Luks Ronald Form 4 February 21, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Luks Ronald Issuer Symbol **EDIETS COM INC [DIET]** (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) X_ Director 10% Owner Officer (give title Other (specify 499 PEACOCK LANE NORTH 02/16/2012 below) (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

JUPITER, FL 33458

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 4. Securities 5. Amount of 6. Ownership 7. Nature of Security (Month/Day/Year) Execution Date, if TransactionAcquired (A) or Securities Form: Direct Indirect (Instr. 3) Code Disposed of (D) Beneficially (D) or Beneficial Indirect (I) (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Owned Ownership Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) or (Instr. 3 and 4) Code V Amount (D) Price

Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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D

 $6.028^{(5)}$

Person

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code V	1	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (right to buy)	\$ 18.95 (5)							<u>(1)</u>	04/02/2012	Common Stock	8,480 (5)
Stock Options (right to buy)	\$ 30.15 (5)							<u>(1)</u>	01/02/2013	Common Stock	3,319 (5)
Stock Options (right to buy)	\$ 16.85 (5)							<u>(1)</u>	01/02/2014	Common Stock	5,399 (5)
Stock Options (right to buy)	\$ 14.05 (5)							<u>(1)</u>	07/15/2014	Common Stock	5,000 (5)
Stock Options (right to buy)	\$ 14.8 <u>(5)</u>							<u>(1)</u>	07/19/2014	Common Stock	2,500 (5)
Stock Options (right to buy)	\$ 21.6 (5)							<u>(1)</u>	01/03/2015	Common Stock	2,500 (5)
Stock Options (right to buy)	\$ 4.719 (5)							(2)	06/24/2019	Common Stock	5,000 (5)
Stock Options (right to buy)	\$ 4.925 (<u>5)</u>							<u>(1)</u>	07/28/2019	Common Stock	2,000 (5)
Stock Options (right to buy)	\$ 7.65 <u>(5)</u>							(3)	11/19/2019	Common Stock	5,000 (5)

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Stock Options (right to buy)	\$ 6.95 (5)				<u>(1)</u>	01/04/2020	Common Stock	17,513 (5)
Stock Options (right to buy)	\$ 5 <u>(5)</u>				<u>(4)</u>	08/23/2020	Common Stock	5,000 (5)
Stock Options (right to buy)	\$ 2.85 (5)				<u>(1)</u>	03/15/2021	Common Stock	50,000 (5)
Stock Options (right to buy)	\$ 0.55	02/16/2012	A	50,000	<u>(6)</u>	02/16/2022	Common Stock	50,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Luks Ronald 499 PEACOCK LANE NORTH JUPITER, FL 33458	X						

Signatures

/s/ Ronald Luks 02/21/2012

**Signature of Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options are immediately exercisable.
- (2) Exercisable according to the following vesting schedule: 1,650 beginning on June 24, 2010; 1,650 beginning on June 24, 2011 and 1,700 beginning on June 24, 2012.
- (3) Exercisable according to the following vesting schedule: 1,650 beginning on November 19, 2010; 1,650 beginning on November 19, 2011 and 1,700 beginning on November 19, 2012.
- (4) Exercisable according to the following vesting schedule: 1,650 beginning on August 23, 2011; 1,650 beginning on August 23, 2012 and 1,700 beginning on August 23, 2013.
- (5) Reflects a 1-for-5 reverse stock split effective June 1, 2011.
- (6) Exercisable according to the following vesting schedule: 25,000 beginning on May 15, 2012; 12,500 beginning on July 1, 2012 and 12,500 beginning on October 1, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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