a “routine” matter and, therefore, a broker may vote shares of the Company held for a beneficial owner without instructions and no broker non-votes are expected to occur in connection with Proposal 3. For purposes of the foregoing proposals, abstentions and broker non-votes, if any, will not be counted as votes cast and, therefore, will not affect the outcomes of Proposal 1, Proposal 2 and Proposal 3.

Pursuant to Maryland law, broker non-votes and abstentions are not considered votes cast, but are counted as present for quorum purposes.

What constitutes a quorum?

If stockholders entitled to cast a majority of all of the votes entitled to be cast are present at the 2019 Annual Meeting of Stockholders, either in person or by proxy, we will have a quorum at the meeting, permitting the conduct of business at the meeting. Abstentions and broker non-votes, if any, will be considered present for determining the presence of a quorum.

Table of Contents

Can I revoke my proxy after I have voted?

You may revoke your proxy at any time before the proxy is exercised at the 2019 Annual Meeting of Stockholders by:

- delivering to our Secretary a written notice of revocation;
- attending the 2019 Annual Meeting of Stockholders and voting in person (although attendance at the meeting will not cause your previously granted proxy to be revoked unless you specifically so request);
- returning a properly signed proxy card bearing a later date than your first proxy card (if received before the 2019 Annual Meeting of Stockholders); or
- authorizing a later dated proxy using the telephone or Internet (if received before the deadline for telephone or Internet proxies).

If you hold shares of common stock of the Company in street name, you will need to contact the institution that holds your shares and follow its instructions for revoking a proxy.

What vote is required to approve each proposal that comes before the 2019 Annual Meeting of Stockholders?

Election of directors: To elect a director nominee, the affirmative vote of a majority of all votes cast at a meeting at which a quorum is present must be cast in favor of the nominee. This means a director nominee must receive more votes “for” than “against” to be elected, with abstentions and broker non-votes not counting as votes “for” or “against.” If an incumbent director nominee fails to receive the required number of votes for reelection, then under Maryland law, he or she will continue to serve as a “holdover” director until his or her successor is duly elected and qualifies.

Advisory vote to approve the compensation of our NEOs: The affirmative vote of a majority of all votes cast at a meeting at which a quorum is present is required for the approval, on a non-binding, advisory basis, of the compensation of our NEOs, as disclosed in this proxy statement. Abstentions and broker non-votes will not be treated as votes cast and, therefore, will not affect the outcome.

Ratification of auditors: To approve the ratification of the appointment of Deloitte, the affirmative vote of a majority of all votes cast at a meeting at which a quorum is present must be cast in favor of the proposal. Abstentions will have no impact on the proposal to ratify the appointment of Deloitte. The ratification of the appointment of Deloitte is deemed a “routine” matter and brokers will be permitted to vote uninstructed shares as to such matter.

How can I find the results of the 2019 Annual Meeting of Stockholders?

Preliminary results will be announced at the 2019 Annual Meeting of Stockholders. We intend to publish final results in a Current Report on Form 8-K filed with the SEC within four business days after the 2019 Annual Meeting of Stockholders.

What happens if the 2019 Annual Meeting of Stockholders is postponed or adjourned?

Your proxy will still be effective and will be voted at the rescheduled 2019 Annual Meeting of Stockholders. You will still be able to change or revoke your proxy until it is voted.

Who will bear the costs of soliciting votes for the 2019 Annual Meeting of Stockholders?

The Company will bear the entire cost of the solicitation of proxies from its stockholders. We have retained Broadridge Financial Solutions to assist us in connection with the solicitation of proxies for a fee of approximately \$4,500, plus reasonable out-of-pocket expenses. In addition to the mailing of the Notices and these proxy materials, the solicitation of proxies or votes may be made in person, by telephone or by electronic communication by our directors and officers, who will not receive any additional compensation for such solicitation activities. We will also reimburse brokerage houses and other custodians, nominees and fiduciaries for their reasonable out-of-pocket expenses for forwarding the Notice and proxy solicitation materials to our stockholders.

Table of Contents

How do I get additional copies of SEC filings?

Copies of our financial reports, including our reports to the SEC filed on Forms 10-K and 10-Q, with financial statements and financial statement schedules, but without exhibits, are available without cost by sending your written request to: Healthcare Trust of America, Inc., 16435 N. Scottsdale Road, Suite 320, Scottsdale, Arizona 85254, Attention: Secretary, or by calling (480) 998-3478, or by sending an e-mail to the following address: info@htareit.com. We file information electronically with the SEC, and the SEC maintains a website that contains reports, proxy and information statements and other information regarding registrants (including the Company) that file electronically with the SEC. The address of the SEC's website is <http://www.sec.gov>. Copies of SEC filings, including exhibits, can also be obtained free of charge by clicking on "SEC Filings" under "Investor Relations" on our website at www.htareit.com. This website address is provided for your information and convenience. Our website is not incorporated into this proxy statement and should not be considered part of this proxy statement. You can obtain a copy of any listed exhibit to a Form 10-K or Form 10-Q by sending your written request to our Secretary at the address furnished above. We will furnish the copy upon payment of a fee to reimburse our expenses.

Table of Contents

SPECIAL NOTE ABOUT FORWARD-LOOKING STATEMENTS

This proxy statement contains both historical and forward-looking statements. Forward-looking statements are based on current expectations, plans, estimates, assumptions and beliefs, including expectations, plans, estimates, assumptions and beliefs about the Company, the real estate industry and the debt and equity capital markets. All statements other than statements of historical fact are, or may be deemed to be, forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended (the "Securities Act"), and Section 21E of the Securities Exchange Act of 1934, as amended (the "Exchange Act").

Forward-looking statements include information concerning possible or assumed future results of operations of the Company. The forward-looking statements included in this proxy statement are subject to numerous risks and uncertainties that could cause actual results to differ materially from those expressed or implied in the forward-looking statements. Assumptions relating to the foregoing involve judgments with respect to, among other things, future economic, competitive and market conditions, and future business decisions, all of which are difficult or impossible to predict accurately and many of which are beyond our control. Although we believe that the expectations reflected in such forward-looking statements are based on reasonable assumptions, our actual results and performance could differ materially from those set forth in the forward-looking statements. Factors which could have a material adverse effect on our operations and future prospects include, but are not limited to:

- changes in economic conditions affecting the healthcare property sector, the commercial real estate market and the credit market;
- competition for acquisition of medical office buildings and other real estate assets that serve the healthcare industry;
- economic fluctuations in certain states in which our investments are geographically concentrated;
- retention of our senior management team;
- financial stability and solvency of our tenants;
- supply and demand for operating properties in the market areas in which we operate;
- our ability to acquire real properties, and to successfully operate those properties once acquired;
 - changes in property taxes;
- legislative and regulatory changes, including changes to laws governing the taxation of REITs and changes to laws governing the healthcare industry;
- fluctuations in reimbursements from third party payors such as Medicare and Medicaid;
- changes in interest rates;
- the availability of capital and financing;
- restrictive covenants in our credit facilities;
- changes in our credit ratings;
- our ability to remain qualified as a REIT;
- changes in accounting principles generally accepted in the United States, policies and guidelines applicable to REITs;
- delays in liquidating defaulted mortgage loan investments; and
- the risk factors set forth in our 2018 Annual Report or any subsequent filings with the SEC.

Forward-looking statements speak only as of the date made. Except as otherwise required by the federal securities laws, we undertake no obligation to update any forward-looking statements to reflect the events or circumstances arising after the date as of which they are made. As a result of these risks and uncertainties, readers are cautioned not to place undue reliance on the forward-looking statements included in this proxy statement or that may be made elsewhere from time to time by, or on behalf of, us.

Table of Contents

OVERVIEW OF 2018 PERFORMANCE

| | | | |
|---------------------|--------------------|--|-------------------------------|
| 23+ | 93% | ~16M SF | 5.4x |
| MILLION SQUARE FEET | INTERNALLY MANAGED | ON-CAMPUS (Largest on-campus owner in U.S.) | Net Debt/Adjusted EBITDAre |

HTA is a real estate investment trust (“REIT”) and the largest owner and operator of medical office buildings (“MOBs”) in the United States (“U.S.”). Our MOBs are held by special purpose entities that are primarily controlled by our operating partnership, Healthcare Trust of America Holdings, LP (“HTALP”). Our primary objective is to generate stockholder value through consistent and growing dividends and appreciation in the real property values of our assets.

Since inception, we have invested \$6.8 billion primarily in MOBs, development projects, land and other healthcare real estate assets that are primarily located in 20 to 25 high-quality markets that possess above average economic and socioeconomic drivers. Our portfolio consists of approximately 23.2 million square feet of gross leasable area (“GLA”) throughout the U.S. As of December 31, 2018, approximately 68% of our portfolio was located on the campuses of, or adjacent to, nationally and regionally recognized healthcare systems. We believe these key locations and affiliations create significant demand from healthcare related tenants for our properties. Further, our portfolio is primarily concentrated within major U.S. metropolitan statistical areas (“MSAs”) that we believe will provide above-average economic growth and socioeconomic benefits over the coming years. As of December 31, 2018, we had approximately 1 million square feet of GLA in nine of our top 20-25 key markets and approximately 93% of our portfolio, based on GLA, is located in the top 75 MSAs, with Dallas, Houston, Boston, Tampa and Atlanta being our largest markets by investment.

We focus on providing steady and dependable cash flow growth by operating our existing portfolio of high quality MOBs through our sector leading, full-service operating platform. This platform was started in 2011 and operates 93% of our total portfolio. Our performance is demonstrated through consistently high tenant retention and leasing spreads, stable occupancy, expenses savings and margin expansion, as demonstrated through Same-Property Cash NOI revenue growth, which leads to high levels of Same-Property cash net operating income (“NOI”) growth.

Portfolio Operating Performance

For the year ended December 31, 2018, total revenue increased 13.4%, or \$82.4 million, to \$696.4 million, compared to \$614.0 million for the year ended December 31, 2017.

For the year ended December 31, 2018, net income was \$217.6 million, compared to \$65.6 million for the year ended December 31, 2017.

For the year ended December 31, 2018, net income attributable to common stockholders was \$1.02 per diluted share, or \$213.5 million, compared to \$0.34 per diluted share, or \$63.9 million, for the year ended December 31, 2017.

For the year ended December 31, 2018, HTA’s FFO, as defined by NAREIT, was \$335.6 million, or \$1.60 per diluted share, compared to \$1.53 per diluted share, or \$284.2 million, for the year ended December 31, 2017.

For the year ended December 31, 2018, HTA’s Normalized FFO was \$1.62 per diluted share, or \$340.4 million, compared to \$1.63 per diluted share, or \$302.0 million, for the year ended December 31, 2017.

For additional information on FFO and Normalized FFO, see “FFO and Normalized FFO” under the “Non-GAAP Financial Measures” below, which includes a reconciliation to net income attributable to our stockholders and an explanation why we present these non-GAAP financial measures.

For the year ended December 31, 2018, NOI increased 12.8%, or \$54.0 million, to \$475.8 million, compared to \$421.8 million for the year ended December 31, 2017.

For the year ended December 31, 2018, Same-Property Cash NOI increased 2.5%, or \$7.5 million, to \$308.9 million, compared to the year ended December 31, 2017.

For additional information on our NOI and Same-Property Cash NOI, see “NOI, Cash NOI and Same-Property Cash NOI” below, which includes a reconciliation to net income and an explanation why we present these non-generally accepted accounting principles financial measures.

Key Market Focused Strategy and Investments

We believe we have been one of the most active investors in the medical office sector over the last decade. This has enabled us to create a high quality portfolio focused on MOBs serving the future of healthcare with scale and

significance in 20 to 25 key markets.

Our investment strategy includes alignment with key healthcare systems, hospitals, and leading academic medical universities. We are the largest owner of on-campus or adjacent MOBs in the country, with approximately 16 million square feet of GLA, or 68% of our portfolio, located in these locations. The remaining 32% of our portfolio is located in core community outpatient locations where healthcare is increasingly being delivered.

6

Table of Contents

Over the last several years, our investments have been focused in our 20 to 25 key markets which we believe will outperform the broader U.S. market from an economic and demographic perspective. As of December 31, 2018, approximately 93% of our portfolio's GLA is located in the top 75 MSAs. Our key markets represent top MSAs with strong growth metrics in jobs, household income and population, as well as low unemployment and mature healthcare infrastructures. Many of our key markets are also supported by strong university systems.

Our key market focus has enabled us to establish scale and effectively utilize our asset management and leasing platform to deliver consistent same store growth and additional yield on investments, and also cost effective service to tenants. As of December 31, 2018, we had approximately 1 million square feet of GLA in nine of our top ten markets and approximately 0.5 million square feet in each of our top 15 markets. We expect to establish this scale across 20 to 25 key markets as our portfolio expands.

During the year ended December 31, 2018, we completed the disposition of 20 MOB's for an aggregate gross sales price of \$308.6 million, representing approximately 1.2 million square feet of GLA, and generating net gains of \$166.0 million. These dispositions primarily consisted of the third quarter disposition of our Greenville, South Carolina MOB portfolio for an aggregate gross sales price of \$294.3 million at a low 5% forward cap rate. We acquired this portfolio for \$163 million in 2009 and generated approximately 2% growth per annum, resulting in unlevered returns of over 13% during our period of ownership.

During the year ended December 31, 2018, we (i) announced a new development in our key gateway market of Miami, Florida and (ii) commenced two redevelopments, including an agreement to build a new on-campus MOB in Raleigh, North Carolina. These projects will have total expected construction costs of approximately \$70.6 million and are approximately 78% pre-leased to major health systems.

Internal Growth through Proactive In-House Property Management and Leasing Platform

We believe we have the largest full-service operating platform in the medical office sector that consists of our in-house asset management and leasing which allows us to better manage and service our existing portfolio. In each of these markets, we have established a strong in-house asset management and leasing platform that has allowed us to develop valuable relationships with health systems, physician practices, universities, and regional development firms that have led to investment and leasing opportunities. Our full-service operating platform has also enabled us to focus on generating cost efficiencies as we gain scale across individual markets and regions.

As of December 31, 2018, our in-house asset management and leasing platform operated approximately 21.6 million square feet of GLA, or 93% of our total portfolio, a significant increase from 8.8 million square feet, or 70%, of GLA managed in-house in 2012.

As of December 31, 2018, our leased rate (which includes leases which have been executed, but which have not yet commenced) was 92.0% by GLA, an increase of 20 basis points, compared to December 31, 2017, and our occupancy rate was 91.0% by GLA.

We entered into new and renewal leases on approximately 2.8 million square feet of GLA, or over 12% of the GLA of our total portfolio, during the year ended December 31, 2018.

During the year ended December 31, 2018, tenant retention for the Same-Property portfolio was 81%, which included approximately 2.4 million square feet of GLA of expiring leases, which we believe is indicative of our commitment to maintaining buildings in desirable locations and fostering strong tenant relationships. Tenant retention is defined as the sum of the total leased GLA of tenants that renewed a lease during the period over the total GLA of leases that renewed or expired during the period.

Financial Strategy and Balance Sheet Flexibility

As of December 31, 2018, we had total leverage, measured by debt less cash and cash equivalents to total capitalization, of 31.3%. Total liquidity was \$1.1 billion, including cash and cash equivalents of \$126.2 million and \$1.0 billion available on our unsecured revolving credit facility as of December 31, 2018.

As of December 31, 2018, the weighted average remaining term of our debt portfolio was 5.0 years, including extension options.

During the year ended December 31, 2018, we paid down approximately \$241.0 million of outstanding secured mortgage loans, including the settlement of three cash flow hedges, utilizing net proceeds from our Greenville disposition to do so. Additionally, in August 2018, HTALP entered into a modification of our \$200.0 million

unsecured term loan previously due in 2023. The modification decreased pricing at our current credit rating by 65 basis points and extended the maturity date to 2024. The other material terms of the unsecured term loan prior to the modification remained substantially unchanged.

7

Table of Contents

In August 2018, our Board of Directors approved a stock repurchase plan authorizing us to purchase up to \$300.0 million of our common stock from time to time prior to the expiration thereof on June 7, 2020. During the year ended December 31, 2018, we repurchased approximately 2.6 million shares of our outstanding common stock, at an average price of \$26.12 per share, for an aggregate amount of approximately \$67.2 million, pursuant to this stock repurchase plan. As of December 31, 2018, the remaining amount of common stock available for repurchase under the stock repurchase plan was approximately \$232.8 million.

Stockholder Returns

Since our founding in 2006 through the year ended December 31, 2018, we have been one of the top performing REITs in the U.S., generating total stockholder returns of 156%, which outperforms the broader SNL U.S. REIT Healthcare Index, S&P 500 and the U.S. REIT Index (RMS), measured from January 1, 2007 to December 31, 2018. In 2012, we listed our shares on the NYSE. Since that time we have (i) maintained a conservative balance sheet, with leverage as of the year ended December 31, 2018 of 31.3%, measured by debt less cash and cash equivalents to total capitalization, (ii) achieved investment grade ratings of BBB/ Baa2, (iii) invested over \$7 billion in real estate assets and (iv) developed scale in 20 to 25 key markets, reaching approximately 1 million square feet of GLA in nine of our top markets and approximately 0.5 million square feet of GLA in our top 15 markets. The graph below compared the cumulative returns of HTA, U.S. REIT Index (RMS), S&P 500 Index and SNL U.S. REIT Healthcare Index from the date of our listing on the NYSE on June 6, 2012 through December 31, 2018.

Table of Contents

Environmental, Social and Governance

Throughout our portfolio, we are focused on sustainability and operating efficiency improvements in our buildings. These efforts include: (i) local sustainability initiatives; (ii) capital investments in energy efficiency projects, such as energy management systems, LED lighting, and upgraded HVAC; and (iii) operating procedure best-practices that drive efficiency. We believe these efforts reduce our environmental footprint while also lowering operating costs, which directly benefit our tenants and the community. We believe that sustainability is an important aspect and supports our goal of increasing stockholder value through earnings growth. We continue to strive to reduce our environmental impact and are establishing measurable goals and benchmarks to facilitate in the performance of our buildings.

We also focus on engaging and bettering the community in our 20-25 key markets in which we operate. We invest in local charitable efforts related to healthcare providers and have employees in over 25 markets, which we focus on attracting, rewarding, and retaining talented employees and providing an environment that is both cohesive and collaborative. Our employees are awarded competitive compensation packages, including healthcare benefits, participation in a 401(k) plan and paid time-off. We are focused on creating a healthy workplace that promotes health and wellness and are devoted to philanthropic initiatives that improve the overall well-being of our communities. We will continue to increase our commitment to the environment and seek to drive positive change and value creation for our Company, community, tenants, employees, and stockholders. We believe that integrating sustainability initiatives throughout our business is critical to our long-term success.

Table of Contents

PROPOSAL NO. 1

ELECTION OF DIRECTORS

Our Board of Directors currently consists of ten directors, and nine of these directors are being nominated to serve as directors pursuant to this proxy statement. Our charter and bylaws provide for a minimum of three and a maximum of 15 directors. Upon the recommendation of the Nominating and Corporate Governance Committee, our Board of Directors has nominated each of the following incumbent directors for reelection to our Board of Directors to serve until the 2020 Annual Meeting of Stockholders and until their respective successors are duly elected and qualifies: Scott D. Peters; W. Bradley Blair, II; Vicki U. Booth; Maurice J. DeWald; Warren D. Fix; Peter N. Foss; Daniel S. Henson; Larry L. Mathis; and Gary T. Wescombe.

Ms. Bowman has elected not to stand for re-election as a director at the 2019 Annual Meeting as she has decided to pursue new professional opportunities serving as the Ladies Professional Golf Association's Chief Brand and Communications Officer. As a result, Ms. Bowman is not a director nominee in this Proxy Statement.

Unless otherwise instructed on the proxy, the shares represented by proxies will be voted "FOR" all nominees who are named below. Each of the nominees has consented to being named as a nominee in this Proxy Statement and has agreed that, if elected, he or she will serve on the Board of Directors until the 2020 Annual Meeting of Stockholders and until his or her successor is duly elected and qualifies. If any nominee becomes unable or unwilling for good cause to serve as a director if elected, the shares represented by proxies may be voted for a substitute nominee designated by the Board of Directors or the Board of Directors may choose to reduce the number of directors serving on the Board of Directors. We are not aware of any family relationship among any of the nominees to become directors or NEOs of the Company. Each of the nominees for election as a director has advised us that there is no arrangement or understanding of any kind between him or her and any other person relating to his or her election as a director except that such nominees have agreed to serve as our directors if elected.

Our Board of Directors recommends a vote "FOR" all nominees named below for election as directors.

Table of Contents

Director Nominees

Biographical Information

The following table and biographical descriptions set forth information with respect to the individuals who are our director nominees.

Scott D. Peters

Chief Executive Officer, President and
Chairman of the Board of Directors

Age: 61

Director Since: 2006

Committees: None

Biographical Description:

Mr. Peters has served as the Chairman of the Board of Directors since July 2006, Chief Executive Officer since April 2006 and President since June 2007. He served as the Chief Executive Officer, President and a director of Grubb & Ellis Company (“GBE”), our former sponsor, from December 2007 to July 2008, and as the Chief Executive Officer, President and director of NNN Realty Advisors, a wholly owned subsidiary of GBE, from its formation in September 2006. Through the time of its merger with GBE, Mr. Peters served as the Executive Vice President and Chief Financial Officer of Triple Net Properties, Inc. from September 2004 to November 2006. From April 2006 to 2007, Mr. Peters served as a director of NNN Apartment REIT, Inc. Mr. Peters served as President and Chief Executive Officer of G REIT, Inc. from 2005 to 2006, having previously served as the company’s Executive Vice President and Chief Financial Officer from September 2004. From February 1997 to February 2007, Mr. Peters served as Senior Vice President, Chief Financial Officer and a director of Golf Trust of America, Inc. (now known as Pernix Therapeutics Holdings, Inc. (NYSE MKT LLC: PTX)), a publicly traded REIT. From 1992 through 1996, Mr. Peters served as Executive Vice President and Chief Financial Officer of the Pacific Holding Company in Los Angeles. From 1988 to 1992, Mr. Peters served as Senior Vice President and Chief Financial Officer of Castle & Cooke Properties, Inc. Mr. Peters received a B.B.A. degree in Accounting and Finance from Kent State University.

Board Experience and Qualifications:

Mr. Peters has over 25 years of experience in managing publicly traded REITs and brings to the Company insight into all aspects of our business due to both his current role and his history with the Company. Mr. Peters co-founded the Company in 2006 and has served as our Chief Executive Officer since inception. Mr. Peters also has substantial expertise in finance, accounting and real estate, having previously served a variety of companies as chief financial officer. His comprehensive experience and extensive knowledge and understanding of the healthcare and real estate industries has been instrumental in the creation, development and growth of the Company, as well as our current investment strategy.

W. Bradley Blair, II

Lead Independent Director of the
Board of Directors / Financial Expert

Age: 75

Director Since: 2006

Committees: Audit, Compensation, Nominating and
Corporate Governance, and Investment (Chair)

Biographical Description:

Mr. Blair was appointed as the lead independent director of our Board of Directors in December 2014 and has served as an independent director of the Company since September 2006. Mr. Blair served as the Chief Executive Officer, President and Chairman of the board of directors of Golf Trust of America, Inc. (now known as Pernix Therapeutics Holdings, Inc. (NYSE MKT LLC: PTX)) from the time of its formation as a REIT and initial public offering in 1997 until his resignation and retirement in November 2007. During that term, Mr. Blair managed the acquisition, operation, leasing and disposition of the assets of the portfolio. From 1993 until February 1997, Mr. Blair served as Executive Vice President, Chief Operating Officer and General Counsel for The Legends Group. As an officer of The Legends Group, Mr. Blair was responsible for all aspects of its operations, including acquisitions, development and marketing. From 1978 to 1993, Mr. Blair was the managing partner at Blair Conaway Bograd & Martin, P.A., a law firm specializing in real estate, finance, taxation and acquisitions. Currently, Mr. Blair operates the Blair Group, a consulting practice, which focuses on real estate acquisitions and finance. Mr. Blair received a B.S. degree in Business from Indiana University in Bloomington, Indiana and a Juris Doctorate degree from the University of North Carolina School of Law. Mr. Blair is a member of the American Bar Association and the North Carolina Bar Association.

Board Experience and Qualifications:

Mr. Blair, the lead independent director of the Board of Directors, provides the Company broad real estate and legal experience, having served a variety of companies in advisory, executive and/or director roles for over 40 years, including over 10 years as chief executive officer, president and chairman of the board of directors of a publicly traded REIT. He also operates a consulting practice which focuses on real estate acquisitions and finance. His diverse background in other business disciplines, coupled with his deep understanding and knowledge of real estate, contributes to the quality guidance and oversight he brings to our Board of Directors.

Table of Contents

Vicki U. Booth

Independent Director of the Board of Directors

Age: 56

Director Since: 2018

Committees: Compensation and Nominating and
Corporate Governance

Biographical Description:

Ms. Booth has served as an independent director of the Company since March 2018. Ms. Booth currently serves as the President of the Ueberroth Family Foundation, which is actively engaged in working with groups and organizations focused on healthcare, human services and improving the lives of youth. Through these activities, Ms. Booth has established strong relationships within the healthcare community that provides her with strategic insights into health system plans. Her relationships have led to current roles as a Director for Hoag Hospital, part of the Providence St. Joseph Health system, where she serves on the board of the Quality Improvement Committee and is the chair of the Community Benefit Committee. Ms. Booth recently completed her term as a member of the Texas Christian University (TCU) Chancellor's Advisory Council.

In addition, Ms. Booth currently serves as the chair of the Steering Committee of the Family Foundation Alliance and is a member of the Orange County Funders Roundtable. She is the past chair of the Board of Governors of the Orange County Community Foundation where she continues to chair the Community Impact Committee. Ms. Booth received her Bachelors of Arts degree from the University of Colorado.

Board Experience and Qualifications:

Ms. Booth, brings the Company experience within the healthcare sector through the various positions she has held with healthcare universities and hospitals. These roles have allowed Ms. Booth to develop extensive relationships with leading healthcare communities and provided her with in-depth knowledge and understanding of the healthcare industry within which we operate.

Maurice J. DeWald

Independent Director of the Board of Directors / Financial Expert

Age: 79

Director Since: 2006

Committees: Audit, Compensation, Nominating and
Corporate Governance, and Risk Management

Biographical Description:

Mr. DeWald has served as an independent director of the Company since September 2006. He has served as the Chairman and Chief Executive Officer of Verity Financial Group, Inc., a financial advisory firm, since 1992, where the primary focus has been in both the healthcare and technology sectors. Mr. DeWald also serves as a director of Targeted Medical Pharma, Inc. Mr. DeWald previously served as a director of Tenet Healthcare Corporation, ARV Assisted Living, Inc. and Quality Systems, Inc. From 1962 to 1991, Mr. DeWald was with the international accounting and auditing firm of KPMG, LLP, where he served at various times as an audit partner, a member of their board of directors and the managing partner of the Orange County, Los Angeles, and Chicago offices. Mr. DeWald has served as Chairman and director of both the United Way of Greater Los Angeles and the United Way of Orange County California. Mr. DeWald received a B.B.A. degree in Accounting and Finance from the University of Notre Dame and is a member of its Mendoza School of Business Advisory Council. Mr. DeWald is a Certified Public

Accountant (inactive), and is a member of the California Society of Certified Public Accountants and the American Institute of Certified Public Accountants.

Board Experience and Qualifications:

Mr. DeWald, based on his 30 year career with the international accounting and auditing firm of KPMG LLP, provides the Company substantial expertise in accounting and finance. Mr. DeWald also has over 15 years of experience as a director of a number of companies in the healthcare, financial, banking and manufacturing sectors.

Table of Contents

Warren D. Fix

Independent Director of the Board of Directors / Financial Expert

Age: 80

Director Since: 2006

Committees: Audit, Compensation (Chair) and Investment

Biographical Description:

Mr. Fix has served as an independent director of the Company since September 2006. Mr. Fix also serves as a director of First Foundation, Inc. and First Foundation Bank (NASDAQ: FFWM). Until November of 2008, when he completed the entity's dissolution, he served for five years as the Chief Executive Officer of WCH, Inc., formerly Candlewood Hotel Company, Inc., having served as its Executive Vice President, Chief Financial Officer and Secretary since 1995. During his tenure with Candlewood Hotel Company, Inc., Mr. Fix oversaw the development of a chain of extended-stay hotels, including 117 properties aggregating 13,300 rooms. From July 1994 to October 1995, Mr. Fix was a consultant to Doubletree Hotels, primarily developing debt and equity sources of capital for hotel acquisitions and refinancing. Mr. Fix has been and continues to be a partner in The Contrarian Group, a business management and investment company since December 1992. From 1989 to December 1992, Mr. Fix served as President of The Pacific Company, a real estate investment and development company. During his tenure at The Pacific Company, Mr. Fix was responsible for the development, acquisition and management of an apartment portfolio comprising in excess of 3,000 units. From 1964 to 1989, Mr. Fix held numerous positions, including Chief Financial Officer, with The Irvine Company, a major California-based real estate firm that develops residential property, for-sale housing, apartments, commercial, industrial, retail, hotel and other land related uses. Mr. Fix was one of the initial team of ten professionals hired by The Irvine Company to initiate the development of 125,000 acres of land in Orange County, California. Mr. Fix is a Certified Public Accountant (inactive). He received his B.A. degree from Claremont McKenna College and is a graduate of the UCLA Executive Management Program, the Stanford Financial Management Program, the UCLA Anderson Corporate Director Program, and the Stanford Directors' Consortium.

Board Experience and Qualifications:

Mr. Fix provides the Company financial and management expertise, with particular industry knowledge in real estate, hospitality and financial services. He has served in various executive and/or director roles in a number of public and private companies in the real estate, financial and technology sectors for over 40 years.

Peter N. Foss

Independent Director of the Board of Directors

Age: 75

Director Since: 2015

Committees: Audit, Compensation, Nominating and Corporate Governance (Chair), and Investment

Biographical Description:

Mr. Foss has served as an independent director of the Company since April 2015. Mr. Foss was President of General Electric Company's ("GE") Olympic Sponsorship and Corporate Accounts from 2003 until his retirement in February 2013. In addition, Mr. Foss was General Manager for Enterprise Selling at GE, with additional responsibilities for Sales Force Effectiveness and Corporate Sales Programs. Mr. Foss was rehired by GE in November 2013 to serve as the leader of the GE/NFL Brain Research Program. He has been with GE for 35 years and, prior to his most recent positions, served for six years as the President of GE Polymerland, a commercial organization representing GE Plastics in the global marketplace. Prior to GE Polymerland, Mr. Foss served in various commercial roles with GE, including introducing LEXAN® film in the 1970s, and was the Market Development Manager on the ULTEM® introduction team in 1982. He has also served as the Regional General Manager for four of the GE Plastics regions,

including leading the GE Plastics effort in Mexico in the mid-1990s. Mr. Foss serves on the boards of nThrive (formerly MedAssets Precyse), a private company and First Horizon National Corporation (NASDAQ: FHN). Mr. Foss previously served on the board of directors of Capital Bank Corp., Green Bankshares and TIB Financial Corp. In addition, Mr. Foss serves as the President of the ALS Finding a Cure Foundation. Mr. Foss earned a Bachelor of Science degree in Chemistry from Massachusetts College of Pharmacy, Boston.

Board Experience and Qualifications:

Mr. Foss provides the Company significant experience in marketing and sales based on his over 30 year career at GE. During his time at GE, he had extensive involvement with the healthcare industry. In addition to leading GE's global sales efforts, which included its global Healthcare division, he was also instrumental in founding the GE/NFL Brain Research Program. These roles allowed Mr. Foss to develop extensive relationships with leading healthcare providers and also provided him with a keen understanding of the changing delivery of healthcare. These relationships and his significant business experience at GE provide the Board of Directors insight regarding matters affecting trends in the healthcare industry.

Table of Contents

Daniel S. Henson

Independent Director of the Board of Directors / Financial Expert

Age: 58

Director Since: 2016

Committees: Investment and Risk Management (Chair)

Biographical Description:

Mr. Henson has served as an independent director of the Company since April 2016. Mr. Henson currently serves as an advisor to Blackstone Group, which includes roles as the non-executive Chairman of the Board of Alight Inc. formerly part of Aon Hewitt, the non-Executive Chairman of the Board of Exeter Finance Corp., and a Lead Director of OnDeck Capital, Inc. (NASDAQ:ONDK). Prior to that, Mr. Henson spent 25 years in various leadership capacities at the General Electric Company ("GE") including roles as Executive Vice President of GE Capital, overseeing commercial lending and leasing businesses in North America and the Chief Marketing Officer at GE. As a GE Capital Leader, Mr. Henson ran the largest segment of the biggest non-bank financial institution in the U.S., and was a member of the GE Corporate Executive Council. Mr. Henson was responsible for the restructuring of GE Capital's North American lending and leasing businesses after the 2008 financial crisis, at which time he merged ten product platforms into a single segment, leveraged shared functional leadership and operational centers of excellence and reduced expenses. He had an integral role at GE in risk management and compliance, including risk assessments. He formed a variety of strategic joint ventures and has a global market perspective having spent three years in Mexico and three years in London with GE Capital. Mr. Henson earned a B.A. degree from George Washington University's School of Government and Business Administration in Washington, D.C.

Board Experience and Qualifications:

Mr. Henson provides the Company more than 25 years of knowledge and expertise in the financial services industry focusing on financial structures, including real estate investments in the healthcare industry, mergers and acquisitions, as well as forming strategic joint ventures. He has a proven track record in developing and implementing strategic plans and initiatives, while also focusing on organization development, financial and operational risk management as well as compliance.

Larry L. Mathis

Independent Director of the Board of Directors / Financial Expert

Age: 75

Director Since: 2007

Committees: Audit, Nominating and Corporate Governance, and Risk Management

Biographical Description:

Mr. Mathis has served as an independent director of the Company since April 2007. Since 1998 he has served as an executive consultant with D. Peterson & Associates in Houston, Texas, providing counsel to select clients on leadership, management, governance and strategy. He is the author of The Mathis Maxims, Lessons in Leadership. For over 35 years, Mr. Mathis held numerous leadership positions in organizations charged with planning and directing the future of healthcare delivery in the United States. Mr. Mathis was the founding President and Chief Executive Officer of The Methodist Hospital System in Houston, Texas, having served that institution in various executive positions for 27 years, including the last 14 years as Chief Executive Officer before his retirement in 1997. During his extensive career in the healthcare industry, he has served as a member of the board of directors of a number of national, state and local industry and professional organizations, including Chairman of the board of directors of the

Texas Hospital Association, the American Hospital Association, and the American College of Healthcare Executives (“ACHE”), and he has served the federal government as Chairman of the National Advisory Council on Health Care Technology Assessment and as a member of the Medicare Prospective Payment Assessment Commission. For his work in the healthcare field, Mr. Mathis was inducted into the ACHE and Modern Healthcare Hall of Fame in 2016. From 1997 to 2003, Mr. Mathis was a member of the board of directors and Chairman of the Compensation Committee of Centerpulse, Inc., and from 2004 to 2014 was a member of the board of directors and Chairman of the nominating and governance committee of Alexion Pharmaceuticals, Inc. (Nasdaq:ALXN). Mr. Mathis received a B.A. degree in Social Sciences from Pittsburg State University and a M.A. degree in Health Administration from Washington University in St. Louis, Missouri.

Board Experience and Qualifications:

Mr. Mathis provides the Company extensive experience in the healthcare industry, having held numerous leadership positions in organizations charged with planning and directing the future of healthcare delivery in the United States for over 35 years, including serving as Chairman of the National Advisory Council on Health Care Technology Assessment and as a member of the Medicare Prospective Payment Assessment Commission. He was the founding President and Chief Executive Officer of Methodist Hospital System in Houston, Texas, and has served as an executive consultant in the healthcare sector for over ten years.

Table of Contents

Gary T. Wescombe

Independent Director of the Board of Directors / Financial Expert

Age: 76

Director Since: 2006

Committees: Audit (Chair), Investment, and Risk
Management

Biographical Description:

Mr. Wescombe has served as an independent director of the Company since October 2006. He manages and develops real estate operating properties through American Oak Properties, LLC, where he is a principal. He is also a director, Chief Financial Officer and Treasurer of the Arnold and Mabel Beckman Foundation, a nonprofit foundation established for the purpose of supporting scientific research. From October 1999 to December 2001, he was a partner in Warmington Wescombe Realty Partners in Costa Mesa, California, where he focused on real estate investments and financing strategies. Prior to retiring in 1999, Mr. Wescombe was a partner with Ernst & Young, LLP (previously Kenneth Leventhal & Company) from 1970 to 1999. In addition, Mr. Wescombe also served as a director of G REIT, Inc. from December 2001 to January 2008 and has served as chairman of the trustees of G REIT Liquidating Trust since January 2008. Mr. Wescombe received a B.S. degree in Accounting and Finance from San Jose State University and is a member of the American Institute of Certified Public Accountants and California Society of Certified Public Accountants.

Board Experience and Qualifications:

Mr. Wescombe provides the Company expertise in accounting, real estate investments and financing strategies, having served a number of companies in various executive and director roles for over 40 years in both the real estate and non-profit sectors, including almost 30 years as a partner with Ernst & Young LLP. He currently manages and develops real estate operating properties as a principal of a real estate company.

Table of Contents

CORPORATE GOVERNANCE

| Independent Director Nominees | Full Board Meetings | Frequency of Board Elections | % of New Members Since 2015 |
|----------------------------------|------------------------|---------------------------------|-----------------------------|
|----------------------------------|------------------------|---------------------------------|-----------------------------|

| | | | |
|---|---|----------|-----|
| 9 of 10 (for the year ended December 31, 2018) | 8 | Annually | 40% |
|---|---|----------|-----|

Our Board of Directors is committed to representing the Company's stockholders and providing a high level of corporate governance. We engage with our investors on corporate governance best practices and trends through involvement with investor one-on-one meetings, attendance at conferences, and the organization of property tours. In response to our investors over the past three years, the Board of Directors has taken several actions that it believes promotes long-term value creation, transparency and full representation of the Company's and its stockholders' best interests. The actions of our Board over the last several years include:

Timeline of Board Actions

2018

- » Adopted bylaw amendments to provide stockholders with proxy access for director nominations subject to certain conditions and to grant stockholders the power to approve direct bylaw amendments on specified terms.
- » Implemented a Board member retirement age of 78 (with a two-year transitional period).
- » Increased Board diversification.
- » Evaluated and established an updated evaluation framework for our NEO's 2018 incentive plan.

2017

- » Opted out of the provisions of MUTA that would allow a staggered board without prior stockholder approval.
- » Revised the Board of Directors' Committee composition.

2016

- » Appointed a lead independent director to the Board of Directors.
- » Eliminated the CEO's single trigger "walkaway" severance right in concert with the CEO in response to stockholder feedback.

2015

- » Appointed the first new independent director to the Board of Directors since listing in 2012.
- » Removed the gross acquisitions target as a performance metric under the annual compensation incentive plan in response to stockholder feedback.

Key Corporate Governance Changes Since 2017

Our Board of Directors is committed to representing the best interests of the Company and utilizing best practices in its corporate governance. The Board of Directors regularly communicates with its stockholders and monitors trends and practices in corporate governance. Since 2017, our Board of Directors has taken several actions related to corporate governance best practices, including the following:

Changes to Incentive Plan. In July 2018, to better align the Company's compensation and best practices, the Compensation Committee and the Board of Directors approved a change to the Company's incentive compensation plan based on feedback from stockholders and our independent compensation consultants. The Company performance weighting of each NEO's awards were increased from 50% to 70%, and the subjective and discretionary measurements were eliminated and replaced with objective measurements to determine the Company performance portion of the award. In addition, the measurement period for the relative TSR metric will be increased from a three-year TSR to a five-year TSR within the next couple of years at such time as the Company is able to provide a complete historical look-back that has sufficient historical growth.

Table of Contents

Board Age Policy. In July 2018, the Nominating and Corporate Governance Committee and the Board of Directors approved an amendment to the Nominating and Corporate Governance Committee’s charter to be effective from and after the 2020 Annual Meeting of Stockholders providing that an individual who would be 78 (i) at the time of election to the Board would not be nominated for initial election to the Board, and (ii) at the time of re-election to the Board would not be nominated for re-election to the Board, however, in the latter case, the Committee may recommend, and the Board may approve, the nomination for re-election of a director who would be age 78 at the time of re-election, if, in light of all the circumstances, the Board determines, on the recommendation of the Committee, that it is in the best interests of the Company and its stockholders.

As of this election period, certain members of the Board of Directors (Messrs. DeWald and Fix) have reached the newly approved board member retirement age mentioned above. However, the Company and its Board of Directors have approved a two-year transition period in each case, which the Board believes is in the best interests of the Company and its stockholders.

Proxy Access. In April 2018, the Board of Directors amended the Company’s bylaws to provide stockholders with proxy access for director nominations subject to certain conditions. In summary, the amendment permits qualifying stockholders, or a qualifying group of no more than 20 stockholders, that have continuously owned at least 3% of the Company’s outstanding shares of common stock throughout at least a three-year period, to nominate and to require the Company to include in its proxy materials director nominees constituting up to the greater of two director nominees or 20% of the number of directors up for election, for inclusion in the Company’s proxy materials, provided that the stockholder(s) and the nominee(s) satisfy the requirements specified in the Company’s amended bylaws and subject to the terms and conditions therein. Proxy access candidates may be nominated pursuant to the Company’s amended bylaws beginning in July 2019.

Stockholder Direct Amendment of the Bylaws. In April 2018, the Board of Directors further amended the Company’s bylaws to permit stockholders to amend the Company’s bylaws by the affirmative vote of a majority of all the votes entitled to be cast on the matter, pursuant to a binding proposal submitted by any stockholder or group of up to five stockholders holding at least 1% of the outstanding shares of the Company’s common stock continuously for at least one year (the “Ownership Threshold”). A stockholder proposal may not alter or repeal any provision (i) providing for indemnification of directors and officers of the Company, or (ii) which addresses procedures for amendment of the bylaws, in either case, without the approval of the Board of Directors. The Company believes the Ownership Threshold enables stockholders who hold a meaningful stake in the Company for more than a brief period of time to propose binding amendments to the Company’s bylaws.

Increased Board Diversity. In March 2018, the Board of Directors addressed gender diversity of the Board by electing two female directors, Vicki U. Booth and Roberta B. Bowman, to the Board of Directors.

Opting out of the Maryland Unsolicited Takeovers Act (“MUTA”). In July 2017, the Board of Directors adopted a resolution prohibiting the Company from electing to be subject to Section 3-803 of Subtitle 8 of Title 3 of Maryland General Corporation Law (the “MGCL”) which is commonly referred to as MUTA. Section 3-803 of the MGCL, together with other provisions of Subtitle 8 of Title 3 of the MGCL, permits the board of directors of a Maryland corporation with a class of equity securities registered under the Exchange Act and at least three independent directors to elect to classify the board of directors without stockholder approval. By adopting this resolution, the Company will be prohibited from classifying the Board of Directors without first obtaining stockholder approval.

Board of Directors

The Board of Directors held eight meetings during the year ended December 31, 2018. Each of our directors attended at least 75% of the aggregate of the total number of meetings of the Board of Directors held during the year and the total number of meetings held by all committees of the Board of Directors on which such members served during the periods in which they served.

Board Leadership Structure

The Nominating and Corporate Governance Committee and the Board of Directors believe it is important to select the Chairman of the Board of Directors (the “Chairman”) and Chief Executive Officer in the manner they consider in the best interests of the Company at any given point in time. The members of the Nominating and Corporate Governance Committee and the Board of Directors possess considerable business experience and in-depth knowledge of the issues

the Company faces and, therefore, are in the best position to evaluate our needs and how best to organize our leadership structure to meet those needs. Accordingly, the Chairman and Chief Executive Officer positions may be filled by one individual or by two different individuals. The Nominating and Corporate Governance Committee and the Board of Directors believe that the most effective leadership structure for the Company at this time is for Mr. Peters to serve as both our Chairman and Chief Executive Officer. Mr. Peters' combined role as Chairman and Chief Executive Officer serves as a bridge between the Board of Directors and management and provides unified leadership for developing and implementing our strategic initiatives and business plans.

Table of Contents

Lead Independent Director

The lead independent director's responsibilities include, among other things, presiding over all meetings at which the Chairman is not present, including executive sessions of independent directors, calling meetings of independent directors, functioning as a liaison with the Chairman, approving board meeting agendas and scheduling and conferring with the Chairman on strategic planning matters and transactions. In July 2018, Mr. Blair was re-elected by the Nominating and Corporate Governance Committee as lead independent director for a term of one year until the 2019 Annual Meeting of Stockholders. Any subsequent lead independent director shall be elected annually for a term of one-year. The Board of Directors believes this allocation of responsibility provides for effective leadership while maintaining independence.

A full list of the lead independent director's duties and responsibilities is also available by clicking on "Corporate Governance" under "Investor Relations" on our website at www.htareit.com.

Director Attendance at Annual Meetings of Stockholders

Although we have no policy with regard to attendance by the members of the Board of Directors at our annual meetings of stockholders, we invite and encourage the members of the Board of Directors to attend our annual meeting of stockholders to foster communication between our stockholders and the Board of Directors. All of our directors attended the 2018 Annual Meeting of Stockholders in person or telephonically.

Contacting the Board of Directors

Any stockholder or other interested party who desires to contact members of the Board of Directors or our lead independent director may do so by writing to Healthcare Trust of America, Inc., Board of Directors, 16435 N. Scottsdale Road, Suite 320, Scottsdale, Arizona 85254, Attention: Secretary. Communications received will be distributed by our Secretary to such member or members of the Board of Directors, or to one or more independent directors as deemed appropriate by our Secretary, depending on to whom the communication is addressed or other facts and circumstances set forth in the communication received. For example, if any questions regarding accounting, internal accounting controls and auditing matters are received, they will be forwarded by our Secretary to the Audit Committee for review.

Director Independence

We currently have a ten member Board of Directors. Ms. Bowman has elected not to stand for re-election as a director at the 2019 Annual Meeting as she has decided to pursue a new professional opportunity serving as the Ladies Professional Golf Association's Chief Brand and Communications Officer, which she has advised the Company will include substantial domestic and international travel. As a result, Ms. Bowman is not a director nominee in this Proxy Statement. Thus, immediately after the 2019 Annual Meeting, our Board of Directors will consist of nine directors.

Our independent directors meet throughout the year in regularly scheduled executive sessions. Our charter provides that a majority of our directors must be "independent directors". During 2018, we consider W. Bradley Blair, II, Vicki U. Booth, Roberta B. Bowman, Maurice J. DeWald, Warren D. Fix, Peter N. Foss, Daniel S. Henson, Larry L. Mathis and Gary T. Wescombe to be "independent directors" as defined in our charter and under NYSE and SEC rules. Our Nominating and Corporate Governance Committee evaluates each of our named director's, other than Mr. Peters', independence on an annual basis by considering, various factors, including, among others, any conflicts of interest. As currently defined in our charter, the term "independent director" means:

"[A] Director who is not on the date of determination, and within the last two years from the date of determination has not been, directly or indirectly associated with the Corporation or its Affiliates by virtue of (i) employment by the Corporation or any of its Affiliates; (ii) performance of services, other than as a Director, for the Corporation; or (iii) maintenance of a material business or professional relationship with the Corporation or any of its Affiliates. A business or professional relationship is considered "material" if the aggregate gross income derived by the director from the Corporation and its Affiliates (excluding fees for serving as a director of the Corporation or other REIT or real estate program that is organized, advised or managed by the Corporation and its Affiliates) exceeds five percent of either the director's annual gross income during either of the last two years or the director's net worth on a fair market value basis. An indirect association with the Corporation or its Affiliates shall include circumstances in which a director's spouse, parent, child, sibling, mother- or father-in-law, son- or daughter-in-law or brother- or sister-in-law is or has been associated with the Corporation or its Affiliates."

In addition, our Audit Committee and Compensation Committee members qualify as independent under the NYSE's and SEC's rules applicable to Audit Committee members.

Table of Contents

Risk Management

Our Board of Directors and each of its committees serve an important function in overseeing the management of the Company's risks. Our Board of Directors regularly reviews our material risks and exposures, including, without limitation, operational, strategic, financial, legal, regulatory and cyber security risks. Management is responsible for identifying the material risks facing the Company, implementing appropriate risk management strategies that are responsive to our risk profile, integrating the consideration of risks and risk management into our decision-making process, and promulgating policies and procedures to ensure that information with respect to material risks is transmitted to our senior executives, our Board of Directors and appropriate committees of our Board of Directors. Our Board of Directors maintains oversight of the Company's risk management activities through the work of our Audit, Compensation, Nominating and Corporate Governance, Investment, and Risk Management Committees. The Risk Management Committee has primary responsibility at the Board of Directors level for overseeing our risk management activities. The Risk Management Committee's responsibilities include reviewing and discussing with management, other Board committees and our Board of Directors any significant risks or exposures faced by us, the steps management has taken (or intends to take) to identify, mitigate, monitor, control or avoid such risks or exposures, and our underlying policies with respect to risk assessment and risk management. In addition, the Audit Committee reviews the management of financial risk and our policies regarding risk assessment and risk management. The Compensation Committee reviews the management of risks relating to our compensation plans and arrangements. The Investment Committee reviews the risks associated with our acquisitions. The Nominating and Corporate Governance Committee reviews the management of risks relating to regulatory compliance and our corporate governance policies.

Our Board of Directors is regularly informed regarding the risk oversight discussions and activities of each of these committees. In addition, members of management responsible for managing our risk periodically report to the Board of Directors regarding risk management matters.

Committees of the Board of Directors

Our Board of Directors may in the future establish committees it deems appropriate to address specific areas in more depth than may be possible at a Board of Directors meeting, provided that the majority of the members of each committee are independent directors. Our Board of Directors has established an Audit Committee, a Compensation Committee, a Nominating and Corporate Governance Committee, an Investment Committee and a Risk Management Committee.

The table below lists the current chairs and membership from our the Board on each standing Board committee, the independence status of each member and the number of meetings held by each committee during the year ended December 31, 2018.

| Name | Independence | Audit | Compensation | Nominating & Corporate Governance | Investment | Risk Management |
|--|--------------|-------|--------------|---|------------|--------------------|
| Scott D. Peters Chairman and CEO | | — | — | — | 1 | — |
| W. Bradley Blair, II Lead Independent Director | ü | 1 | 1 | 1 | C | — |
| Vicki U. Booth | ü | — | 1 | 1 | — | — |
| Roberta B. Bowman ⁽¹⁾ | ü | 1 | — | — | — | 1 |
| Maurice J. DeWald | ü | 1 | 1 | 1 | — | 1 |
| Warren D. Fix | ü | 1 | C | — | 1 | — |
| Peter N. Foss | ü | 1 | 1 | C | 1 | — |
| Daniel S. Henson | ü | — | 1 | — | 1 | C |
| Larry L. Mathis | ü | 1 | — | 1 | — | 1 |
| Gary T. Wescombe | ü | C | — | — | 1 | 1 |
| Number of Meetings | | 8 | 5 | 4 | 7 | 4 |

C = Chairman

I = Member

(1) Ms. Bowman has elected not to stand for re-election as a director at the 2019 Annual Meeting as she has decided to pursue a new professional opportunity serving as the LPGA's Chief Brand and Communications Officer. Until the 2019 Annual Meeting, Ms. Bowman will continue as a member of the Board of Directors and will continue to fulfill her duties within the committees noted above.

19

Table of Contents

The primary responsibilities of each Board committee listed above set forth below:

Audit Committee

The primary responsibilities of the Audit Committee are to assist the Board of Directors in fulfilling its oversight responsibilities by reviewing the financial information to be provided to our stockholders and others, the system of internal controls which management has established, and the audit and financial reporting process. The Audit Committee is responsible for the selection, evaluation and, when necessary, replacement of our independent registered public accounting firm. The Audit Committee is also responsible for preparing the Audit Committee Report to Stockholders for inclusion in our annual proxy statement. Under our Audit Committee charter, the Audit Committee must be comprised solely of independent directors. W. Bradley Blair, II, Maurice J. DeWald, Warren D. Fix, Peter N. Foss, Larry L. Mathis and Gary T. Wescombe have been designated as Audit Committee financial experts.

Compensation Committee

The primary responsibilities of the Compensation Committee are to advise the Board of Directors on compensation policies, establish performance objectives for our NEOs, prepare the Compensation Committee Report for inclusion in our annual proxy statement, review and recommend to our Board of Directors the appropriate level of director compensation and annually review our compensation strategy and assess its effectiveness. The Compensation Committee has the authority to engage outside advisors to assist it in fulfilling these responsibilities. Under the Compensation Committee charter, the Compensation Committee must be comprised solely of independent directors. Additional information regarding the Compensation Committee's processes and procedures for consideration of NEO compensation is provided in the "Compensation Discussion and Analysis" section below.

Nominating and Corporate Governance Committee

The primary responsibilities of the Nominating and Corporate Governance Committee are to identify qualified individuals to serve as members of the Board of Directors, to recommend to the Board of Directors the selection of director nominees for election at the annual meeting of stockholders, to make recommendations regarding the composition of our Board of Directors and its committees, to assess director independence and the effectiveness of the Board of Directors, to develop and implement corporate governance guidelines and to oversee our compliance and ethics program.

The Nominating and Corporate Governance Committee will consider candidates for our Board of Directors recommended by our stockholders. Properly communicated stockholder recommendations will be considered in the same manner as recommendations received from other sources. Recommendations should be delivered to Healthcare Trust of America, Inc., Board of Directors, 16435 N. Scottsdale Road, Suite 320, Scottsdale, Arizona 85254, Attention: Secretary. Recommendations must include, among other things, the full name and age of the candidate, a brief description of the proposed candidate's business experience for at least the previous five years and descriptions of the candidate's qualifications and the relationship, if any, to the stockholder, and a representation that the nominating stockholder is a beneficial or record owner of our common stock. Any such submission must be accompanied by the written consent of the proposed nominee to be named as a nominee and to serve as a director if elected and a completed questionnaire (which questionnaire shall be provided by us, upon request, to the stockholder making the recommendation). Stockholders who are recommending candidates for consideration by our Board of Directors in connection with the next annual meeting of stockholders should submit their written recommendations not earlier than 150 days nor later than 120 days prior to the first anniversary of the date of this proxy statement.

Stockholders who wish to nominate an individual for election as a director in connection with an annual meeting of stockholders (as opposed to making a recommendation to the Nominating and Corporate Governance Committee as described above) must deliver written notice to our Secretary in the manner described in Article II, Section 11 of our current bylaws and within the time periods set forth herein under the section titled "Proposals for 2020 Annual Meeting of Stockholders."

The Company's stockholders also possess the right to nominate candidates for election to the Board through the "proxy access" provisions of the Company's amended bylaws, pursuant to which qualifying stockholders, or a qualifying group of up to 20 stockholders, owning at least 3% of the outstanding shares of common stock of the Company throughout at least a three-year period, may nominate up to the greater of two director nominees or 20% of the number of directors up for election, for inclusion in the Company's proxy materials, subject to complying with the requirements contained

in Article II, Section 13 of our amended bylaws.

In considering possible candidates for election as a director, the Nominating and Corporate Governance Committee is guided by the principle that each director should: (i) be an individual of high character and integrity; (ii) be accomplished in his or her respective field, with superior credentials and recognition; (iii) have relevant expertise and experience upon which to be able to offer advice and guidance to management; (iv) have sufficient time available to devote to our affairs; (v) represent the long-term interests of our stockholders as a whole; and (vi) represent a diversity of background and experience. In addition, candidates with healthcare relationships and real estate experience are given preferential consideration.

Table of Contents

We do not have a formal policy for the consideration of diversity in identifying nominees for director. However, in addition to the criteria set forth above, the Nominating and Corporate Governance Committee strives to create diversity in perspective, background and experience on the Board of Directors as a whole when identifying and selecting nominees for the Board of Directors.

Qualified candidates for membership on the Board of Directors will be considered without regard to race, color, religion, gender, ancestry, national origin or disability. The Nominating and Corporate Governance Committee will review the qualifications and backgrounds of directors and nominees (without regard to whether a nominee has been recommended by stockholders), as well as the overall composition of the Board of Directors, and recommend the slate of directors to be nominated for election at the annual meeting of stockholders. We do not currently employ or pay a fee to any third party to identify or evaluate, or assist in identifying or evaluating, potential director nominees.

Investment Committee

The primary responsibility of the Investment Committee is to assist the Board of Directors in reviewing proposed acquisitions presented by our management. The Investment Committee has the authority to reject proposed acquisitions that have a purchase price of less than \$25 million, but does not have the authority to approve proposed acquisitions, which must receive the approval of the Board of Directors. The Investment Committee also serves in an active role in overseeing the management of our portfolio, including budgeting, asset management and asset dispositions.

Risk Management Committee

The primary responsibilities of the Risk Management Committee are to assist the Board of Directors in fulfilling its oversight responsibilities by reviewing, assessing and discussing with our other Board committees, management team, general counsel and auditors: (i) material risks or exposures associated with the conduct of our business; (ii) internal risk management systems management has implemented to identify, minimize, monitor or manage such risks or exposures; and (iii) management's policies and procedures for risk management.

Committee Charters

The committees listed above have adopted written charters under which they operate. These charters, as well as the corporate governance guidelines that provide the framework for the governance of the Board of Directors and our Company, are available by clicking on "Corporate Governance" under "Investor Relations" on our website at www.htareit.com.

Code of Business Conduct and Ethics

We have adopted a Code of Business Conduct and Ethics (the "Code of Ethics") which contains general guidelines for conducting our business and is designed to help directors, employees and independent consultants resolve ethical issues in an increasingly complex business environment. The Code of Ethics applies to our executives, other employees and Board of Directors. The Code of Ethics covers topics including, without limitation, conflicts of interest, confidentiality of information, and compliance with laws and regulations. The Code of Ethics is also available by clicking on "Corporate Governance" under "Investor Relations" on our website at www.htareit.com. If, in the future, we amend, modify or waive a provision in the Code of Ethics, we may, rather than filing a Current Report on Form 8-K, satisfy the disclosure requirement by posting such information on our website at www.htareit.com, as necessary.

Table of Contents

CERTAIN RELATIONSHIPS AND RELATED PARTY TRANSACTIONS

Conflicts of Interest

Our independent directors have an obligation to function on our behalf in all situations in which a conflict of interest may arise and have a fiduciary obligation to act in the best interest of our stockholders. However, we cannot assure you that the independent directors will be able to eliminate or reduce the risks related to these conflicts of interest. We have adopted certain restrictions and procedures to address these conflicts, as described below.

Interests in Our Investments

We are permitted to make or acquire investments in which our directors, officers or stockholders or any of our or their respective affiliates have direct or indirect pecuniary interests. However, any such transaction in which our directors or officers or any of their respective affiliates has any interest would be subject to the restrictions and procedures described below.

Related Person Transactions

In order to reduce or eliminate certain potential conflicts of interest, our charter contains restrictions and conflict resolution procedures relating to transactions we enter into with our directors or their respective affiliates. These restrictions and procedures include, among others, the following:

We will not purchase or lease any asset (including any property) in which any of our directors or officers or any of their affiliates has an interest without a determination by a majority of our directors, including a majority of our independent directors, not otherwise interested in such transaction that such transaction is fair and reasonable to us and at a price to us no greater than the cost of the property to such director or directors or officer or officers or any such affiliate, unless there is substantial justification for any amount that exceeds such cost and such excess amount is determined to be reasonable. In no event will we acquire any such asset at an amount in excess of its appraised value.

We will not sell or lease assets to any of our directors or officers or any of their affiliates unless a majority of our directors, including a majority of our independent directors not otherwise interested in the transaction, determine that the transaction is fair and reasonable to us, which determination will be supported by an appraisal obtained from a qualified, independent appraiser selected by a majority of our independent directors.

We will not make any loans to any of our directors or officers or any of their affiliates (other than loans to our wholly-owned subsidiaries). In addition, any loans made to us by our directors or officers or any of their affiliates must be approved by a majority of our directors, including a majority of our independent directors not otherwise interested in the transaction as fair, competitive and commercially reasonable, and no less favorable to us than comparable loans between unaffiliated parties.

We will not invest in any joint ventures with any of our directors or any of their affiliates unless a majority of our directors, including a majority of our independent directors not otherwise interested in the transaction, determine that the transaction is fair and reasonable to us and on substantially the same terms and conditions as those received by other joint venturers.

Our Board of Directors recognizes that transactions between us and any of our directors, executive officers and significant stockholders can present potential or actual conflicts of interest and create the appearance that our decisions are based on considerations other than the best interest of the Company and our stockholders. Therefore, as a general matter and consistent with our charter and Code of Ethics, it is our preference to avoid such transactions. To date there have been no such related party transactions. Nevertheless, we recognize that there are situations where such transactions may be in, or may not be inconsistent with, the best interest of the Company and our stockholders. Accordingly, in addition to the restrictions and conflict resolution procedures described above and as set forth in our charter, our Board of Directors has adopted a "Related Person Transactions Policy" which provides that the Nominating and Corporate Governance Committee of our Board of Directors will review all transactions in which we are or will be a participant and the amount involved exceeds \$120,000 if a related person had, has or will have a direct or indirect material interest in such transaction. Any such potential transaction is required to be reported to our Nominating and Corporate Governance Committee for its review. Our Nominating and Corporate Governance Committee will only approve or ratify such related person transactions that are: (i) in, or are not inconsistent with, the best interest of us and our stockholders, as the Nominating and Corporate Governance Committee determines in good faith; (ii) on terms comparable to those that could be obtained in arm's length dealings with an unrelated third person; and (iii) approved

or ratified by a majority of the disinterested members of the Nominating and Corporate Governance Committee.

Table of Contents

In making such a determination, the Nominating and Corporate Governance Committee is required to consider all of the relevant and material facts and circumstances available to it, including (if applicable, and without limitation) the benefits to us of the transaction, the ongoing impact of the transaction on a director's independence, the availability of other sources for comparable products or services, the terms of the transaction, and whether the terms are comparable to the terms available to unrelated third parties generally. A member of the Nominating and Corporate Governance Committee is precluded from participating in any review, consideration or approval of any transaction with respect to which the director or the director's immediate family members are related persons.

The Board has barred any future pledging of Company common stock by directors and NEOs. Subject to the approval of the Board, in its sole discretion, pledging of OP Units may occur in limited circumstances because of the limited liquidity of the OP Units and the absence of an active trading market in the OP Units. The Board's consideration of whether to grant directors and NEOs the right to pledge OP Units shall be subject to the Board's determination that the pledgor does not intend to pledge a "significant" amount of OP Units, among other factors. Significance shall be determined by the Board based upon the magnitude of the aggregate pledged OP Units relative to the Company's total common stock outstanding, the market value thereof and the trading volume thereof, among other factors. Additionally, common stock subject to stock ownership and holding requirements shall not include pledged OP Units.

Table of Contents

COMPENSATION OF DIRECTORS

Our independent directors receive compensation pursuant to the terms of our 2006 Independent Directors Compensation Plan, a sub-plan of our Amended and Restated 2006 Incentive Plan (the “2006 Incentive Plan”), as amended (the “Director Plan”).

Our current director compensation policy as set forth in the Director Plan is as follows:

| Service Description | Annual Amount |
|------------------------------------|---------------|
| Annual stock award | \$ 100,000 |
| Initial stock award (pro-rated) | 100,000 |
| Annual retainer | 50,000 |
| Lead independent director retainer | 35,000 |
| Audit committee chairman | 20,000 |
| All other committee chairmen | 15,000 |
| Meeting fees ⁽¹⁾ | 1,500 |

(1) Each independent director will be entitled to a meeting fee of \$1,500 for each additional individual committee and board meeting after the first four individual committee and board meetings.

Equity Compensation. Upon initial election and re-election to our Board of Directors, an independent director receives an award of restricted shares of the Company’s common stock under the Director Plan, with the number of shares determined by dividing \$100,000 by the closing price on the date prior to the grant and, in the case of a grant made in connection with a director’s initial election to our Board of Directors, such dollar amount is pro-rated based on the number of days remaining in the 365-day period following the last annual meeting of stockholders. The Board of Directors may, in its discretion, approve additional grants to directors from time to time on such terms as it may determine. All the awards of restricted common stock granted to our independent directors vest 20% of the shares on the grant date, with the remaining 80% of the shares vesting in equal installments on each anniversary thereafter over four years from the date of grant.

Expense Reimbursement. We reimburse our directors for reasonable out-of-pocket expenses incurred in connection with attendance at meetings, including committee meetings, of our Board of Directors. Additionally, our directors are reimbursed for expenses incurred in connection with attending continuing education programs to assist them in remaining abreast of developments in corporate governance and other critical issues relating to the operation of public company boards.

Independent directors do not receive other benefits from us. Mr. Peters, who is employed by us, does not receive any compensation in connection with his service as a director. The compensation paid to Mr. Peters as an officer of the Company is presented below under “Executive Compensation.”

Director Ownership of Company Common Stock. In order to help ensure alignment of interests of the Company’s directors and the Company’s stockholders, the board of directors of the Company has determined that all non-executive directors of the Company shall hold not less than \$250,000 of the Company’s common stock throughout their tenure as members of the Company’s board, subject to the right to accumulate the foregoing level of ownership of the Company’s common stock over three years. This alignment is intended to strengthen board governance and overall stewardship of the Company by enhancing long-term stockholder value and business success.

Table of Contents

Director Compensation Table - Fiscal 2018

The following table sets forth the compensation earned by our independent directors for the year ended December 31, 2018:

| Name | Fees | | Total (\$) |
|----------------------------------|--------------------------------------|--|---------------|
| | Earned or Paid in Cash (\$) | Stock Awards (\$) ⁽¹⁾ | |
| W. Bradley Blair, II | 124,000 | 100,000 | 224,000 |
| Vicki U. Booth ⁽²⁾ | 75,000 | 133,346 | 208,346 |
| Roberta B. Bowman ⁽³⁾ | 75,000 | 133,346 | 208,346 |
| Maurice J. DeWald | 72,500 | 100,000 | 172,500 |
| Warren D. Fix | 86,000 | 100,000 | 186,000 |
| Peter N. Foss | 89,000 | 100,000 | 189,000 |
| Daniel S. Henson | 80,000 | 100,000 | 180,000 |
| Larry L. Mathis | 68,000 | 100,000 | 168,000 |
| Gary T. Wescombe | 88,000 | 100,000 | 188,000 |

(1) On March 14, 2018, Ms. Booth and Ms. Bowman received a grant of 1,282 shares of restricted common stock upon their elections as independent directors. On July 9, 2018, each of the independent directors re-elected at our 2018 Annual Meeting Stockholders received a grant of 3,655 shares of restricted common stock in us. The awards on July 9, 2018 had a grant date fair value of \$100,000. As of December 31, 2018, Mr. Blair, Mr. DeWald, Mr. Fix, Mr. Mathis and Mr. Wescombe each held 6,980 unvested shares of restricted common stock, Ms. Booth and Ms. Bowman each held 3,949 unvested shares of restricted common stock, Mr. Foss held 7,146 unvested shares of restricted common stock, and Mr. Henson held 6,452 unvested shares of restricted common stock. For more information regarding the grant date fair value of awards of restricted common stock see Note 11, Stockholders' Equity and Partners' Capital, of the Company's financial statements filed with the SEC as part of the 2018 Annual Report.

(2) Ms. Booth was appointed to the Board on March 14, 2018.

(3) Ms. Bowman was appointed to the Board on March 14, 2018. She has elected not to stand for re-election as a director at the 2019 Annual Meeting as she has decided to pursue a new professional opportunity serving as the LPGA's Chief Brand and Communications Officer. As a result, Ms. Bowman is not a director nominee in this Proxy Statement.

Compensation Committee Interlocks and Insider Participation

During 2018, W. Bradley Blair, II, Vicki U. Booth, Maurice J. DeWald, Warren D. Fix (Chairman), Peter N. Foss, and Daniel S. Henson, all of whom are independent directors of the Company, served on our Compensation Committee.

None of our independent directors was an officer or employee of the Company in 2018 or any time prior thereto.

During 2018, none of the members of the Compensation Committee had any relationship with the Company requiring disclosure under Item 404 of Regulation S-K. None of our executive officers served as a member of the board of directors or compensation committee, or similar committee, of another entity, any of whose executive officers served as a member of our Board of Directors or our Compensation Committee.

Table of Contents

EXECUTIVE OFFICERS

The following table and biographical descriptions set forth information with respect to our executive officers as of December 31, 2018.

Scott D.
Peters
Chief
Executive
Officer,
President
Chairman of
the Board
Age: 61
Term of
Office: Since
2006
For
biographical
information
regarding
Mr. Peters,
our Chief
Executive
Officer and
President, see
“Director
Nominees -
Biographical
Information”
above.

Robert A.
Milligan
Chief
Financial
Officer
Age: 38
Term of
Office:
Since 2014
Mr.
Milligan
has served
as our
Chief
Financial
Officer
since
September
2014. Mr.
Milligan

served as
the
Company's
Executive
Vice
President
of
Corporate
Finance
and Capital
Markets
since July
2014
before
which time
he served
as the
Senior Vice
President
of
Corporate
Finance
from
January
2013 to
July 2014
and the
Director of
Finance
from
January
2012 to
January
2013. Mr.
Milligan
joined the
Company
in 2012.
Before
joining the
Company,
Mr.
Milligan
served as a
Vice
President at
Bank of
America
Merrill
Lynch,
where he

worked
from July
2007 to
January
2012. From
June 2003
to July
2007, he
served in
various
corporate
finance
capacities
at General
Electric.

Mr.
Milligan
holds a BS
degree in
Finance
and
Economics
from
Arizona
State
University
and an
MBA
degree
from the
University
of Chicago.

Amanda L.
Houghton
Executive Vice
President -
Asset
Management
Age: 37
Term of Office:
Since 2011

Ms. Houghton
has served as
our Executive
Vice President
- Asset
Management
since
December
2011. From
January 2011

to December 2011, Ms. Houghton served as our Senior Vice President of Asset Management and Finance. From January 2010 to January 2011, Ms. Houghton served as our Vice President of Asset Management and Finance. Ms. Houghton has experience in asset and joint venture management, acquisitions, dispositions, and corporate cash modeling and valuation. From August 2006 to December 2009, Ms. Houghton served as the Manager of Joint Ventures for Glenborough LLC in San Mateo, California, where she actively managed over two million square feet of retail/office properties and 400 acres of development land. Prior to

joining
Glenborough,
from August
2005 to August
2006,
Ms. Houghton
provided
acquisitions,
asset
management
and disposition
support in her
position as
Senior Analyst
at ING Clarion
in Boston,
Massachusetts.
Between July
2004 and
August 2005,
she served as a
Senior Project
Analyst for
Weyerhaeuser
Realty
Investors in
Irvine,
California.
Prior to
Weyerhaeuser,
Ms. Houghton
participated in
mergers and
acquisitions
structuring and
valuation at
RSM EquiCo
in Costa Mesa,
California, and
business and
intangible asset
valuation at
Bernstein,
Conklin &
Balcombe in
Dallas, Texas.
Ms. Houghton
received a
B.B.A degree
in Finance and
a B.A. degree

in Public
Policy from
Southern
Methodist
University.
Ms. Houghton
holds the
Chartered
Financial
Analyst
designation and
is a member of
the CFA
Institute and
Commercial
Real Estate
Women
(CREW).

Table of Contents

SECURITY OWNERSHIP OF CERTAIN BENEFICIAL OWNERS AND MANAGEMENT

The following table shows as of April 18, 2019 what we believe to be, based on publicly available information, the number and percentage of shares of common stock beneficially owned by: (i) each director; (ii) each NEO; (iii) all directors and executive officers as a group; and (iv) each person who beneficially owns more than 5% of the Company's outstanding shares of common stock. The percent of common stock is based on 205,098,321 shares of our common stock outstanding as of April 18, 2019.

| Name and Address of Beneficial Owner* | Amount and Nature of Beneficial Ownership (1) (2) | Percent of Class |
|--|--|------------------------|
| Directors and Executive Officers: | | |
| Scott D. Peters ⁽³⁾ | 972,472 | ** |
| Robert A. Milligan | 168,595 | ** |
| Amanda L. Houghton | 214,007 | ** |
| W. Bradley Blair, II | 129,605 | ** |
| Vicki U. Booth | 6,937 | ** |
| Roberta B. Bowman ⁽⁴⁾ | 5,937 | ** |
| Maurice J. DeWald | 121,605 | ** |
| Warren D. Fix | 132,694 | ** |
| Peter N. Foss | 15,938 | ** |
| Daniel S. Henson | 21,785 | ** |
| Larry L. Mathis | 124,367 | ** |
| Gary T. Wescombe | 139,105 | ** |
| Directors and executive officers as a group (12 persons) | 2,053,047 | 1.0 % |
| Other Stockholders: | | |
| The Vanguard Group, Inc. ⁽⁵⁾ | 29,390,823 | 14.3 % |
| BlackRock, Inc. ⁽⁶⁾ | 14,748,875 | 7.2 % |
| Principal Real Estate Investors, LLC ⁽⁷⁾ | 10,478,572 | 5.1 % |

* Unless otherwise indicated, the address is c/o Healthcare Trust of America, Inc., 16435 N. Scottsdale Road, Suite 320, Scottsdale, Arizona, 85254.

** Represents less than 1% of our outstanding common stock.

(1) Beneficial ownership includes outstanding shares of the Company and shares which are not outstanding that any person has the right to acquire within 60 days after the date of this table. However, any such shares which are not outstanding are not deemed to be outstanding for the purpose of computing the percentage of outstanding shares beneficially owned by any other person. Except as indicated in the footnotes to this table and pursuant to applicable community property laws, the persons named in the table have sole voting and investing power with respect to all shares beneficially owned by them.

(2) Amount includes vested LTIP units which are convertible into shares of common stock as follows: 500,000 for Mr. Peters; 7,500 for Mr. Milligan; 97,500 for Ms. Houghton; and 67,500 for each of Mr. Blair, Mr. DeWald, Mr. Fix, Mr. Mathis and Mr. Wescombe.

(3) Mr. Peters has pledged a portion of his founder's OP Units, which have limited liquidity, not subject to an active trading market, and are subject to

significant tax impacts upon sale, to a lending institution as security for a revolving loan facility. The portion of the OP Units so pledged are an insignificant portion of Mr. Peters' holdings in the Company. The Company restricts the pledging of any common stock holdings by members of the Board or executives of the Company.

(4) Ms. Bowman has elected not to stand for re-election as a director at the 2019 Annual Meeting as she has decided to pursue a new professional opportunity serving as the LPGA's Chief Brand and Communications Officer. As a result, Ms. Bowman is not a director nominee in this Proxy Statement.

(5) Based solely on the information in Schedule 13G/A, dated February 11, 2019, filed with the SEC by The Vanguard Group, Inc., located at 100 Vanguard Blvd., Malvern, PA, 19355. The report states as of December 31, 2018 that The Vanguard Group, Inc. had sole voting power over 283,381 shares, shared voting power over 239,160 shares, sole dispositive power over 29,072,877 shares and shared dispositive power over 317,946 shares.

Vanguard Fiduciary Trust Company, a wholly-owned subsidiary of The Vanguard Group, Inc., is the beneficial owner of 78,786 shares as a result of its serving as investment manager of collective trust accounts. Vanguard Investments Australia, Ltd., a wholly-owned subsidiary of The Vanguard Group, Inc., is the beneficial owner of 443,755 shares as a result of its serving as investment manager of Australian investment offerings.

(6) Based solely on the information in Schedule 13G/A, dated February 4, 2019, filed with the SEC by BlackRock, Inc., located at 55 East 52nd Street, New York, NY, 10055. The report states as of December 31, 2018 that BlackRock, Inc. had sole voting power over 13,844,842 shares and sole dispositive power over 14,748,875 shares.

(7) Based solely on the information in Schedule 13G, dated February 14, 2019, filed with the SEC by Principal Real Estate Investors, LLC, located at 801 Grand Avenue, Des Moines, IA, 50392. The report states as of December 31, 2018 that Principal Real Estate Investors, LLC had shared voting power over 10,478,572 shares and shared dispositive power over 10,478,572 shares.

Table of Contents

SECTION 16(a) BENEFICIAL OWNERSHIP REPORTING COMPLIANCE

Section 16(a) of the Exchange Act requires each director, officer, and individual beneficially owning more than 10% of a registered security of the Company to file with the SEC, within specified time frames, initial statements of beneficial ownership (Form 3) and statements of changes in beneficial ownership (Forms 4 and 5) of common stock of the Company. These specified time frames require the reporting of changes in ownership within two business days of the transaction giving rise to the reporting obligation. Reporting persons are required to furnish us with copies of all Section 16(a) forms filed with the SEC. Based solely on a review of the copies of such forms furnished to us during and with respect to the year ended December 31, 2018 or written representations that no additional forms were required, to the best of our knowledge, all required Section 16(a) filings were timely and correctly made by reporting persons during 2018.

Table of Contents

PROPOSAL NO. 2

ADVISORY VOTE TO APPROVE THE COMPENSATION OF OUR NAMED EXECUTIVE OFFICERS

The Company is providing its stockholders with the opportunity to cast a non-binding, advisory vote on the compensation of our NEOs as disclosed pursuant to the SEC's executive compensation disclosure rules and set forth in this proxy statement (including in the compensation tables and the narratives accompanying those tables). This non-binding advisory vote is referred to in this proxy statement as a "say-on-pay" vote.

In accordance with the requirements of Section 14A of the Exchange Act (which was added by the Dodd-Frank Wall Street Reform and Consumer Protection Act) and the related rules of the SEC, the Board of Directors will request your approval, on a non-binding, advisory basis, of the following resolution at the annual meeting:

RESOLVED, that the compensation paid to the Company's NEOs, as disclosed in this proxy statement pursuant to the SEC's executive compensation disclosure rules (which disclosure includes the compensation tables below and the narrative discussion that accompanies the compensation tables), is hereby approved.

This vote is an advisory vote only and will not be binding on the Company, the Board of Directors or the Compensation Committee, and will not be construed as overruling a decision by, or creating or implying any additional duty for, the Board of Directors or the Compensation Committee. However, the Compensation Committee, which is responsible for designing and administering the Company's executive compensation program, values input from our stockholders, and will consider the outcome of the vote when making future compensation decisions for NEOs.

The Company's current policy is to provide our stockholders with an opportunity to approve the compensation of our NEOs each year at the annual meeting of stockholders. It is expected that the next say-on-pay vote will be held at the 2020 Annual Meeting of Stockholders.

The Board of Directors recommends a vote "FOR" Proposal 2.

Table of Contents

COMPENSATION DISCUSSION AND ANALYSIS

In this Compensation Discussion and Analysis (“CD&A”) we provide an overview and analysis of our compensation program and policies, the material compensation decisions we have made under those programs and policies for 2018 with respect to our NEOs, and the material factors that we considered in making those decisions. Following this CD&A, under the heading “Executive Compensation” you will find a series of tables containing specific data about the compensation earned in 2018 by the following NEOs:

| Name | Title(s) |
|--------------------|--|
| Scott D. Peters | Chief Executive Officer, President and Chairman of the Board |
| Robert A. Milligan | Chief Financial Officer, Secretary and Treasurer |
| Amanda L. Houghton | Executive Vice President - Asset Management |

Compensation Philosophy and Objectives

Our Compensation Committee is charged with setting compensation for our NEOs. Pursuant to the terms of our Compensation Committee charter, our Compensation Committee has oversight over all of our compensation programs, including plans and programs relating to cash compensation, incentive compensation and equity-based awards.

The objectives of our executive compensation program are set forth below:

- attract, retain and motivate talented executives;
 - link compensation realized with the achievement of pre-established short-term and long-term financial and strategic goals, as well as our Compensation Committee’s assessment of an individual’s overall contributions generally and to the achievement of our corporate goals and objectives;
 - align management and stockholder interests by encouraging long-term value creation; and
 - maintain compensation and corporate governance practices that are designed to create value for our stockholders.
- Our Compensation Committee recognizes that effective compensation strategies are critical to recruiting and retaining key employees who contribute to our long-term success and thereby create value for our stockholders. An important objective of our Compensation Committee is to align the financial interests of our executives with those of our stockholders by maintaining a performance and achievement-focused culture that provides our executives with competitive cash incentive opportunities and long-term, equity incentive compensation for strong performance measured against key financial and strategic goals.

Compensation Best Practices

The Company’s executive compensation program includes a number of features intended to reflect best practices in the market and help ensure that the program reinforces stockholder interests. These features include the following:

What We Do

- DO appoint a Compensation Committee comprised solely of independent directors
- DO conduct annual compensation risk assessments
- DO use an independent compensation consultant
- DO align annual bonus and performance, with 70% of our NEO’s short-term incentive plan linked to the achievement of a balanced mix of quantitative Company goals and 30% linked to individual performance
- DO align long-term equity incentive and performance by linking 70% of our NEO’s long-term incentive plan compensation to quantitative Company performance measured over a multi-year period and 30% linked to individual performance
- DO review compensation policies and practices as part of overall review of material risks or exposures associated with internal and external risks
- DO provide standardized severance benefits for NEOs
- DO maintain stringent stock ownership guidelines (6x base salary for the CEO and 4x base salary for all other NEOs)
- DO submit our executive compensation program for our NEOs to annual say-on-pay advisory votes for stockholder consideration

What We Do NOT Do

- NO material perquisites

NO guaranteed cash incentives, equity compensation or salary increases for existing NEOs

NO hedging or derivative transactions involving our common stock

NO “single-trigger” change in control cash payments or acceleration of equity awards

NO change-in-control tax gross ups for any NEO

NO equity plan evergreen provisions

NO future pledges of Company common stock/OP Units by directors or executive officers

NO repricing or buyouts of underwater stock options without stockholder approval or granting of discounted stock options or SARs

Table of Contents

2018 Compensation Components

We have entered into employment agreements with each of our NEOs. We believe these employment agreements help promote continuity of our management team. These agreements were based on then applicable market compensation data compiled by our independent compensation consultant, the respective executive's relative experience, each executive's contributions to the Company's performance over time, and their importance to the Company's performance on a forward-looking basis. The compensation structure and metrics are evaluated on an annual basis as part of the broader independent compensation consultant review. As of December 31, 2018, the components of our NEOs' compensation are as follows:

| Component | Component Description | % of CEO Total Target Compensation |
|-----------------------------|--|------------------------------------|
| Annual Base Salary | The annual base salary provides the fixed portion of total compensation of our NEOs and is intended to attract and retain talented individuals and to reward core competence of each executive in their respective roles relative to skill, experience and contributions to us. | 14% |
| Annual Bonus | The annual bonus is intended to reward achievement of performance objectives and is tied to our annual business plan and objectives. The annual bonus is determined by the Compensation Committee and includes both predetermined Company performance metrics (70% of the bonus) and individual performance targets (30% of the bonus). | 29% |
| Long-Term Equity Incentives | The long-term equity incentives are intended to provide additional incentives to achieve performance goals, to help create long-term value for the Company's stockholders, and to attract and retain key executives. The long-term equity incentives awards for each year are based 70% on the Company's achievement of pre-established corporate metrics and 30% on the Compensation Committee's assessment of the NEO's individual performance. Incentives are paid annually to the executives following the Compensation Committee's review of performance for the applicable period in the form of restricted stock which vests over future periods. | 57% |
| One-Time Awards | The Compensation Committee may award executives with (i) one-time equity awards tied to the execution of new employment agreements or (ii) one-time cash or equity awards for actual and specific performance throughout the year or in such other circumstances as the Compensation Committee may determine to be appropriate. These one-time awards are contemplated by the Compensation Committee in its review of an executive's total compensation on an annual basis. | None Targeted |

Since our listing on the NYSE in 2012, the Compensation Committee has approved one-time awards totaling \$8.3 million for our NEOs, which amounts to no more than 10% of total compensation paid to all of our NEOs since our listing in 2012.

The Compensation Committee engages independent compensation consultants from time to time to help ensure that total executive compensation is reflective of performance, within the identified peer group compensation parameters, and reflects an appropriate combination of cash and equity. The Compensation Committee may at times use its discretion to adjust certain payments in order to align them with long-term incentives or market parameters for the Company's peer groups. In addition, the Compensation Committee has taken additional steps to ensure that the executive compensation plan increased the utilization of objective awards by changing the plan design in 2018 as outlined further in the section on titled "Elements of our 2018 Compensation Program".

Table of Contents

Performance Highlights

As context for the decisions of our Compensation Committee described below in this CD&A for the year ended December 31, 2018:

Achieved Same-Property Cash NOI growth of 2.5%. Excluding the MOB's located on our Forest Park Dallas campus, Same-Property Cash NOI growth was 2.9%.

Increased our leased rate by 20 basis points to 92.0% and executed approximately 2.8 million square feet of GLA of new and renewal leases, or over 12% of the total GLA of our portfolio. Re-leasing spreads increased to 2.6% while tenant retention for our Same-Property portfolio was 81% by GLA.

Completed the disposition of 20 MOB's for an aggregate gross sales price of \$308.6 million, representing approximately 1.2 million square feet of GLA, and generating net gains of \$166.0 million. These dispositions primarily consisted of the third quarter disposition of our Greenville, South Carolina MOB portfolio for an aggregate gross sales price of \$294.3 million at a low 5% forward cap rate. We acquired the portfolio for \$163 million in 2009 and generated approximately 2% growth per annum, resulting in unlevered returns of over 13% during our period of ownership.

Increased total liquidity of \$1.1 billion, inclusive of \$126.2 million of cash and cash equivalents, resulting in lower leverage of (i) 31.3%, measured by debt less cash and cash equivalents to total capitalization and (ii) 5.4x, measured by debt less cash and cash equivalents to Adjusted Earnings before Interest, Taxes, Depreciation and Amortization for real estate ("Adjusted EBITDAre");

Announced a new development in our key gateway market of Miami, Florida and commenced two redevelopments, including an agreement to build a new on-campus MOB in Raleigh, North Carolina. These projects will have total expected construction costs of \$70.6 million and are 78% pre-leased to major health systems.

Achieved approximately \$7 million of operating synergies from our 2017 investments, which resulted in an increased yield of 50 basis points since the closing of such investments. Our run rate on our 2017 investments was approximately 5.4%, which included the full year impact of new leases which have been executed, but which have not yet commenced.

Please see the section titled "Overview of 2018 Performance" above for additional information on our performance during the past year.

Compensation Policies

Our executive compensation program includes a number of features intended to reflect best practices in the market and to help ensure that the program reinforces our stockholders' interests. These features are described in more detail below in this CD&A and include the following:

Aligned with Performance

The majority of our executives' compensation is at-risk. As shown in the table below, for fiscal year 2018, approximately 85% of Mr. Peters' total direct compensation was performance-based, and approximately 74% for our two other NEOs' total direct compensation was performance-based. As used in this discussion, the term "total direct compensation" for 2018 means the aggregate amount of the executive's base salary and actual annual bonus earned for 2018, and the grant date fair value long-term equity incentive awards earned based on performance for 2018, but issued in early 2019.

| Name | Principal Position | 2018 | | | | | Performance-Based % | Performance-Based % |
|--------------------|--|-------------|----------------------------|-------------------------------|------------------------|-------------------|------------------------|------------------------|
| | | Base Salary | Short-term Incentive Award | Long-term Incentive Stock (1) | Total Compensation (2) | Performance-Based | | |
| Scott D. Peters | Chief Executive Officer, President and Chairman of the Board | \$900,000 | \$1,296,000 | \$3,726,000 | \$5,922,000 | \$5,022,000 | 85 | % |
| Robert A. Milligan | Chief Financial Officer, Secretary and Treasurer | 500,000 | 360,000 | 1,035,000 | 1,895,000 | 1,395,000 | 74 | % |
| Amanda L. Houghton | Executive Vice President - Asset Management | 425,000 | 306,000 | 879,750 | 1,610,750 | 1,185,750 | 74 | % |

(1) Long-term incentive stock represents the grant date fair value (as determined for accounting purposes) of long-term incentive stock awards that were granted to our NEOs in 2019 for their 2018 performance.

(2) The total compensation above will differ from the total compensation in the section below titled “Executive Compensation - Summary Compensation Table ” as the table above includes long-term incentive stock that was granted in 2019 for our NEOs’ 2018 performance (whereas the Summary Compensation Table includes long-term incentive stock that was granted in 2018 for 2017 performance).

Table of Contents

The following charts illustrate each executive's base salary, long-term equity incentive compensation, cash incentive compensation and percentage of total direct compensation that is performance-based for the year ended December 31, 2018.

Each executive's base salary represents our Compensation Committee's view of the appropriate level of fixed compensation necessary to attract and retain executive talent. Salaries are based on a number of factors, including competitive market data, the scope of the executive's role in the Company, the executive's level of experience, and the executive's performance potential.

Our executives' bonuses under our annual incentive program reward achievement of performance objectives tied to our annual business plan and objectives. A range of earnings opportunities, corresponding to three levels of performance (i.e., Threshold, Target and High), are established for each of our executives. Bonus awards to our executives depend on actual achievement relative to pre-established corporate objectives for 70% of the bonus opportunity, and our Compensation Committee's subjective assessment of each executive's individual performance for the remaining 30% as described below under the section titled "Elements of our 2018 Compensation Program."

Our executives also participate in our long-term equity incentive program which rewards executives with restricted common stock based on performance during the fiscal year. The Compensation Committee and the Board of Directors approved a change to the Company's incentive plan in 2018 based on feedback from stockholders and our independent compensation consultants to put greater emphasis on the performance of the Company as a whole. The Company performance portion of each executive's award was increased from 50% to 70%, and the subjective and discretionary measurements used in prior years were eliminated and replaced with objective measurements to determine the Company performance portion of the award.

During 2018, the Compensation Committee approved Threshold, Target and High award opportunities, with the value of the shares awarded to each executive to be determined based on our actual achievement of pre-established corporate objectives and the Compensation Committee's subjective assessment of each executive's individual performance as described below. This value was then converted into restricted shares issued in January 2019 (based on the value of our common stock at the time of issuance) that would vest over a multi-year period, subject to the executive's continued employment with the Company. Thus, the program is designed to create additional incentives to achieve specified performance goals during the performance year and to remain with the Company over the vesting period following the end of the performance year, as well as further aligning the interests of our executives with those of stockholders through their equity interests in the Company.

Competitive with Peers

Our Compensation Committee is comprised solely of independent directors. Our Compensation Committee engages independent compensation consultants, as further described below, to advise on matters related to our executive compensation program.

The Compensation Committee reviewed total compensation in relation to the peer groups jointly developed with its independent compensation consultant, Willis Towers Watson ("WTW").

Table of Contents

Responsive to Stockholders

In 2018, the Company made changes to its incentive plan by increasing the Company performance portion of each executive's award from 50% to 70% and eliminating subjective and discretionary measurements and replacing them with objective measurements to determine the Company performance portion of the award.

In 2017, due to the transformational events and one-time transaction bonuses given as a result of the Duke acquisition, the Compensation Committee made several discretionary adjustments to the specific calculations of certain NEO awards to ensure that total compensation paid was consistent with peer pay practices and included the appropriate allocation of short-term and long-term awards.

In 2016, our CEO voluntarily offered and agreed to amend his employment agreement to remove a "walkaway" provision that would have allowed him to terminate his employment for any reason in connection with a change in control of the Company and receive the severance benefits provided in his employment agreement. Under the currently applicable employment agreement with our CEO (and the currently applicable employment agreements we entered into with each of our two other NEOs), severance benefits are provided only if the executive's employment is terminated by us without cause or by the executive for good reason.

In 2015, the Company removed the gross acquisitions target as a performance metric under our annual compensation incentive plan based on investor feedback.

Reflects Compensation Best Practices

Our Compensation Committee is comprised entirely of independent directors.

The Risk Management Committee reviews our compensation policies and practices as a part of its overall review of the material risks or exposures associated with our internal and external risks. Through this review process, our Risk Management Committee has concluded that our compensation programs are not reasonably likely to have a material adverse effect on our stockholders or us.

Our Amended and Restated 2006 Incentive Plan expressly prohibits repricing of stock options without stockholder approval.

Our Compensation Committee maintains stock ownership guidelines for our executives. Under these guidelines, our CEO and other NEOs are required to own a minimum of six and four times their applicable executive's base salary, respectively, of fully vested shares of our common stock. Each of our NEOs currently meet this guideline.

We do not provide any tax gross-up payments or material perquisites to our NEOs.

Compensation Consultant and Peer Groups

Our Compensation Committee periodically reviews the compensation arrangements of our executive officers and employees, and our overall compensation structure. In 2018, our Compensation Committee engaged WTW, as its independent compensation consultant, to assist in its review of executive compensation, including base salary, annual bonus and long-term equity incentive awards, as well as the compensation of our non-employee directors. An affiliate of WTW has served as the Company's primary insurance broker for its property subsidiaries for over four years, and before the independent compensation consultant was engaged. In 2018, WTW invoiced the Company for approximately \$35,000 in fees in connection with its advisory services for the Compensation Committee, while the WTW affiliates received approximately \$150,000 in fees in connection with its insurance broker services. The Compensation Committee has reviewed the services provided by the WTW affiliate and, after consideration of such services and other factors prescribed by the SEC for purposes of assessing the independence of compensation consultants, has determined that its engagement of WTW does not raise any conflicts of interest with us or any of our directors or executive officers.

Our Compensation Committee re-evaluated our peer groups in 2018 and when selecting a peer group of companies to evaluate our executive compensation program, our Compensation Committee utilized WTW to provide the selected combination of peers based on comparable (i) market capitalization, (ii) size, scale and complexity, and (iii) operating intensity of the underlying business. Our Compensation Committee accepted WTW's recommendations and the resulting peer group includes (i) our directly competitive, publicly traded healthcare REIT peers ("Healthcare REIT Peers") and (ii) a group of other REITs based on total market capitalization relative to our total market capitalization ("Size-Based Peers").

Table of Contents

For the Healthcare REIT Peers, our Compensation Committee focused on companies with significant portfolios of MOBs that it believes we currently are competing with on a day-to-day basis for acquisitions, leasing, investor interest, management talent and other similar strategic initiatives. Our Compensation Committee recognizes that certain of the Healthcare REIT Peers are active with property types in addition to MOBs. Although the market capitalization and total capitalization of the Healthcare REIT Peers was in some cases substantially larger than ours, our Compensation Committee concluded that the operating intensity and complexity of their MOB portfolios relative to other healthcare asset types make them relevant from a comparative performance perspective. From a relative size perspective, our Healthcare REIT Peers had MOB portfolios ranging from approximately 14 million square feet to 20 million square feet of GLA, which is smaller than our MOB portfolio of over 23 million square feet of GLA as of December 31, 2018. Moreover, our Compensation Committee recognized the intensive level of effort required to actively operate, manage and lease a portfolio of multi-tenant MOBs such as ours. For these reasons, our Compensation Committee believes it is appropriate to include the larger Healthcare REIT Peers among the comparable peers in assessing market compensation levels and strategies.

For the Size-Based Peers, our Compensation Committee considered: (i) the size and geographic reach of each company's portfolios; (ii) whether or not they actively managed their portfolios; (iii) the magnitude of their growth through acquisitions; (iv) the amount of their leverage; and (v) their total stockholder returns. Our Size-Based Peers had total market capitalizations that ranged from approximately \$4 billion to \$18 billion, with an average of approximately \$9 billion as of December 31, 2018. Our total market capitalization of approximately \$8 billion as of December 31, 2018 was consistent with our Size-Based Peers. The Compensation Committee believes it is appropriate to include the Size-Based Peers among the comparable peers in assessing our NEOs market compensation levels. The Healthcare REIT Peers and the Size-Based Peers for 2018 (which are the same two peer set of companies as the 2017 peer companies utilized) are identified below:

| Healthcare REIT Peers: | Size-Based Peers: |
|--|---|
| Healthcare Realty Trust, Inc. (NYSE: HR) | Alexandria Real Estate Equities Inc (NYSE: ARE) |
| Welltower Inc. (NYSE: WELL) | Brandywine Realty Trust (NYSE: BDN) |
| HCP, Inc. (NYSE: HCP) | Douglas Emmett, Inc. (NYSE: DEI) |
| Medical Properties Trust, Inc. (NYSE: MPW) | Federal Realty Investment Trust (NYSE: FRT) |
| Omega Healthcare Investors Inc (NYSE: OHI) | Healthcare Realty Trust, Inc. (NYSE: HR) |
| Physicians Realty Trust (NYSE: DOC) | Highwoods Properties, Inc. (NYSE: HIW) |
| Ventas, Inc. (NYSE: VTR) | Kilroy Realty Corp (NYSE: KRC) |
| | Liberty Property Trust (NYSE: LPT) |
| | Medical Properties Trust, Inc. (NYSE: MPW) |
| | PS Business Parks Inc (NYSE: PSB) |

The review of comparable peers' compensation programs is just one of the elements our Compensation Committee takes into account in making compensation decisions for our NEOs. Our Compensation Committee also considers the experience, tenure, and past and recent performance of each executive, as described below, and does not benchmark compensation at any particular level as compared with the peer group. Except as otherwise noted in this CD&A, decisions by the Compensation Committee are subjective and the result of the Compensation Committee's business judgment, which is informed by the experiences of the members of the Compensation Committee as well as analysis and input from, and comparable peer data provided by, the Compensation Committee's independent compensation consultants.

The Role of Stockholder Say-on-Pay Votes

We currently provide our stockholders with the opportunity to cast an advisory vote to approve our executive compensation program (referred to as a "say-on-pay proposal") on an annual basis. At our 2018 Annual Meeting of Stockholders, a non-binding, advisory vote on the frequency of our say-on-pay proposal was presented and approximately 73% of the votes cast thereon voted in favor of the proposal. Our Compensation Committee continues to further solicit stockholder feedback and engaged WTW again in 2018, as its independent compensation consultant, to help ensure that our executive compensation aligns with our peers and that our executive's incentives are properly aligned with stockholders' interests for the long-term as discussed below in our "Compensation Discussion and

Analysis”. As noted above, we modified our annual and long-term incentive programs for 2018 to put greater emphasis on objective measures of performance and on the performance of the Company as a whole after taking into account feedback from our stockholders.

Table of Contents

Employment Agreements

We have entered into employment agreements with each of our NEOs. We believe these employment agreements help promote continuity of our management team. In July 2016, our Compensation Committee approved amended and restated employment agreements for each of our NEOs, and in July 2017 and in March 2019, the terms of the applicable agreements with each of our existing NEOs were extended. In March 2019, the terms of the applicable agreements were extended to March 2023 for Messrs. Peters and Milligan and to March 2022 for Ms. Houghton. In approving these employee agreements and in extending the terms thereof, our Compensation Committee focused on (i) internal factors, such as the achievements of the Company (including the achievements noted under “Performance Highlights”) and the responsibilities and the performance of each of our NEOs, and (ii) external factors, such as the compensation provided to comparable executives in the referenced peer group at the time the employment agreements were entered into.

The material terms of these employment agreements are described below in the applicable sections of this CD&A and in the compensation tables and narratives that follow the CD&A under the sections titled “Employment Agreements” and “Potential Payments upon Termination or Change in Control.”

Elements of our 2018 Compensation Program

In 2018, the key elements of compensation for our NEOs were base salary, non-equity incentive plan compensation and long-term equity incentive awards, as described in more detail below. In addition to these key elements, each employment agreement for our NEOs provides for severance protection under certain circumstances, as discussed below.

Base Salary

Base salary provides the fixed portion of compensation for our NEOs and is intended to attract and retain talented individuals and to reward core competence for each executive in their respective roles relative to skill, experience and contributions to us. The Compensation Committee reviews base salaries on an annual basis in relation to our peers and the executive’s roles and responsibilities within the Company. Base salaries for our NEOs were as follows:

| Executive | 2017 | 2018 | % Increase | 2019 | % Increase |
|--------------------|-----------|-----------|---------------|-----------|---------------|
| Scott D. Peters | \$900,000 | \$900,000 | 0 % | \$900,000 | 0 % |
| Robert A. Milligan | 400,000 | 500,000 | 25 | 500,000 | 0 |
| Amanda L. Houghton | 300,000 | 425,000 | 42 | 425,000 | 0 |

The base salary levels for each NEO were established in the employment agreements entered into in July 2016. These salary levels were negotiated with each executive and set at levels the Compensation Committee believed to be competitive at that time in relation to similarly situated executives with the peer companies (based on size and complexity) and the performance levels of each of our named executives. In 2017, our Compensation Committee engaged its independent compensation consultant, WTW, to review total compensation for our NEOs as it relates to the peer group jointly developed with WTW. Our Compensation Committee used this information from WTW as a reference point in making its compensation decisions. As such, the Compensation Committee increased the 2018 base salaries for Mr. Milligan and Ms. Houghton, taking into account market competitive levels and their increased responsibilities and duties.

Our Compensation Committee engaged WTW again in 2018 to review total compensation for our NEOs as it relates to the peer group which was jointly developed with WTW. Based in part on this review, the Compensation Committee made no changes to our NEOs’ base salaries for 2019.

Table of Contents

Annual Bonus

Annual cash bonuses for our NEOs are intended to reward and recognize their contributions to our financial performance generally and their individual contributions. A portion of each executive's annual cash incentive is determined based on the Company's performance against pre-established metrics. At the beginning of each performance year, our Compensation Committee determines specific performance metrics and related goals for the Company and an award opportunity range (corresponding to Threshold, Target and High levels of performance) for each of our NEOs. Our Compensation Committee believes that the Target goals established by it are "stretch" (i.e., ambitious) goals, and, accordingly, (i) that strong performance is expected of the Company and an executive in order to achieve a payout at a Target level and (ii) that superior performance is expected of the Company and the executive in order to achieve a payout above a Target level. The Compensation Committee includes an assessment of each NEO's individual performance in the bonus program for a number of reasons, including the competitive industry in which the Company operates, the small size of the Company's executive team, and the material responsibilities of each member of the executive team. In 2018, the Compensation Committee established an updated framework for executive compensation. For all NEOs, 70% of the bonus is determined by our Compensation Committee based upon the Company's performance against pre-established goals, and 30% of the bonus is determined by our Compensation Committee based on its subjective assessment of the executive's individual performance.

Company Performance Metrics. Set forth below is a summary of the performance metrics for our 2018 bonus program and the reasons our Compensation Committee believes each performance metric is an important component of our pay-for-performance philosophy.

| Performance Metric | Important Component |
|---------------------------------|--|
| Same-Property Cash NOI Growth | We believe Same-Property Cash NOI is an important and widely recognized measure of internal growth for REITs, which is the foundation for the cash flows that support our dividend and an important component of TSR. For a further description of Same-Property Cash NOI, see "Non-GAAP Financial Measures" below. |
| Normalized FFO Per Share Growth | Normalized FFO is a common measure of operating performance for REITs because FFO excludes, among other items, transaction expenses and the effect of gains and losses from OP Units included in diluted shares and extinguishment of debt in order to allow investors, analysts and management to compare operating performance among companies and across periods on a consistent basis. A REIT's Normalized FFO can have a significant impact on the trading price of its common stock and is, therefore, a significant contributor to TSR. For a further description of Normalized FFO, see "Non-GAAP Financial Measures" below. |
| Relative TSR | We believe TSR is the most direct measure of a company's creation and preservation of stockholder value and that measuring TSR relative to other companies in the industry provides a better picture of a company's performance than absolute TSR. For 2018, this metric measures our one-year TSR as compared to the SNL US REIT Healthcare Index as of the last trading day of the year. |
| Net Debt to Adjusted EBITDAre | For 2018, we measured our balance sheet strength through a leverage metric of net debt to Adjusted EBITDAre, which we believe is fundamental to preserving stockholder value. We changed our leverage calculation to this metric to avoid various market fluctuations. We believe a strong balance sheet positions us to continue to execute our acquisition strategy, which is important to our growth. Our ability to access various capital markets and our efficiency in accessing those markets are important to our long-term stockholder value because our overall cost of capital is a critical component of our ability to improve earnings with accretive acquisitions. |

Table of Contents

The following table sets forth the performance metrics and goals approved by our Compensation Committee at the beginning of 2018 to measure 2018 corporate performance after the end of 2018, the relative weighting for each performance metric and the actual performance level achieved. The metrics set forth below are established on an annual basis and reviewed to ensure Target levels set forth below are established at or above our peer group average results. Performance at the Threshold, Target and High levels for a particular performance metric equates to award percentages of 50%, 100% and 150% of the bonus opportunity allocated to that metric, respectively. Award percentages are not pro-rated for performance between the stated levels, but performance levels are subject to rounding.

| Metric | Weighting | Threshold (50%) | Target (100%) | High (150%) | Actual Performance | % Awarded (1) |
|---------------------------------|-----------|----------------------------|---------------------------|----------------------------|-----------------------|---------------------|
| Same-Property Cash NOI growth | 30 % | 2.0 | % 2.5 | % 3.0 | % 2.5 | % 30 % |
| Normalized FFO Per Share Growth | 20 % | 4.0 | % 5.0 | % 6.0 | % (0.6 |)% 0 % |
| Relative TSR | 30 % | Lower Quartile (25%) | Avg. Quartile (50%) | Upper Quartile (75%) | Bottom Quartile | 0 % |
| Net Debt to Adjusted EBITDAre | 20 % | 6.0x | 5.75x | 5.5x | 5.4x | 30 % |

(1) Represents the award percentage for the applicable metric based on performance, multiplied by the weighting for that metric, adjusted if the actual performance measure falls between award percentages.

Based on these performance results, our Compensation Committee determined that each of our NEOs would be awarded 60% of their target bonus related to the Company performance component of the cash bonus program. Individual Performance. Factors generally considered by the Compensation Committee in the assessment of individual performance for each executive include: (i) effectively implementing targeted acquisition strategies; (ii) effectively raising capital, promoting the Company in the capital markets, and effectively communicating with investors; (iii) effectively managing and leasing our portfolio; and (iv) effectively managing a strong balance sheet. In each case, the Compensation Committee may take into account such other factors as it considers relevant in assessing the executive's performance. No individual goals were set in advance by the Compensation Committee, and no weighting or special emphasis was assigned to any particular performance achievement.

Mr. Peters provides our Compensation Committee with recommendations for individual performance for each NEO (other than himself) based on his assessment of the executive's achievements during the year. Our Compensation Committee assesses Mr. Peters' performance based on his individual achievements during the year to determine his individual performance score. Set forth below are the principal factors considered by the Compensation Committee in assessing each NEO's individual performance during 2018.

Name 2018 Accomplishments

Scott D. Peters In 2018, Mr. Peters navigated the Company's strategy through a challenging market environment by adjusting our executive team and Company focus to reflect these market conditions. Mr. Peters' accomplishments during 2018 included the following:

Achievement - Target • led the Company's strategy by driving financial results through internal growth while maintaining a strong balance sheet and reducing our cost of capital;
 • helped drive our strong internal full-service operating platform performance by delivering Same-Property Cash NOI growth of 2.5%, a 20 basis point increase in our leasing rate of 92.0%, while overseeing the execution of 2.8 million of GLA of new and renewal leases, and achieving a run rate on our 2017 investments of approximately 5.4% and an increased yield on these investments of 50 basis points since the closing of such investments;

- directed the disposition of \$308.6 million of assets which generated net gains of \$166 million at unlevered returns of over 13%, which made capital available to invest in our key markets; and
- facilitated the achievement of the personal goals of all of our executive officers and drove excellence as a key component of our culture and organization.

Table of Contents

| | |
|----------------------|---|
| Name | 2018 Accomplishments |
| Robert A. Milligan | <ul style="list-style-type: none"> • managed the Company's financial position and capital allocation by lowering our leverage to 31.3%, measured as debt less cash and cash equivalents to total capitalization and 5.4x, measured as debt less cash and cash equivalents to Adjusted EBITDAre, and increasing our liquidity to \$1.1 billion, while maintaining strong BBB/Baa2 ratings; • assisted in driving the closing of \$308.6 million of non-core assets at forward cap rates in the low 5's that generated net gains of \$166.0 million, completed \$87 million of developments acquired from the Duke acquisition and announced two new development/redevelopments totaling \$71 million of investments at a 6.5% blended yield; |
| Achievement - Target | <ul style="list-style-type: none"> • repurchased \$67.2 million of outstanding common stock under our stock repurchase plan at an implied cap rate of 6%; • utilized cash flows from disposition proceeds and the forward equity agreement to pay down over \$241 million in outstanding secured mortgage loans, including the settlement of three cash flow hedges; and • provided leadership in managing improvements in our accounting and finance departments that increased efficiency and helped position us for future growth. |
| Amanda L. Houghton | <ul style="list-style-type: none"> • drove Same-Property Cash NOI for the portfolio to 2.5%, which resulted in 2.2% in base revenue growth and expense savings which drove base margin expansion 20 basis points; • executed 2.8 million square feet of GLA of new and renewal leases, or over 12%, of the total GLA of our portfolio and increased re-leasing spreads to 2.6% while tenant retention for our Same-Property portfolio was 81% by GLA; |
| Achievement - Target | <ul style="list-style-type: none"> • increased our portfolio leased rate 20 basis points to 92.0%; • achieved approximately \$7 million of operating synergies from our 2017 investments; and • drove efficiencies, strong tenant and health system relationships, and strategic partnerships through our institutional full-service operating platform. |

Based on the above achievements in 2018, the Compensation Committee applied an individual performance rating of 100% for each NEO. This reflects the Compensation Committee's assessment of the target performance of the Company and its view of the NEOs individual achievements, including driving solid financial results consecutively year over year. Although the Compensation Committee viewed our NEO's individual performance as high, the Compensation Committee rated the individual performance of our NEOs as target to reflect the Company's overall TSR compared to our Healthcare REIT and Size-Based peers.

These assessments were not based on specifically prescribed criteria established at the beginning of 2018 but, rather, were based on a subjective determination by our Compensation Committee of a combination of factors relevant to each executive's position and individual performance that were important to helping the Company achieve its short-term and long-term corporate objectives.

The following table sets forth the range of the 2018 bonus opportunity for each of our NEOs and the actual bonus amounts awarded to each NEO for their respective 2018 performance, taking into account the Company and individual performance assessments described above. The Target bonus percentage is established in each NEO's employment agreement. The Compensation Committee established Threshold and High percentages based on 50% and 150%, respectively, of each NEO's Target percentage.

| Executive | Range of 2018 Bonus Opportunities | | | 2018 Bonus Earned | |
|--------------------|-----------------------------------|-------------|-------------|-----------------------------------|-------------|
| | Threshold | Target | High | Actual % of Target ⁽¹⁾ | Amount |
| Scott D. Peters | \$900,000 | \$1,800,000 | \$2,700,000 | 72% | \$1,296,000 |
| Robert A. Milligan | 250,000 | 500,000 | 750,000 | 72% | 360,000 |
| Amanda L. Houghton | 212,500 | 425,000 | 637,500 | 72% | 306,000 |

(1) Represents the sum of (i) the Company performance factor (which was 60% based on 2018 performance as described above) multiplied by the weighting of this component for each executive (70%) and (ii) the individual performance factor for each executive (which was 100% based on 2018 performance as described above) multiplied by the weighting of this component for each executive (30%).

39

Table of Contents

Long-Term Equity Incentives

Our NEOs participate each year in our long-term incentive program. The objectives of our long-term incentive program are to promote achievement of performance goals, to focus our executive officers on creating long-term value for our stockholders, and to assist us in attracting and retaining key executives. Based on feedback from stockholders and our independent compensation consultant, the Compensation Committee established an updated evaluation framework for its 2018 long-term equity incentive plan and aligned all NEOs' long-term equity incentives with that of their short-term incentives. For all NEOs, long-term incentive awards awarded in early 2019 based on 2018 performance increased from 50% to 70% for the Compensation Committee's assessment of our achievement of corporate goals identified below, and from 50% to 30% for the Compensation Committee's assessment of our executives' individual performance during the applicable year.

In addition, the Compensation Committee eliminated the subjective and discretionary Company measurements of (i) proactive asset management, (ii) financial flexibility, and (iii) franchise value, that had been used for long-term incentives in prior years. Instead, the Compensation Committee utilized the following four objective measurements to determine the Company performance portion of the award: (i) relative TSR; (ii) Same-Property Cash NOI growth; (iii) net debt to Adjusted EBITDAre; and (iv) Normalized FFO per share growth. Although we have similar Company performance metrics for our short-term and long-term incentives, these metrics have significantly different weightings and measurements. The Company performance metrics for our long-term equity incentives is measured over a multi-year period to reflect our long-term focus.

For each NEO a range of potential award values, expressed in each case as a dollar amount, is established at the beginning of the applicable performance year corresponding to three levels of performance (i.e., Threshold, Target, and High) for long-term incentive compensation. Performance at the Threshold, Target and High levels for a particular performance metric equate to award percentages of 50%, 100% and 150%, respectively, of the long-term incentive opportunity allocated to that metric.

The amounts awarded under the long-term incentive program are determined by the Compensation Committee following the performance year in the form of restricted shares of our common stock. The number of shares of our common stock awarded is determined by converting the dollar value of the award into shares of our common stock using the closing price of our common stock on the day prior to our grant date. The shares of our common stock awarded to each executive under the program are then subject to a multi-year vesting schedule following the performance year. The Compensation Committee believes that this structure creates additional incentives for our executives to achieve superior Company and individual performance during the performance year, as well as an additional retention incentive to remain with the Company through the awards' vesting dates and further alignment of our executives' interests with those of our stockholders through our executives' ownership of the Company's common stock.

Company Performance Metrics. At the beginning of 2018, our Compensation Committee approved the Company performance metrics for 2018 to be used in determining the levels of the 2019 long-term equity incentive awards to be granted to our executives in early 2019. See the discussion in the section titled "Annual Bonus - Company Performance Metrics" above for a summary of the performance metrics and the reasons our Compensation Committee believes each performance metric is an important component of our pay-for-performance philosophy.

Table of Contents

For all NEOs, 70% of the value of their long-term incentive compensation award is determined by our Compensation Committee based upon the Company’s performance, and 30% of the value of their long-term compensation award is based on individual performance achievements as determined by our Compensation Committee on a discretionary basis at the end of the performance year. The metrics set forth below are established on an annual basis and reviewed to help ensure Target levels set forth below are established at or above our SNL HC REIT Index peers. The Company performance metrics for 2018, as well as the achievement level for each metric, were as follows:

| Company Performance | Weighting | Threshold | Target | High | Actual Performance | % Awarded (1) |
|---|-----------|----------------------|---------------------|----------------------|--------------------|---------------|
| Four-year TSR vs SNL US REIT Healthcare Index (expressed in percentile) | 50 % | Lower Quartile (25%) | Avg. Quartile (50%) | Upper Quartile (75%) | Avg. Quartile | 50 % |
| Four-year Same-Property Cash NOI Growth | 25 % | 2.0 % | 2.5 % | 3.0 % | 2.8 % | 32 % |
| Four-year Normalized FFO Per Share Growth | 10 % | 16 % | 20 % | 24 % | 10 % | 0 % |
| Net Debt to Adjusted EBITDAre | 15 % | 6.0x | 5.75x | 5.5x | 5.4x | 23 % |

(1) Represents the award percentage for the applicable metric based on performance, multiplied by the weighting for that metric, adjusted if the actual performance measure falls between award percentages.

| Component | 2018 Achievement |
|---|--|
| Four-year TSR vs SNL US REIT Healthcare Index | Over the last four years, we have generated total stockholder returns of approximately 11%. This placed us in the middle two quartile performance relative to our peers. |
| Four-year Same-Property Cash NOI Growth | Same-Property Cash NOI was 2.5% for the year. This achievement marks the fourth year of consistent quarterly growth of approximately 2.5% or more. This growth allowed us to increase our dividend by 1.6% for the year as well as contributing to our TSR growth as noted above. |
| Four-year Normalized FFO Per Share Growth | Over the last four years, our Normalized FFO per share growth has increased approximately 10% to \$1.62 per diluted share as of December 31, 2018. This achievement is due to our disciplined record of acquiring and developing MOBs with strong accretion and growth in our key markets. |
| Net Debt to Adjusted EBITDAre | We had total leverage of 31.3%, measured as debt less cash and cash equivalents to total capitalization, and 5.4x, measured as debt less cash and cash equivalents to Adjusted EBITDAre. As of December 31, 2018, we had total liquidity of \$1.1 billion, including cash and cash equivalents of \$126.2 million and \$1.0 billion available under our unsecured revolving credit facility. |

Based on these performance results, our Compensation Committee determined that all NEOs would be awarded 105% of their long-term incentive related to Company performance.

Individual Performance

For the Compensation Committee’s assessment of each executive’s individual performance during 2018, see the discussion in the section titled “Annual Bonus - Individual Performance” above in this CD&A.

The following table sets forth the range of the 2018 long-term incentive opportunity for each of our NEOs and the actual equity grant levels awarded for each executive for their respective 2018 performance. The Threshold, Target and High amounts for each of our NEOs were determined at the discretion of our Compensation Committee and set at the same levels for each executive as used for the 2016 and 2017 long-term incentive opportunity.

| Executive | Threshold | Target | High | Actual % of Amount |
|-----------|-----------|--------|------|--------------------|
|-----------|-----------|--------|------|--------------------|

| | (50%) | (100%) | (150%) | Target ⁽¹⁾ | |
|--------------------|-------------|-------------|-------------|-----------------------|-------------|
| Scott D. Peters | \$1,800,000 | \$3,600,000 | \$5,400,000 | 104% | \$3,726,000 |
| Robert A. Milligan | 500,000 | 1,000,000 | 1,500,000 | 104% | 1,035,000 |
| Amanda L. Houghton | 425,000 | 850,000 | 1,275,000 | 104% | 879,750 |

(1) Represents the sum of (i) the Company performance factor (which was 105% based on 2018 four-year performance as described above) multiplied by the weighting of this component for each executive (70%) and (ii) the individual performance factor for each executive (which was 100% based on 2018 target performance) multiplied by the weighting of this component for each executive (30%).

Table of Contents

Accordingly, each NEO received an award of restricted common stock on January 2, 2019, with the number of shares subject to each award being the amount awarded based on 2018 performance set forth in the table above, divided by \$25.31, which was the closing price of our common stock on the last trading day prior to the grant date. The grant to Mr. Peters vested one-third on the grant date, and the remainder of the grant vests in two annual installments. The grant to each of our other NEOs vests in three annual installments.

Under applicable accounting rules, the NEOs' awards under our 2018 equity program were not considered "granted" until January 2019 when the Compensation Committee determined the dollar values of the restricted common stock to be awarded to each executive. In accordance with SEC rules, these grants will be reflected in the compensation tables of next year's proxy statement as compensation to each executive in 2019. The compensation tables below in this proxy statement reflect the grants of restricted common stock made to our NEOs early in 2018 pursuant to our 2017 equity incentive program. For a description of the Compensation Committee's process for determining these awards, please see the proxy statement filed for our 2018 Annual Meeting of Stockholders.

As described in the Proxy Statement for our 2018 Annual Meeting, the Compensation Committee awarded Mr. Milligan's bonus for 2017 in the form of restricted shares of the Company's common stock. The grant was made in February 2018 and, in accordance with the SEC rules, is included in Mr. Milligan's compensation for 2018 in the tables below.

Severance Benefits

Our Compensation Committee believes that the severance protections included in our NEOs' employment agreements can be a valuable tool in attracting and retaining key executive officers. Our Compensation Committee determines the level of severance benefits to provide to each NEO on a case-by-case basis and, in general, considers these severance protections an important part of an executive's compensation and to be consistent with competitive market practices. As described in more detail under the section titled "Potential Payments upon Termination or Change in Control" below, our NEOs would be entitled under their employment agreements to severance benefits in the event of a termination of employment by us without "Cause" or by the executive for "Good Reason," as defined in the applicable employment agreement.

Table of Contents

COMPENSATION COMMITTEE REPORT

The Compensation Committee oversees our compensation program on behalf of our Board of Directors. In fulfilling its oversight responsibilities, the Compensation Committee reviewed and discussed with management the “Compensation Discussion and Analysis” included in this proxy statement.

In reliance on the review and discussion referred to above, the Compensation Committee recommended to our Board of Directors that the “Compensation Discussion and Analysis” be included in our proxy statement on Schedule 14A filed in connection with our 2019 Annual Meeting of Stockholders.

This report shall not be deemed to be “soliciting material,” shall not be deemed to be incorporated by reference by any general statement incorporating by reference our proxy statement into any filing under the Securities Act or the Exchange Act, except to the extent that we specifically incorporate it by reference into such filing, and shall not otherwise be deemed filed under such Acts. This report is provided by the following independent directors, who constitute our Compensation Committee:

Warren D. Fix, Chairman
W. Bradley Blair, II
Vicki U. Booth
Maurice J. DeWald
Peter N. Foss
Daniel S. Henson

Table of Contents

COMPENSATION OF EXECUTIVE OFFICERS

Executive Compensation

Summary Compensation Table - Fiscal 2018, 2017 and 2016

The summary compensation table below reflects the total compensation earned by our NEOs for the years ended December 31, 2018, 2017 and 2016.

| Name and Principal Position | Year | Salary (\$) | Bonus (\$) | Stock Awards (\$) ⁽¹⁾ | Non-Equity Incentive Plan Compensation (\$) | All Other Compensation (\$) ⁽²⁾ | Total (\$) |
|---|------|-------------|------------|----------------------------------|---|--|------------|
| Scott D. Peters ⁽³⁾ Chief Executive Officer, President and Chairman (Principal Executive Officer) | 2018 | 900,000 | — | 4,657,496 | 1,296,000 | 17,871 | 6,871,367 |
| | 2017 | 900,000 | 2,000,000 | 2,999,960 | 2,574,000 | 17,014 | 8,490,974 |
| | 2016 | 850,000 | — | 7,113,008 | 2,346,000 | 19,572 | 10,328,580 |
| Robert A. Milligan ⁽⁴⁾ Chief Financial Officer, Secretary and Treasurer (Principal Financial Officer) | 2018 | 500,000 | — | 1,420,007 | 360,000 | 17,087 | 2,297,094 |
| | 2017 | 400,000 | 1,000,000 | 699,979 | — | 17,614 | 2,117,593 |
| | 2016 | 350,000 | 100,000 | 800,025 | 490,000 | 17,672 | 1,757,697 |
| Amanda L. Houghton ⁽⁵⁾ Executive Vice President - Asset Management | 2018 | 425,000 | — | 1,000,006 | 306,000 | 18,471 | 1,749,477 |
| | 2017 | 300,000 | — | 300,008 | 430,500 | 17,614 | 1,048,122 |
| | 2016 | 274,038 | — | 400,011 | 250,000 | 17,672 | 941,721 |

(1) Reflects the aggregate grant date fair value of awards granted to the NEOs in the reported year. For more information regarding the grant date fair value of awards of restricted common stock, see Note 10, Stockholders' Equity and Partners' Capital, of the Company's financial statements filed with the SEC as part of the 2018 Annual Report.

As described in the CD&A, we generally grant annual equity awards to our executives early in the fiscal year at levels determined based on Company and individual performance during the prior year. Under SEC rules, equity awards are reported in the Summary Compensation Table (and the Grants of Plan-Based Awards Table below) as compensation for the year in which the award was granted (as opposed to the year in which it was earned). Accordingly, this table reports the equity awards granted to our executives in January 2018 (based on 2017 performance) as compensation for 2018, and the equity awards described in the CD&A, which were based on 2018 performance and granted in January 2019, will be reported as 2019 compensation in the proxy statement for our 2020 Annual Meeting of Stockholders.

(2) Amounts in this column for 2018 include payments for 100% of the premiums for healthcare coverage under our group health plan in the amount of \$17,871 for Mr. Peters, \$6,487 for Mr. Milligan and \$7,871 for Ms. Houghton, 401(k) match in the amount of \$10,600 for each of Mr. Milligan and Ms. Houghton. Such amounts reflect the aggregate cost to us of providing the benefit.

(3) In 2017, Mr. Peters was awarded a \$2,000,000 one-time transaction bonus for his significant efforts and accomplishments related to the 2017 Duke acquisition.

(4) In 2018, the Compensation Committee determined to award Mr. Milligan's annual bonus for 2017 in the form of a restricted stock award (to vest on December 30, 2018) rather than in cash. As the award was granted in 2018, in accordance with SEC rules, it is reported as 2018 compensation in this table and in the Grants of Plan-Based Awards table below. In 2017, Mr. Milligan was awarded a \$1,000,000 one-time transaction bonus for his significant efforts and accomplishments related to the 2017 Duke acquisition. In 2016, Mr. Milligan was awarded a \$100,000 performance bonus outside the annual bonus program.

(5) In 2016, Ms. Houghton's salary was prorated due to a leave of absence.

Employment Agreements

Our Compensation Committee approved amended and restated employment agreements in 2016 for each of our NEOs that were effective July 8, 2016. Mr. Peters' and Mr. Milligan's employment agreements provided for an initial term of

four years. Ms. Houghton's employment agreement provided for an initial term of two years. In July 2017 and March 2019, the terms of the applicable employment agreements with each of our existing NEOs were extended. In March 2019, the terms of the applicable employment agreements were extended to March 2023 for Messrs. Peters and Milligan, and to March 2022 for Ms. Houghton.

The base salary levels for each NEO were established in the employment agreements entered into in July 2016. The employment agreements for Mr. Peters, Mr. Milligan, and Ms. Houghton provide that the initial base salaries shall be \$900,000, \$400,000, and \$300,000 per annum, respectively. The NEOs' current salary levels are reported in the CD&A above. The employment agreements also provide a target annual bonus of 200% of base salary for Mr. Peters and 100% of base salary for each of Mr. Milligan and Ms. Houghton.

Table of Contents

The employment agreement for Mr. Peters also provides that his annual equity award opportunity each year commencing with 2017 will have a target value of 300% of his base salary. Each executive is also eligible to receive an annual incentive bonus based on the Company's and the applicable executive's performance as determined by our Compensation Committee. Each employment agreement also provides that the applicable executive shall be entitled to participate in the benefit plans made available generally to the Company's other senior executives, with the Company paying 100% of the premiums for health insurance coverage for the executive and his or her eligible dependents. For information on the benefits provided to the NEOs in connection with a termination of employment or a change in control of the Company, as well as certain restrictive covenants provided in each executive's employment agreement, please see "Potential Payments upon Termination or Change in Control" below.

Grants of Plan-Based Awards Table - Fiscal 2018

The following table presents information concerning plan-based awards granted to our NEOs during the year ended December 31, 2018. All equity awards were granted pursuant to the 2006 Incentive Plan. For additional information regarding the awards reflected in this table, please see the CD&A and the notes to the Summary Compensation Table above. For more information on the 2006 Incentive Plan, please see "Equity Compensation Plans" below.

| Name | Compensation Committee Approval Date | Grant Date | Estimated Future Payouts under Non- All Equity Incentive Plan Awards | | | Other Stock Awards: Number of Shares of Stock or Units (#) ⁽¹⁾ | Grant Date Fair Value of Stock and Option Awards (\$) |
|--------------------|--------------------------------------|------------|--|-------------|--------------|---|---|
| | | | Threshold (\$) | Target (\$) | Maximum (\$) | | |
| Scott D. Peters | 12/5/2017 | 1/2/2018 | — | — | — | 154,940 | 4,657,496 |
| | N/A | N/A | 900,000 | 1,800,000 | 2,700,000 | — | — |
| Robert A. Milligan | 12/5/2017 | 1/2/2018 | — | — | — | 33,267 | 1,000,006 |
| | 2/15/2018 | 2/15/2018 | — | — | — | 16,185 | 420,001 |
| Amanda L. Houghton | N/A | N/A | 250,000 | 500,000 | 750,000 | — | — |
| | 12/5/2017 | 1/2/2018 | — | — | — | 33,267 | 1,000,006 |
| | N/A | N/A | 212,500 | 425,000 | 637,500 | — | — |

(1) Each award represents a grant of restricted stock that generally vests based on the executive's continued service with the Company through the applicable vesting date. Mr. Peters' January 2, 2018 award vests in three equal installments on January 2, 2018, January 2, 2019 and January 2, 2020. The awards granted to Mr. Milligan and Ms. Houghton on January 2, 2018 vests in three equal installments on January 2, 2019, January 2, 2020 and January 2, 2021.

In addition, the award granted to Mr. Milligan on February 15, 2018 by the Compensation Committee represented his 2017 bonus that was issued in the form of restricted shares of the Company's common stock that would vest on December 30, 2018, subject to his continued employment with the Company.

Table of Contents

Outstanding Equity Awards Table at Fiscal 2018 Year-End

The following table presents information concerning outstanding equity awards held by our NEOs as of December 31, 2018. Our NEOs are generally entitled to dividends paid on unvested shares and do not hold any option awards.

| Name | Stock Awards | |
|-----------------------------------|---|---|
| | Number of Shares or Units of Stock That Have Not Vested (#) | Market Value of Shares or Units of Stock That Have Not Vested (\$) ⁽¹⁾ |
| Scott D. Peters ⁽²⁾ | 233,839 | 5,918,465 |
| Robert A. Milligan ⁽³⁾ | 81,127 | 2,053,324 |
| Amanda L. Houghton ⁽⁴⁾ | 58,645 | 1,484,305 |

(1) Based on the closing price of our common stock on the NYSE as of December 31, 2018 of \$25.31.

(2) Reflects (i) 37,500 restricted shares of our common stock, which vest and become non-forfeitable on January 1, 2019, (ii) 51,647 restricted shares of our common stock, which vest and become non-forfeitable on January 2, 2019, (iii) 34,352 restricted shares of our common stock, which vest and become non-forfeitable on January 3, 2019, (iv) 21,194 restricted shares of our common stock, which vest and become non-forfeitable on January 5, 2019, (v) 37,500 restricted shares of our common stock, which vest and become non-forfeitable on January 1, 2020 and (vi) 51,646 restricted shares of our common stock, which vest and become non-forfeitable on January 2, 2020.

(3) Reflects (i) 11,089 restricted shares of our common stock, which vest and become non-forfeitable on January 2, 2019, (ii) 15,072 restricted shares of our common stock, which vest and become non-forfeitable on January 5, 2019, (iii) 11,089 restricted shares of our common stock, which vest and become non-forfeitable on January 2, 2020, (iv) 20,611 restricted shares of our common stock, which vest and become non-forfeitable on January 3, 2020, (v) 12,177 restricted

shares of our common stock, which vest and become non-forfeitable on July 8, 2020 and (vi) 11,089 restricted shares of our common stock, which vest and become non-forfeitable on January 2, 2021.

(4) Reflects (i) 11,089 restricted shares of our common stock, which vest and become non-forfeitable on January 2, 2019, (ii) 15,072 restricted shares of our common stock, which vest and become non-forfeitable on January 5, 2019, (iii) 11,089 restricted shares of our common stock, which vest and become non-forfeitable on January 2, 2020, (iv) 10,306 restricted shares of our common stock, which vest and become non-forfeitable on January 3, 2020 and (v) 11,089 restricted shares of our common stock, which vest and become non-forfeitable on January 2, 2021.

Option Exercises and Stock Vested Table - Fiscal 2018

The following table shows the number of shares of common stock of the Company subject to stock awards that vested and the value realized upon vesting of such shares for each of the NEOs during 2018:

| Name | Stock Awards | |
|--------------------|--|---|
| | Number of Shares Acquired on Vesting (#) | Value Realized on Vesting (\$) ⁽¹⁾ |
| Scott D. Peters | 144,693 | 4,327,430 |
| Robert A. Milligan | 27,321 | 745,847 |
| Amanda L. Houghton | 14,848 | 446,331 |

(1) The value realized for restricted stock awards is based on the closing price of our common stock on the day prior to the applicable vesting date.

Potential Payments upon Termination or Change in Control

Summary of Potential Payments upon Termination of Employment. As described above, we have entered into employment agreements with each of our NEOs, which provide certain benefits to the executive in the event of his or her termination of employment with us under certain conditions. In each case, the amount of the benefits varies depending on the reason for the termination. The following is a summary of the benefits provided under each executive's employment agreement as in effect as of December 31, 2018.

Termination without Cause; Resignation for Good Reason. If, during the term of the employment agreement, we terminate the executive's employment without Cause, or he or she resigns for Good Reason (as such terms are defined in the applicable employment agreement), the executive will be entitled to the following benefits:

- A prorated bonus for the year in which the termination occurs (based on the executive's period of service during the year).

- A lump sum cash severance payment equal to:

- in the case of Mr. Peters, three times the sum of (i) his then-current base salary and (ii) his target annual bonus for the fiscal year in which the date of termination occurs; and

Table of Contents

in the case of Mr. Milligan and Ms. Houghton, two times his or her then-current base salary.

Payment by the Company of premiums to continue healthcare coverage under COBRA for 18 months in the case of Mr. Peters, or six months in the case of Mr. Milligan and Ms. Houghton.

- Immediate vesting of the executive's then-outstanding and unvested equity awards.

In each case, the executive's right to receive the severance benefits described above is contingent on the executive providing a general release of claims in favor of the Company.

Disability. If we terminate the executive's employment by reason of his or her disability, the executive will be entitled to payment by the Company of premiums to continue healthcare coverage under COBRA, for 18 months in the case of Mr. Peters, or six months in the case of Mr. Milligan and Ms. Houghton. In addition, the executive's then-outstanding and unvested equity awards will become immediately vested.

Death. In the event of a termination due to death, the executive's then-outstanding and unvested equity awards will become immediately vested.

Non-Compete Agreement and Non-Solicitation Covenants. Each NEO's employment agreement includes non-competition and non-solicitation covenants in favor of the Company. If the Company elects upon the executive's termination of employment to enforce the non-competition covenant, the covenant would generally apply for one year following the executive's termination of employment, and if the executive's employment terminated for any reason other than by the Company for Cause or due to the executive's death, the Company would be required to pay the executive an amount equal to 60% of the sum of the executive's base salary in effect on the termination date and the executive's annual bonus for the year preceding the year in which the termination date occurred (or, in Mr. Peters' case, 75% of such sum). In addition, if the executive's employment with us terminates upon or following the expiration of the term of his or her employment agreement, the executive's equity-based awards will generally remain outstanding and eligible to vest for up to two years following the termination date, subject to the executive's compliance with the non-competition covenant through the applicable vesting date. In each case, the executive would also be subject to a covenant not to solicit our customers, vendors, or employees for one year after the executive's termination date. These agreements also limit each executive's ability to disclose or use any of our confidential business information or practices.

Table of Contents

The following table summarizes the value of the termination payments and benefits that each of our NEOs would receive if he or she had terminated employment with us on December 31, 2018 under the circumstances shown. No such termination payments or benefits would be payable to a NEO upon a termination by the Company for Cause. The amounts shown in the tables do not include accrued but unpaid salary, earned annual bonus for 2018, or payments and benefits to the extent they are provided on a non-discriminatory basis to salaried employees generally upon termination of employment.

| Name | Termination | | | |
|--|--------------------------------------|---|------------------|------------------|
| | Resignation Without Good Reason (\$) | Without Cause or Resignation For Good Reason (\$) | Death (\$) | Disability (\$) |
| Scott D. Peters | | | | |
| Cash Severance ⁽¹⁾ | — | 8,100,000 | — | — |
| Benefit Continuation ⁽²⁾ | — | 32,520 | — | 32,520 |
| Value of Unvested Equity Awards ⁽³⁾ | — | 5,918,465 | 5,918,465 | 5,918,465 |
| Non-Compete Payment ⁽⁴⁾ | 2,605,500 | 2,605,500 | — | 2,605,500 |
| Total | 2,605,500 | 16,656,485 | 5,918,465 | 8,556,485 |
| Robert A. Milligan | | | | |
| Cash Severance ⁽⁵⁾ | — | 1,000,000 | — | — |
| Benefit Continuation ⁽²⁾ | — | 5,568 | — | 5,568 |
| Value of Unvested Equity Awards ⁽³⁾ | — | 2,053,324 | 2,053,324 | 2,053,324 |
| Non-Compete Payment ⁽⁴⁾ | 552,001 | 552,001 | — | 552,001 |
| Total | 552,001 | 3,610,893 | 2,053,324 | 2,610,893 |
| Amanda L. Houghton | | | | |
| Cash Severance ⁽⁵⁾ | — | 850,000 | — | — |
| Benefit Continuation ⁽²⁾ | — | 10,842 | — | 10,842 |
| Value of Unvested Equity Awards ⁽³⁾ | — | 1,484,305 | 1,484,305 | 1,484,305 |
| Non-Compete Payment ⁽⁴⁾ | 513,300 | 513,300 | — | 513,300 |
| Total | 513,300 | 2,858,447 | 1,484,305 | 2,008,447 |

(1) Represents a lump sum cash severance payment equal to three times the sum of (i) Mr. Peters' then-current base salary and (ii) his then-current target bonus.

(2) Represents company-paid COBRA for medical, dental and vision coverage based on 2018 rates for (i) 18 months in the case of Mr. Peters, or (ii) six months in the case of Mr. Milligan and Ms. Houghton.

(3) Represents the value of unvested equity awards that vest upon the designated event pursuant to the executive's employment agreement as described above. Awards of restricted common stock are valued based upon the closing price of our common stock on the NYSE as of December 31, 2018 of \$25.31.

(4) As noted above, the Company may elect to have the executive be subject to a non-competition covenant for one year following the executive's termination of employment, subject to the Company making a payment to the executive if the termination is for any reason other than by the Company for Cause or due to the executive's death. This amount represents 60% of the sum of the executive's base salary in effect on December 31, 2018 and the executive's annual bonus for 2017 (or, in Mr. Peters' case, 75% of such sum).

(5) Represents a lump sum cash severance payment equal to two times the executive's then-current base salary.

Table of Contents

Summary of Potential Payments upon a Change in Control. No NEO would be entitled to cash benefits or accelerated vesting of equity awards simply because a change in control of the Company occurs. Pursuant to the 2006 Incentive Plan, equity awards under the plan (including awards held by our NEOs) would generally vest upon the occurrence of a change in control of the Company (as defined in the plan) only if they are not assumed or otherwise continued after the transaction or, in the event such award is assumed or otherwise continued after the transaction, if the holder's employment is terminated by us without Cause or by the holder for Good Reason within one year after the change in control. The following table summarizes the value of each executive's outstanding equity awards that may have vested in connection with a change in control as of December 31, 2018.

| Name | Change in Control (\$) |
|--|------------------------------|
| Scott D. Peters | |
| Value of Unvested Equity Awards ⁽¹⁾ | 5,918,465 |
| Total | 5,918,465 |
| Robert A. Milligan | |
| Value of Unvested Equity Awards ⁽¹⁾ | 2,053,324 |
| Total | 2,053,324 |
| Amanda L. Houghton | |
| Value of Unvested Equity Awards ⁽¹⁾ | 1,484,305 |
| Total | 1,484,305 |

(1) Represents the value of unvested awards of restricted common stock, which are valued based upon the closing price of our common stock on the NYSE as of December 31, 2018 of \$25.31.

CEO Pay Ratio

Pursuant to the Exchange Act we are required to disclose in this proxy statement the ratio of the total annual compensation of our CEO to the median of the total annual compensation of all of our employees (excluding our CEO). Based on SEC rules for this disclosure and applying the methodology described below, we have determined that our CEO's total compensation for 2018 was \$6,853,496 and the median of the total compensation of all of our employees (excluding our CEO) for 2018 was \$67,437. Accordingly, we estimate the ratio of our CEO's total compensation for 2018 to the median of the total compensation of all of our employees (excluding our CEO) for 2018 to be 102 to 1.

We selected December 31, 2018, which is a date within the last three months of fiscal 2018, as the date we would use to identify our median employee. To find the median of the annual total compensation of all our employees (excluding our CEO), we used the amount of the employee's base compensation and cash bonuses, as well as stock awards granted to the employee during 2018 (based on the grant date fair value of the awards as determined for accounting purposes). All other compensation, such as premiums for healthcare coverage and 401(k) matching arrangements that are included in the "Summary Compensation Table" above, are not included in this calculation as they are deemed immaterial and would result in no change to the pay ratio above. In making this determination, we annualized compensation for those employees who did not work for the Company for the entire fiscal year. We did not make any cost-of-living adjustments in identifying the median employee.

This pay ratio is an estimate calculated in a manner consistent with SEC rules based on the methodology described above. The SEC rules for identifying the median compensated employee and calculating the pay ratio based on that employee's annual total compensation allow companies to adopt a variety of methodologies, to apply certain exclusions, and to make reasonable estimates and assumptions. As such, the pay ratio reported by other companies may not be comparable to the pay ratio reported above, as other companies may have different employment and compensation practices and may utilize different methodologies, exclusions, estimates and assumptions in calculating their own pay ratios.

Table of Contents

EQUITY COMPENSATION PLANS

The following table gives information as of December 31, 2018 about our common stock that may be issued under the 2006 Incentive Plan.

| Plan Category ⁽¹⁾ | Number of Securities to be Issued Upon Exercise of Outstanding Options, Warrants and Rights (#) ⁽²⁾ | Weighted-Average Exercise Price of Outstanding Options, Warrants and Rights (#) | Number of Securities Remaining Available for Future Issuance Under Equity Compensation Plans (#) |
|--|--|---|--|
| Equity compensation plans approved by security holders | 140,840 | — | — |
| Equity compensation plans not approved by security holders | 1,019,000 | — | 1,385,001 |
| Total | 1,159,840 | — | 1,385,001 |

(1) The 2006 Incentive Plan was initially approved by our stockholders. In February 2011, our Board of Directors approved an increase in the shares of the Company's common stock that may be issued under the plan from 1,000,000 to 5,000,000. This increase was not approved by stockholders. Accordingly, the remaining shares under the plan are reflected in the table above under "Equity compensation plans not approved by security holders."

(2) Does not include 623,419 outstanding restricted shares granted under the 2006 Incentive Plan.

2006 Incentive Plan
We have adopted the 2006 Incentive Plan, which we use to attract and retain qualified independent directors, employees, officers and consultants providing services to us who are considered essential to our long-term success by offering these individuals an opportunity to participate in our growth through awards in the form of, or based on, our common stock. The 2006 Incentive Plan provides for granting awards in the following forms:

- options to purchase shares of our common stock;
- stock appreciation rights, which give the holder the right to receive the difference between the fair market value per share on the date of exercise over the grant price;
- performance awards, which are payable in cash or stock upon the attainment of specified performance goals;
- restricted common stock, which is subject to restrictions on transferability and other restrictions set by the Compensation Committee;
- restricted stock units, which give the holder the right to receive shares of our common stock, or the equivalent value in cash or other property, in the future;
- deferred stock units, which give the holder the right to receive shares of our common stock, or the equivalent value in cash or other property, at a future time;
- dividend equivalents, which entitle the participant to payments equal to any dividends paid on the shares of our common stock underlying an award; and/or
- other stock based awards in the discretion of the plan administrator, including unrestricted stock grants and units of our operating partnership.

Any such awards will provide for exercise prices, where applicable, that are not less than the fair market value of our common stock on the date of the grant. Any shares issued under the incentive stock plan will be subject to the ownership limits contained in our charter.

Our Board of Directors or a committee of our independent directors administers the 2006 Incentive Plan, with sole authority to select participants, determine the types of awards to be granted and all of the terms and conditions of the awards, including whether the grant, vesting or settlement of awards may be subject to the attainment of one or more performance goals. No awards will be granted under the plan if the grant, vesting and/or exercise of the awards would

jeopardize our qualification as a REIT under the Internal Revenue Code (the “Code”) or otherwise violate the ownership and transfer restrictions imposed under our charter.

50

Table of Contents

The maximum number of shares of our common stock that may be issued upon the exercise or grant of an award under the 2006 Incentive Plan is 5,000,000. In the event of a non-reciprocal corporate transaction that causes the per share value of our common stock to change, such as a stock dividend, stock split, spin-off, rights offering, or large nonrecurring cash dividend, the share authorization limits of the incentive stock plan will be adjusted proportionately. Except as described in the next sentence, shares that are subject to or underlie awards which expire or for any reason are cancelled or terminated, are forfeited, fail to vest, or for any other reason are not paid or delivered under the 2006 Incentive Plan will again be available for subsequent awards under the plan. Shares that are exchanged by a participant or withheld by the Company to pay the exercise price of an award granted under the 2006 Incentive Plan, as well as any shares exchanged or withheld to satisfy the tax withholding obligations related to any award, will not be available for subsequent awards under the plan. To the extent that an award is settled in cash or in a form other than shares, the shares that would have been delivered had there been no such cash or other settlement will again be available for subsequent awards under the 2006 Incentive Plan. To the extent that shares are delivered pursuant to the exercise of a stock appreciation right or stock option granted under the 2006 Incentive Plan, the number of underlying shares as to which the exercise related shall be counted against the applicable share limits, as opposed to only counting the shares actually issued. By way of example only, if a stock appreciation right relates to 100,000 shares and is exercised at a time when the payment due to the participant is 15,000 shares, 100,000 shares shall be charged against the applicable share limits with respect to such exercise.

Unless otherwise provided in an award certificate or any special plan document governing an award, upon the termination of a participant's service due to death or disability (as defined in the plan):

- all of that participant's outstanding options and stock appreciation rights will become fully vested and exercisable;
- all time-based vesting restrictions on that participant's outstanding awards will lapse; and
- the payout level under all of that participant's outstanding performance-based awards will be determined and deemed to have been earned based upon an assumed achievement of all relevant performance goals at the "target" level, and the awards will payout on a pro rata basis, based on the time within the performance period that has elapsed prior to the date of termination.

Unless otherwise provided in an award certificate or any special plan document governing an award, upon the occurrence of a change in control of the Company (as defined in the plan) in which awards are not assumed by the surviving entity or otherwise equitably converted or substituted in connection with the change in control in a manner approved by the Compensation Committee or our Board of Directors:

- all outstanding options and stock appreciation rights and other outstanding awards in the nature of rights that may be exercised will become fully vested and exercisable;
- all time-based vesting restrictions on outstanding awards will lapse as of the date of termination; and
- the payout level under outstanding performance-based awards will be determined and deemed to have been earned as of the effective date of the change in control based upon an assumed achievement of all relevant performance goals at the "target" level, and the awards will payout on a pro rata basis, based on the time within the performance period that has elapsed prior to the change in control.

In addition, with respect to awards assumed by the surviving entity or otherwise equitably converted or substituted in connection with a change in control, if within one year after the effective date of the change in control, a participant's employment is terminated without cause or the participant resigns for good reason (as such terms are defined in the plan), then:

- all of that participant's outstanding options, stock appreciation rights and other awards in the nature of rights that may be exercised will become fully vested and exercisable;
- all time-based vesting restrictions on that participant's outstanding awards will lapse as of the date of termination; and
- the payout level under all of that participant's performance-based awards that were outstanding immediately prior to effective time of the change in control will be determined and deemed to have been earned as of the date of termination based upon an assumed achievement of all relevant performance goals at the "target" level, and the awards will payout on a pro rata basis, based on the time within the performance period that has elapsed prior to the date of termination.

Table of Contents

The 2006 Incentive Plan will automatically expire on the tenth anniversary of the date on which it is adopted, unless extended or earlier terminated by the Board of Directors. The Board of Directors may terminate the plan at any time, but such termination will have no adverse impact on any award that is outstanding at the time of such termination. The Board of Directors may amend the plan at any time, but any amendment would be subject to stockholder approval if, in the reasonable judgment of the Board of Directors, stockholder approval would be required by any law, regulation or rule applicable to the plan. No termination or amendment of the plan may, without the written consent of the participant, reduce or diminish the value of an outstanding award determined as if the award had been exercised, vested, cashed in or otherwise settled on the date of such amendment or termination. The Board of Directors may amend or terminate outstanding awards, but those amendments may require consent of the participant and, unless approved by the stockholders or otherwise permitted by the anti-dilution provisions of the plan, the exercise price of an outstanding option may not be reduced, directly or indirectly, and the original term of an option may not be extended.

Under Section 162(m) of the Code, a public company generally may not deduct compensation in excess of \$1 million paid to its Chief Executive Officer and certain other executive officers. As a qualifying REIT, the Company does not pay federal income tax; therefore, the unavailability of the Section 162(m) compensation deduction to these amounts did not result in any increase in the Company's federal income tax obligations and, accordingly, the Compensation Committee has not adopted a policy requiring all compensation to be deductible.

Table of Contents

PROPOSAL NO. 3

RATIFICATION OF APPOINTMENT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

Our Audit Committee has appointed Deloitte to be our independent registered public accounting firm for the year ending December 31, 2019. A representative of Deloitte is expected to be present at the 2019 Annual Meeting of Stockholders and will have an opportunity to make a statement if he or she so desires. The representative also will be available to respond to appropriate questions from the stockholders.

Although it is not required to do so, the Board of Directors is submitting the Audit Committee's appointment of our independent registered public accounting firm for ratification by the stockholders at the 2019 Annual Meeting of Stockholders in order to ascertain the views of the stockholders regarding such appointment as a matter of good corporate practice. If the stockholders should not ratify the appointment of our independent registered public accounting firm, the Audit Committee will reconsider the appointment. In addition, even if stockholders ratify the Audit Committee's appointment of Deloitte, the Audit Committee, in its discretion, may still appoint a different independent registered public accounting firm if it believes that such a change would be in the best interests of the Company and our stockholders.

The Board of Directors recommends a vote "FOR" ratification of the appointment of Deloitte as our independent registered public accounting firm for the fiscal year ending December 31, 2019.

Table of Contents**RELATIONSHIP WITH INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM: AUDIT AND NON-AUDIT FEES**

Deloitte has served as our independent auditors since April 2006. The following summarizes the approximate aggregate fees billed to the Company for the fiscal years ended December 31, 2018 and 2017 by Deloitte, the Company's principal independent registered public accounting firm, the member firms of Deloitte Touche Tohmatsu, and their respective affiliates (collectively, "Deloitte Entities"):

| Services | 2018 | 2017 |
|---------------------------|--------------|--------------|
| Audit fees ⁽¹⁾ | \$ 1,107,135 | \$ 1,330,781 |
| Tax fees ⁽²⁾ | 432,870 | 413,474 |
| Total | \$ 1,540,005 | \$ 1,744,255 |

(1) Audit fees consist of the audit of our annual consolidated financial statements, a review of our quarterly condensed consolidated financial statements, and other services related to filings with the SEC.

(2) Tax services consist of tax compliance.

Pre-Approval Policies

The Audit Committee charter imposes a duty on the Audit Committee to pre-approve all auditing services performed for us by our independent auditors, as well as all permitted non-audit services, if any (including the fees and terms thereof) in order to ensure that the provision of such services does not impair the auditors' independence. Unless a type of service to be provided by the independent auditors has received "general" pre-approval, it will require "specific" pre-approval by the Audit Committee.

All requests or applications for services to be provided by the independent auditor that do not require specific pre-approval by the Audit Committee will be submitted to management and must include a detailed description of the services to be rendered. Management will determine whether such services are included within the list of services that have received the general pre-approval of the Audit Committee. The Audit Committee will be informed on a timely basis of any such services rendered by the independent auditors.

Requests or applications to provide services that require specific pre-approval by the Audit Committee will be submitted to the Audit Committee by both the independent auditors and the Principal Financial Officer, and must include a joint statement as to whether, in their view, the request or application is consistent with the SEC's rules on auditor independence. The chairman of the Audit Committee has been delegated the authority to specifically pre-approve de minimis amounts for services not covered by the general pre-approval guidelines. All amounts, other than such de minimis amounts, require specific pre-approval by the Audit Committee prior to engagement of Deloitte. All amounts, other than de minimis amounts not subject to pre-approval, specifically pre-approved by the chairman of the Audit Committee in accordance with this policy are to be disclosed to the full Audit Committee at the next regularly scheduled meeting.

All services rendered by Deloitte for the years ended December 31, 2018 and 2017 were pre-approved in accordance with the policies and procedures described above.

Auditor Independence

The Audit Committee has considered whether the provision of the above noted services is compatible with maintaining the independence of our independent registered public accounting firm's independence and has concluded that the provision of such services has not adversely affected the independent registered public accounting firm's independence.

Table of Contents

AUDIT COMMITTEE REPORT TO STOCKHOLDERS

The Audit Committee of the Board of Directors of Healthcare Trust of America, Inc. operates under a written charter adopted by the Board of Directors, which is available by clicking on “Corporate Governance” under “Investor Relations” on our website at www.htareit.com. The role of the Audit Committee is to oversee our financial reporting process on behalf of the Board of Directors. Our management has the primary responsibility for our financial statements as well as our financial reporting process, principles and internal controls. The independent registered public accounting firm is responsible for performing an audit of our financial statements and expressing an opinion as to the conformity of such financial statements with U.S. generally accepted accounting principles.

In this context, in fulfilling its oversight responsibilities, the Audit Committee reviewed the 2018 audited financial statements with management, including a discussion of the quality and acceptability of the financial reporting and controls of Healthcare Trust of America, Inc.

The Audit Committee reviewed with Deloitte & Touche LLP, which is responsible for expressing an opinion on the conformity of those audited financial statements with U.S. generally accepted accounting principles, their judgments as to the quality and the acceptability of the financial statements and such other matters as are required to be discussed by the applicable auditing standards as periodically amended (including significant accounting policies, alternative accounting treatments and estimates, judgments and uncertainties). The Audit Committee has received the written disclosures from our independent registered public accounting firm required by Public Company Accounting Oversight Board (United States) (“PCAOB”) Ethics and Independence Rule 3526, “Communication with Audit Committees Concerning Independence” and discussed with our independent registered public accounting firm its independence within the meaning of the rules and standards of the PCAOB and the securities laws and regulations administered by the SEC. The Audit Committee has also discussed with our independent registered public accounting firm matters required to be discussed by PCAOB Auditing Standard No. 16, Communication with Audit Committees (PCAOB AS 16).

The Audit Committee discussed with Deloitte & Touche LLP the overall scope and plans for the audit. The Audit Committee meets periodically with Deloitte & Touche LLP, with and without management present, to discuss the results of their examinations, their evaluations of internal controls and the overall quality of the financial reporting of Healthcare Trust of America, Inc., prior to the issuance of the financial statements.

Based on the reviews and discussions described above, the Audit Committee recommended to the Board of Directors that the audited financial statements be included in our Annual Report on Form 10-K for the year ended December 31, 2018, filed with the SEC on February 19, 2019.

This report shall not be deemed to be “soliciting material,” shall not be deemed to be incorporated by reference by any general statement incorporating by reference our proxy statement into any filing under the Securities Act or the Exchange Act, except to the extent that we specifically incorporate it by reference into such filing, and shall not otherwise be deemed filed under such Acts. This report is provided by the following independent directors, who constitute the Audit Committee:

Gary T. Wescombe, Chairman
W. Bradley Blair, II
Roberta B. Bowman
Maurice J. DeWald
Warren D. Fix
Peter N. Foss
Larry L. Mathis

Table of Contents

ANNUAL REPORT ON FORM 10-K

A copy of our Annual Report on Form 10-K for the fiscal year ended December 31, 2018, including financial statements and schedules thereto but not including exhibits, as filed with the SEC, will be sent to any stockholder of record as of the close of business on April 18, 2019 without charge upon written request addressed to: Healthcare Trust of America, Inc., 16435 N. Scottsdale Road, Suite 320, Scottsdale, Arizona 85254, Attention: Secretary. A reasonable fee will be charged for copies of exhibits. You may access our Annual Report on Form 10-K for the year ended December 31, 2018 at www.htareit.com.

PROPOSALS FOR 2020 ANNUAL MEETING OF STOCKHOLDERS

Stockholder Proposals for our Proxy Statement

Under SEC regulations, any stockholder desiring to make a proposal to be acted upon at the 2020 Annual Meeting of Stockholders must cause such proposal to be received at our principal executive offices located at 16435 N. Scottsdale Road, Suite 320, Scottsdale, Arizona 85254, Attention: Secretary, no later than January 16, 2020, in order for the proposal to be considered for inclusion in our proxy statement for that meeting. Stockholders also must follow the procedures prescribed in SEC Rule 14a-8 promulgated under the Exchange Act.

If a stockholder wishes to present a director nomination or other business proposal at the 2020 Annual Meeting of Stockholders, our bylaws currently require that the stockholder give advance written notice to our Secretary at our offices no earlier than December 17, 2019 and no later than 5:00 p.m., Mountain Time, on January 16, 2020. Any stockholder nominations or proposals not received by us by 5:00 p.m., Mountain Time, on January 16, 2020, will be considered untimely and will be excluded from consideration at the meeting. In addition, our current bylaws include other requirements for the nomination of candidates for director and proposals of other business with which a stockholder must comply to make a nomination or business proposal.

Proxy Access Director Nominations

For a qualifying stockholder, or group of qualifying stockholders, to nominate a director nominee for election at our 2020 Annual Meeting of Stockholders pursuant to the “proxy access” provision of the Company’s bylaws, such qualifying stockholder or group of stockholders must comply with the then current advance notice requirements in the Company’s bylaws and deliver the proposal to our Secretary no earlier than December 17, 2019 and no later than 5:00 p.m., Mountain Time, on January 16, 2020 in order for such proposal to be considered timely. In addition, the Company’s bylaws require the qualifying stockholder or group of stockholders to update and supplement such information as of specified dates.

OTHER MATTERS

The only business to come before the 2019 Annual Meeting of Stockholders of which management is aware is set forth in this proxy statement. If any other business does properly come before the 2019 Annual Meeting of Stockholders or any postponement or adjournment thereof, the persons named in the accompanying proxy will vote all proxies in their discretion.

It is important that proxies be returned promptly. Therefore, stockholders are urged to follow the voting instructions in the accompanying Notice or proxy card.

Table of Contents

NON-GAAP FINANCIAL MEASURES

FFO and Normalized FFO

We compute FFO in accordance with the current standards established by the National Association of Real Estate Investment Trusts (“NAREIT”). NAREIT defines FFO as net income or loss attributable to common stockholders (computed in accordance with GAAP), excluding gains or losses from sales of real estate property and impairment write-downs of depreciable assets, plus depreciation and amortization related to investments in real estate, and after adjustments for unconsolidated partnerships and joint ventures. Because FFO excludes depreciation and amortization unique to real estate, among other items, it provides a perspective not immediately apparent from net income or loss attributable to common stockholders.

We also compute Normalized FFO, which excludes from FFO: (i) transaction expenses; (ii) gain or loss on change in fair value of derivative financial instruments; (iii) gain or loss on extinguishment of debt; (iv) noncontrolling income or loss from OP Units included in diluted shares (only applicable to the Company); and (v) other normalizing items, which include items that are unusual and infrequent in nature. Our methodology for calculating Normalized FFO may be different from the methods utilized by other REITs and, accordingly, may not be comparable to other REITs.

We present FFO and Normalized FFO because we consider them important supplemental measures of our operating performance and believe they are frequently used by securities analysts, investors and other interested parties in the evaluation of REITs. Historical cost accounting assumes that the value of real estate assets diminishes ratably over time. Since real estate values have historically risen or fallen based on market conditions, many industry investors have considered the presentation of operating results for real estate companies that use historical cost accounting to be insufficient by themselves. FFO and Normalized FFO should not be considered as alternatives to net income or loss attributable to common stockholders (computed in accordance with GAAP) as indicators of our financial performance, nor are they indicative of cash available to fund cash needs. FFO and Normalized FFO should be reviewed in connection with other GAAP measurements.

The following is the reconciliation of our FFO and Normalized FFO to net income attributable to common stockholders for the years ended December 31, 2018 and 2017 (in thousands, except per share data):

| | Year Ended | |
|---|--------------|-----------|
| | December 31, | |
| | 2018 | 2017 |
| Net income attributable to common stockholders | \$213,463 | \$63,916 |
| Depreciation and amortization expense related to investments in real estate | 277,446 | 243,221 |
| Gain on sales of real estate, net | (165,977) | (37,802) |
| Impairment | 8,887 | 13,922 |
| Proportionate share of joint venture depreciation, amortization and other adjustments | 1,746 | 969 |
| FFO attributable to common stockholders | \$335,565 | \$284,226 |
| Transaction expenses | 859 | 1,242 |
| Gain on change in fair value of derivative financial instruments, net | — | (884) |
| (Gain) loss on extinguishment of debt, net | (242) | 11,192 |
| Noncontrolling income from OP Units included in diluted shares | 4,074 | 1,538 |
| Other normalizing items, net ⁽¹⁾ | 144 | 4,643 |
| Normalized FFO attributable to common stockholders | \$340,400 | \$301,957 |
| Net income attributable to common stockholders per diluted share | \$1.02 | \$0.34 |
| FFO adjustments per diluted share, net | 0.58 | 1.19 |
| FFO attributable to common stockholders per diluted share | \$1.60 | \$1.53 |
| Normalized FFO adjustments per diluted share, net | 0.02 | 0.10 |
| Normalized FFO attributable to common stockholders per diluted share | \$1.62 | \$1.63 |
| Weighted average diluted common shares outstanding | 210,061 | 185,278 |

(1) For the year ended December 31, 2017, other normalizing items included \$4.6 million of non-incremental costs related to the Duke acquisition that were included in transaction expenses on our consolidated statements of operations.

57

Table of Contents

NOI, Cash NOI and Same-Property Cash NOI

NOI is a non-GAAP financial measure that is defined as net income or loss (computed in accordance with GAAP) before: (i) general and administrative expenses; (ii) transaction expenses; (iii) depreciation and amortization expense; (iv) impairment; (v) interest expense and net change in fair value of derivative financial instruments; (vi) gain or loss on sales of real estate; (vii) gain or loss on extinguishment of debt; (viii) income or loss from unconsolidated joint venture; and (ix) other income or expense. We believe that NOI provides an accurate measure of the operating performance of our operating assets because NOI excludes certain items that are not associated with the management of our properties. Additionally, we believe that NOI is a widely accepted measure of comparative operating performance of REITs. However, our use of the term NOI may not be comparable to that of other REITs as they may have different methodologies for computing this amount. NOI should not be considered as an alternative to net income or loss (computed in accordance with GAAP) as an indicator of our financial performance. NOI should be reviewed in connection with other GAAP measurements.

Cash NOI is a non-GAAP financial measure which excludes from NOI: (i) straight-line rent adjustments; (ii) amortization of below and above market leases/leasehold interests; (iii) notes receivable interest income; and (iv) other GAAP adjustments. Contractual base rent, contractual rent increases, contractual rent concessions and changes in occupancy or lease rates upon commencement and expiration of leases are a primary driver of our revenue performance. We believe that Cash NOI, which removes the impact of straight-line rent adjustments, provides another measurement of the operating performance of our operating assets. Additionally, we believe that Cash NOI is a widely accepted measure of comparative operating performance of REITs. However, our use of the term Cash NOI may not be comparable to that of other REITs as they may have different methodologies for computing this amount. Cash NOI should not be considered as an alternative to net income or loss (computed in accordance with GAAP) as an indicator of our financial performance. Cash NOI should be reviewed in connection with other GAAP measurements.

To facilitate the comparison of Cash NOI between periods, we calculate comparable amounts for a subset of our owned and operational properties referred to as "Same-Property". Same-Property Cash NOI excludes (i) properties which have not been owned and operated by us during the entire span of all periods presented and disposed properties, (ii) our share of unconsolidated joint ventures, (iii) development, redevelopment and land parcels, (iv) properties intended for disposition in the near term which have (a) been approved by the Board of Directors, (b) is actively marketed for sale, and (c) an offer has been received at prices we would transact and the sales process is ongoing, and (v) certain non-routine items. Same-Property Cash NOI should not be considered as an alternative to net income or loss (computed in accordance with GAAP) as an indicator of our financial performance. Same-Property Cash NOI should be reviewed in connection with other GAAP measurements.

Table of Contents

The following is the reconciliation of our NOI, Cash NOI and Same-Property Cash NOI to net income for the years ended December 31, 2018 and 2017 (in thousands):

| | Year Ended December 31, | |
|--|-------------------------|-----------|
| | 2018 | 2017 |
| Net income | \$217,626 | \$65,577 |
| General and administrative expenses | 35,196 | 33,403 |
| Transaction expenses ⁽¹⁾ | 1,003 | 5,885 |
| Depreciation and amortization expense | 279,630 | 244,986 |
| Impairment | 8,887 | 13,922 |
| Interest expense and net change in fair value of derivative financial instruments | 101,849 | 85,491 |
| Gain on sale of real estate, net | (165,977) | (37,802) |
| (Gain) loss on extinguishment of debt, net | (242) | 11,192 |
| Income from unconsolidated joint venture | (1,735) | (782) |
| Other income | (428) | (29) |
| NOI | \$475,809 | \$421,843 |
| Straight-line rent adjustments, net | (10,683) | (8,637) |
| Amortization of (below) and above market leases/leasehold interests, net | 216 | 354 |
| Note receivable interest income | (131) | (1,193) |
| Other GAAP adjustments | (117) | (19) |
| Cash NOI | \$465,094 | \$412,348 |
| Acquisitions not owned/operated for all periods presented and disposed properties Cash NOI | (147,881) | (99,043) |
| Redevelopment Cash NOI | (2,273) | (4,797) |
| Intended for sale Cash NOI | (6,055) | (7,161) |
| Same-Property Cash NOI ⁽²⁾ | \$308,885 | \$301,347 |
| Same-Property Cash NOI percentage growth | 2.5 | % |

(1) For the year ended December 31, 2017, transaction costs include \$4.6 million of non-incremental costs related to the Duke acquisition.

(2) Same-Property includes 318 buildings for the years ended December 31, 2018 and 2017.

The following is the reconciliation of our NOI, Cash NOI and Same-Property Cash NOI to net income for each quarter in 2018 and the comparable quarter in 2017 (in thousands):

| | Three Months Ended March 31, | |
|---|------------------------------|----------|
| | 2018 | 2017 |
| Net income | \$10,016 | \$14,000 |
| General and administrative expenses | 8,786 | 8,423 |
| Transaction expenses | 191 | 284 |
| Depreciation and amortization expense | 70,392 | 47,056 |
| Impairment | 4,606 | — |
| Interest expense and net change in fair value of derivative financial instruments | 26,253 | 15,543 |
| Gain on sale of real estate, net | — | (3) |
| Loss on extinguishment of debt, net | — | 32 |
| Income from unconsolidated joint venture | (570) | — |
| Other income | (35) | (8) |
| NOI | \$119,639 | \$85,327 |
| Straight-line rent adjustments, net | (3,166) | (1,209) |
| Amortization of (below) and above market leases/leasehold interests, net | 215 | (94) |
| Cash NOI | \$116,688 | \$84,024 |

Edgar Filing: HEALTHCARE TRUST OF AMERICA, INC. - Form DEF 14A

| | | |
|--|-----------|----------|
| Notes receivable interest income | (36) | (292) |
| Non Same-Property Cash NOI | (35,649) | (4,560) |
| Same-Property Cash NOI ⁽¹⁾ | \$81,003 | \$79,172 |
| Same-Property Cash NOI percentage growth | 2.3 | % |

(1) Same-Property includes 342 buildings for the three months ended March 31, 2018 and 2017.

59

Table of Contents

| | Three Months Ended June 30, | |
|--|--------------------------------|-----------|
| | 2018 | 2017 |
| Net income (loss) | \$15,657 | \$(5,852) |
| General and administrative expenses | 8,725 | 8,472 |
| Transaction expenses ⁽¹⁾ | 396 | 5,073 |
| Depreciation and amortization expense | 69,104 | 55,353 |
| Impairment | — | 5,093 |
| Interest expense and net change in fair value of derivative financial instruments | 26,305 | 17,900 |
| Loss on extinguishment of debt, net | — | 10,386 |
| Income from unconsolidated joint venture | (403) | — |
| Other income | (5) | (6) |
| NOI | \$119,779 | \$96,419 |
| Straight-line rent adjustments, net | (2,377) | (1,616) |
| Amortization of (below) and above market leases/leasehold interests, net | 40 | 126 |
| Note receivable interest income and other GAAP adjustments | (19) | (240) |
| Cash NOI | \$117,423 | \$94,689 |
| Acquisitions not owned/operated for all periods presented and disposed properties Cash NOI | (33,664) | (11,973) |
| Redevelopment Cash NOI | (365) | (1,149) |
| Intended for sale Cash NOI | (5,507) | (5,628) |
| Same-Property Cash NOI ⁽²⁾ | \$77,887 | \$75,939 |
| Same-Property Cash NOI percentage growth | 2.6 | % |

(1) For the three months ended June 30, 2017, transaction costs include \$4.6 million of non-incremental costs related to the Duke acquisition.

(2) Same-Property includes 321 buildings for the three months ended June 30, 2018 and 2017.

| | Three Months Ended September 30, | |
|--|-------------------------------------|-----------|
| | 2018 | 2017 |
| Net income | \$176,348 | \$13,957 |
| General and administrative expenses | 8,770 | 8,283 |
| Transaction expenses | 346 | 261 |
| Depreciation and amortization expense | 70,568 | 70,491 |
| Impairment | 4,281 | — |
| Interest expense and net change in fair value of derivative financial instruments | 24,834 | 26,188 |
| Gain on sale of real estate, net | (166,372) | — |
| Loss on extinguishment of debt, net | 1,092 | 774 |
| Income from unconsolidated joint venture | (432) | (318) |
| Other income | (89) | 27 |
| NOI | \$119,346 | \$119,663 |
| Straight-line rent adjustments, net | (2,746) | (3,009) |
| Amortization of (below) and above market leases/leasehold interests, net | (65) | 214 |
| Note receivable interest income and other GAAP adjustments | (33) | (588) |
| Cash NOI | \$116,502 | \$116,280 |
| Acquisitions not owned/operated for all periods presented and disposed properties Cash NOI | (6,065) | (7,337) |
| Redevelopment Cash NOI | (607) | (1,540) |
| Intended for sale Cash NOI | (1,007) | (1,243) |
| Same-Property Cash NOI ⁽¹⁾ | \$108,823 | \$106,160 |
| Same-Property Cash NOI percentage growth | 2.5 | % |

(1) Same-Property includes 403 buildings for the three months ended September 30, 2018 and 2017.

60

Table of Contents

| | Three Months Ended December 31, | |
|--|------------------------------------|-----------|
| | 2018 | 2017 |
| Net income | \$15,605 | \$43,472 |
| General and administrative expenses | 8,915 | 8,225 |
| Transaction expenses | 70 | 267 |
| Depreciation and amortization expense | 69,566 | 72,086 |
| Impairment | — | 8,829 |
| Interest expense and net change in fair value of derivative financial instruments | 24,457 | 25,860 |
| Loss (gain) on sale of real estate, net | 395 | (37,799) |
| Gain on extinguishment of debt, net | (1,334) | — |
| Income from unconsolidated joint venture | (330) | (401) |
| Other income | (299) | (42) |
| NOI | \$117,045 | \$120,497 |
| Straight-line rent adjustments, net | (2,394) | (2,803) |
| Amortization of (below) and above market leases/leasehold interests, net | 26 | 108 |
| Note receivable interest income | (30) | (104) |
| Other GAAP adjustments | — | 55 |
| Cash NOI | \$114,647 | \$117,753 |
| Acquisitions not owned/operated for all periods presented and disposed properties Cash NOI | (834) | (6,027) |
| Redevelopment Cash NOI | (349) | (725) |
| Intended for sale Cash NOI | (2,074) | (2,581) |
| Same-Property Cash NOI ⁽²⁾ | \$111,390 | \$108,420 |
| Same-Property Cash NOI percentage growth | 2.7 | % |

(1) Same-Property includes 409 buildings for the three months ended December 31, 2018 and 2017.

Table of Contents

62

Table of Contents

63