DEAN FOOI	DS CO								
Form 4									
October 02, 2	2007								
FORM	1								PPROVAL
	UNITEDS		URITIES A /ashington,			NGE	COMMISSION	OMB Number:	3235-0287
Check this if no long subject to Section 10 Form 4 or Form 5 obligation	uant to Section	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Sectior					Expires: January 31 2005 Estimated average burden hours per response 0.5		
may conti <i>See</i> Instru 1(b).	nue.	30(h) of the	•	•	· ·			<u>, , , , , , , , , , , , , , , , , , , </u>	
(Print or Type R	lesponses)								
1. Name and Ad GREEN STI	ddress of Reporting F EPHEN L	Symbo	uer Name and bl N FOODS (Tradin	ıg	5. Relationship o Issuer		
(Last)	(First) (M YTON AVENUE	(Mont	e of Earliest Tr h/Day/Year) 5/2007	ransaction			X Director Officer (give below)		e) 6 Owner er (specify
	(Street)		mendment, Da Month/Day/Year	-	l		6. Individual or J Applicable Line) _X_ Form filed by		-
ROWAYTO	N, CT 06853							More than One Ro	
(City)	(State) (Zip) T	able I - Non-I	Derivative	Securi	ities Ac	quired, Disposed o	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Ye	Code	4. Secur ionAcquire Dispose (Instr. 3)	d (A) d d of (E))	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	09/28/2007		Code V A	Amount 1,434 (1)	or	Price \$ 0 (1)	Transaction(s) (Instr. 3 and 4) 96,774 (2)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivatives Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and a	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy - SI000774)	\$ 11.2299					06/30/1998 <u>(3)</u>	06/30/2008	Common Stock	22,5
Non-Qualified Stock Option (right to buy - DV001435)	\$ 11.2299					06/30/1998 <u>(3)</u>	06/30/2008	Common Stock	10,50
Non-Qualified Stock Option (right to buy - T0000723)	\$ 11.2299					06/30/1998 <u>(3)</u>	06/30/2008	Common Stock	4,14
Non-Qualified Stock Option (right to buy - DV001432)	\$ 11.2299					06/30/1998 <u>(3)</u>	06/30/2008	Common Stock	1,94
Non-Qualified Stock Option (right to buy - SI001316)	\$ 8.0206					06/30/1999 <u>(3)</u>	06/30/2009	Common Stock	22,5
Non-Qualified Stock Option (right to buy - DV001426)	\$ 8.0206					06/30/1999 <u>(3)</u>	06/30/2009	Common Stock	10,5
Non-Qualified Stock Option (right to buy - T0000632)	\$ 8.0206					06/30/1999 <u>(3)</u>	06/30/2009	Common Stock	4,14
Non-Qualified Stock Option (right to buy - DV001443)	\$ 8.0206					06/30/1999 <u>(3)</u>	06/30/2009	Common Stock	1,94
	\$ 9.3614					06/30/2000(3)	06/30/2010		22,5

Non-Qualified				Common	
Stock Option (right to buy - SI001801)				Stock	
Non-Qualified Stock Option (right to buy - DV001436)	\$ 9.3614	06/30/2000 <u>(3)</u>	06/30/2010	Common Stock	10,50
Non-Qualified Stock Option (right to buy - T0000636)	\$ 9.3614	06/30/2000 <u>(3)</u>	06/30/2010	Common Stock	4,14
Non-Qualified Stock Option (right to buy - DV001431)	\$ 9.3614	06/30/2000 <u>(3)</u>	06/30/2010	Common Stock	1,94
Non-Qualified Stock Option (right to buy - SF002503)	\$ 10.1707	06/29/2001 <u>(3)</u>	06/29/2011	Common Stock	22,5
Non-Qualified Stock Option (right to buy - DV001433)	\$ 10.1707	06/29/2001 <u>(3)</u>	06/29/2011	Common Stock	10,50
Non-Qualified Stock Option (right to buy - T0000641)	\$ 10.1707	06/29/2001 <u>(3)</u>	06/29/2011	Common Stock	4,14
Non-Qualified Stock Option (right to buy - DV001428)	\$ 10.1707	06/29/2001 <u>(3)</u>	06/29/2011	Common Stock	1,94
Non-Qualified Stock Option (right to buy - DF002166)	\$ 14.2351	07/01/2002 <u>(3)</u>	07/01/2012	Common Stock	22,5
Non-Qualified Stock Option (right to buy - DV001437)	\$ 14.2351	07/01/2002 <u>(3)</u>	07/01/2012	Common Stock	10,50
Non-Qualified Stock Option (right to buy - T0000647)	\$ 14.2351	07/01/2002(3)	07/01/2012	Common Stock	4,14
	\$ 14.2351	07/01/2002(3)	07/01/2012		1,94

Non-Qualified Stock Option (right to buy - DV001427)				Common Stock	
Non-Qualified Stock Option (right to buy - DF002876)	\$ 18.1003	06/30/2003 <u>(3)</u>	06/30/2013	Common Stock	7,50
Non-Qualified Stock Option (right to buy - DV001438)	\$ 18.1003	06/30/2003 <u>(3)</u>	06/30/2013	Common Stock	3,52
Non-Qualified Stock Option (right to buy - T0000813)	\$ 18.1003	06/30/2003 <u>(3)</u>	06/30/2013	Common Stock	1,38
Non-Qualified Stock Option (right to buy - DV001439)	\$ 18.1003	06/30/2003 <u>(3)</u>	06/30/2013	Common Stock	649

Reporting Owners

Reporting Owner Name / Address	Relationships				
I B	Director	10% Owner	Officer	Other	
GREEN STEPHEN L 105 ROWAYTON AVENUE ROWAYTON, CT 06853	Х				
Signatures					

Stephen L. Green	10/02/2007			
<u>**</u> Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

These are restricted shares issued under the Issuer's 2007 Stock Incentive Plan in payment of fees owed for services as an independent(1) director. All such shares are subject to vesting in three increments, with the first vesting occurring as of the date the shares were issued and then annually thereafter.

- (2) Includes 4,438 shares of RSUs which have vested and for which the reporting person has opted to defer receipt until a future date.
- (3) The options were automatically granted under the Issuer's 1997 Amended and Restated Stock Option and Restricted Stock Plan, and are fully vested and immediately exercisable upon grant.

Remarks:

CONTINUED ON ADDITIONAL FORM 4 FILED ON THIS SAME DATE.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.