Murphy Diane Elizabeth Form 3 June 03, 2009 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB Number: INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF Expires: SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Murphy Diane Elizabeth		2. Date of Event Requirin Statement (Month/Day/Year)		3. Issuer Name and Ticker or Trading Symbol ALLIED CAPITAL CORP [ALD]				
(Last)	(First)	(Middle)	05/26/2009		4. Relationship of Reporting Person(s) to Issuer		5. If Amendment, Date Original Filed(Month/Day/Year)	
1919 PENNSYLVANIA AVENUE, NW			(Check all applic			le)		
WASHINGT	(Street)	20006		.e		ow)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Beneficially Owned					
1.Title of Securi (Instr. 4)	ty		2. Amount Beneficial (Instr. 4)	t of Securities ly Owned	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nat Owne (Instr.		
Common Sto	ck		77,992		D	Â		
Common Sto	ck		29,497		Ι	by 40)1(k)	
Reminder: Repo owned directly o	or indirectly.		ch class of securities benef		SEC 1473 (7-02)		

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of Indirect
(Instr. 4)	Expiration Date	Securities Underlying	Conversion	Ownership	Beneficial
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	Ownership
		(Instr. 4)	Price of	Derivative	(Instr. 5)

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	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	Security: Direct (D) or Indirect (I) (Instr. 5)	
Incentive Stock Option (right to buy)	(1)	09/20/2011	Common Stock	4,631	\$ 21.59	D	Â
Incentive Stock Option (right to buy)	(2)	12/13/2012	Common Stock	4,646	\$ 21.52	D	Â
Incentive Stock Option (right to buy)	(3)	03/11/2014	Common Stock	6,900	\$ 28.98	D	Â
Non-Qualified Stock Option (right to buy)	(3)	03/11/2014	Common Stock	71,350	\$ 28.98	D	Â
Incentive Stock Option (right to buy)	(4)	08/03/2015	Common Stock	3,635	\$ 27.51	D	Â
Non-Qualified Stock Option (right to buy)	(4)	08/03/2015	Common Stock	46,365	\$ 27.51	D	Â
Incentive Stock Option (right to buy)	(5)	05/15/2014	Common Stock	3,380	\$ 29.58	D	Â
Non-Qualified Stock Option (right to buy)	(5)	05/15/2014	Common Stock	66,370	\$ 29.58	D	Â
Incentive Stock Option (right to buy)	(6)	02/01/2015	Common Stock	8,710	\$ 22.96	D	Â
Non-Qualified Stock Option (right to buy)	(6)	02/01/2015	Common Stock	91,290	\$ 22.96	D	Â
Incentive Stock Option (right to buy)	(7)	03/03/2016	Common Stock	50	\$ 0.73	D	Â
Non-Qualified Stock Option (right to buy)	(7)	03/03/2016	Common Stock	299,950	\$ 0.73	D	Â

Reporting Owners

	Relationships					
Director	10% Owner	Officer	Other			
Â	Â	Executive Vice President	Â			
	•		Director 10% Owner Officer			

Signatures

s/s Diane E. Murphy	06/02/2009
<u>**</u> Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The September 20, 2001 option grant vested in three annual installments commencing one year from date of grant.
- (2) The December 13, 2002 option grant vested over a three-year period commencing on June 30, 2003.
- (3) The March 11, 2004 option grant vested evenly over a four-year period commencing on June 30, 2004.
- (4) The August 3, 2005 option grant vested in three equal installments on 6/30/06, 6/30/07 and 6/30/08
- (5) The May 15, 2007 option grant vests in three equal installments on 06/30/07, 06/30/08 and 06/30/09.
- (6) The February 1, 2008 option grant vests in three equal installments on 06/30/09, 06/30/10 and 06/30/11.
- (7) The March 3, 2009 option grant vests in three equal installments on 06/30/09, 06/30/10 and 06/30/11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.