HORNBECK LARRY D

Form 4

February 12, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB 3235-0287

Number:

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if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

590

(Print or Type Responses)

1. Name and Address of Reporting Person *

HORNBECK LARRY D

(Last) (First)

(Middle)

COUNTY ROAD 3195, PO BOX

(Street)

(State)

4. If Amendment, Date Original

(Zip)

Filed(Month/Day/Year)

2. Issuer Name and Ticker or Trading

Symbol

HORNBECK OFFSHORE SERVICES INC /LA [HOS]

3. Date of Earliest Transaction

(Month/Day/Year) 02/08/2013

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

X_ Director 10% Owner Officer (give title Other (specify

below)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

LOVELADY, TX 75851

(City)

1.Title of Security	2. Transaction Date (Month/Day/Year)	Execution Date, if			
(Instr. 3)		(Month/Day/Year)			

3. Code (Instr. 8)

4. Securities Acquired (A) Transaction Disposed of (D) (Instr. 3, 4 and 5)

(A)

(D)

Securities Beneficially Owned **Following** Reported Transaction(s) (Instr. 3 and 4)

5. Amount of

6. Ownership Form: Direct (D) or Indirect (I)

7. Nature of Indirect Beneficial Ownership (Instr. 4)

(Instr. 4)

194,743 D

STOCK COMMON

STOCK

COMMON

02/08/2013

17,500 S (1)

Code V Amount

45.0575 42,500

Price

by family I trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orNumber	Expiration D	ate	Amount	t of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ing	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	and 4)		Own
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
								^	mount		
									mount		
						Date	Expiration	Title N	r Jumber		
						Exercisable	Date				
				C + V	(A) (D)			0			
				Code V	(A) (D)			S	hares		

Reporting Owners

Relationships Reporting Owner Name / Address

> 10% Owner Officer Other Director

HORNBECK LARRY D COUNTY ROAD 3195, PO BOX 590 X LOVELADY, TX 75851

Signatures

/s/ Paul M. Ordogne, as poa for Larry D. Hornbeck

02/11/2013

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was effected pursuant to a Rule 10b5-1 trading plan adopted by the family trust on December 12, 2012. This sale represents shares for which the Reporting Person serves as a co-trustee and holds voting power.
- The price represents the weighted average sale price for multiple transactions reported on this line. Sale prices ranged from \$45.00 to (2) \$45.64. Reporting Person will provide, upon request by the Commission staff, the Issuer, or a security holder of the Issuer, full information regarding the number of shares purchased at each separate purchase price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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