

HELIX ENERGY SOLUTIONS GROUP INC
 Form 4
 August 05, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
 Expires: January 31, 2015
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 LOVOI JOHN

2. Issuer Name and Ticker or Trading Symbol
 HELIX ENERGY SOLUTIONS GROUP INC [HLX]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
 3505 W SAM HOUSTON PARKWAY N., SUITE 400
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 08/01/2013

Director 10% Owner
 Officer (give title below) Other (specify below)

HOUSTON, TX 77043

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	08/01/2013		S	100	D \$ 26.11	137,617	D
Common Stock	08/01/2013		S	100	D \$ 26.13	137,517	D
Common Stock	08/01/2013		S	100	D \$ 26.16	137,417	D
Common Stock	08/01/2013		S	100	D \$ 26.17	137,317	D
Common Stock	08/01/2013		S	400	D \$ 26.19	136,917	D

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Common Stock	08/01/2013	S	300	D	\$ 26.2	136,617	D
Common Stock	08/01/2013	S	100	D	\$ 26.21	136,517	D
Common Stock	08/01/2013	S	200	D	\$ 26.22	136,317	D
Common Stock	08/01/2013	S	100	D	\$ 26.23	136,217	D
Common Stock	08/01/2013	S	100	D	\$ 26.24	136,117	D
Common Stock	08/01/2013	S	100	D	\$ 26.25	136,017	D
Common Stock	08/01/2013	S	200	D	\$ 26.26	135,817	D
Common Stock	08/01/2013	S	456	D	\$ 26.27	135,361	D
Common Stock	08/01/2013	S	715	D	\$ 26.28	134,646	D
Common Stock	08/01/2013	S	1,729	D	\$ 26.29	132,917	D
Common Stock	08/01/2013	S	3,051	D	\$ 26.3	129,866	D
Common Stock	08/01/2013	S	3,075	D	\$ 26.31	126,791	D
Common Stock	08/01/2013	S	3,426	D	\$ 26.32	123,365	D
Common Stock	08/01/2013	S	1,300	D	\$ 26.33	122,065	D
Common Stock	08/01/2013	S	2,726	D	\$ 26.34	119,339	D
Common Stock	08/01/2013	S	2,400	D	\$ 26.35	116,939	D
Common Stock	08/01/2013	S	1,171	D	\$ 26.36	115,768	D
Common Stock	08/01/2013	S	2,229	D	\$ 26.37	113,539	D
Common Stock	08/01/2013	S	1,900	D	\$ 26.38	111,639	D
Common Stock	08/01/2013	S	2,859	D	\$ 26.39	108,780	D
	08/01/2013	S	3,592	D	\$ 26.4	105,188	D

Common Stock							
Common Stock	08/01/2013	S	3,550	D	\$ 26.41	101,638	D
Common Stock	08/01/2013	S	2,931	D	\$ 26.42	98,707	D
Common Stock	08/01/2013	S	2,218	D	\$ 26.43	96,489	D
Common Stock	08/01/2013	S	1,382	D	\$ 26.44	95,107	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Owned Beneficially (Instr. 5)
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address

Relationships

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
LOVOI JOHN 3505 W SAM HOUSTON PARKWAY N. SUITE 400 HOUSTON, TX 77043	X			

Signatures

/s/ Alisa B. Johnson by Power of
Attorney

08/05/2013

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

One of Two

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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