KOZIN MARC D

Form 4

November 22, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or

SECURITIES

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * KOZIN MARC D		Sy	2. Issuer Name and Ticker or Trading Symbol UFP TECHNOLOGIES INC [UFPT]				5. Relationship of Reporting Person(s) to Issuer			
	(First) FECHNOLOGIES EAST MAIN ST	(M S, 11	. Date of Earliest Month/Day/Year) 1/18/2010	Transaction	ı	_	_X Director Officer (give to below)		Owner er (specify	
(Street) GEORGETOWN, MA 01833			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non	-Derivativ	e Secu	ırities Acqui	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		rate, if Transact Code /Year) (Instr. 8)	iomr Dispo (Instr. 3,	esed of 4 and (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Stock, \$.01 Par Value	11/18/2010		M	2,561	A	\$ 6.15	2,561	D		
Common Stock, \$.01 Par Value	11/18/2010		M	5,327	A	\$ 4.13	7,888	D		
Common Stock, \$.01 Par Value	11/18/2010		M	3,500	A	\$ 4.23	11,388	D		

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Common

Stock, 11/18/2010 S 8,827 D 2,561 D \$.01 Par Value

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	tion Derivative Securities		6. Date Exerci Expiration Dat (Month/Day/Y	e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 6.15	11/18/2010		M		2,561	06/08/2006	06/08/2016	Common Stock, \$.01 Par Value	2,561
Stock Option (Right to Buy)	\$ 4.13	11/18/2010		M		5,327	06/03/2009	06/03/2019	Common Stock, \$.01 Par Value	5,327
Stock Option (Right to Buy)	\$ 4.23	11/18/2010		M		3,500	07/01/2009	07/01/2019	Common Stock, \$.01 Par Value	3,500

Reporting Owners

Relationships Reporting Owner Name / Address

Director 10% Owner Officer Other

KOZIN MARC D C/O UFP TECHNOLOGIES, INC. 172 EAST MAIN STREET GEORGETOWN, MA 01833

X

2 Reporting Owners

Signatures

Patrick J. Kinney, Jr. as attorney-in-fact for Marc D. Kozin 11/22/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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