**EDIETS COM INC** Form 4 October 11, 2005

### FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

**OMB APPROVAL** 

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

**SECURITIES** Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

| 1. Name and A<br>WEISS ANI | rting Person * | 2. Issuer Name and Ticker or Trading Symbol EDIETS COM INC [DIET] |                                 |           | 5. Relationship of Reporting Person(s) to Issuer |  |                           |  |
|----------------------------|----------------|---|---------------------------------|-----------|--|--|---------------------------|--|
| (Last)                     | (First)        | (Middle)  | 3. Date of Earliest Transaction |           |  | (Check all applicable)                       |                           |  |
| 27400 SR44E                |                | (Month/Day/Year)<br>10/10/2005                                    |                                 |           | X Director<br>Officer (give to<br>below)         | title 10% Owner Other (specify below)        |                           |  |
| (Street)                   |                |   | 4. If Amendment, Date Original  |           |  | 6. Individual or Joint/Group Filing(Check    |                           |  |
|                            |                |   | Filed(Mon                       | th/Day/Ye | ar)  | Applicable Line) _X_ Form filed by O         |                           |  |
| EUSTIS, FL 32736           |                |   |                                 |           |  | Form filed by More than One Reporting Person |                           |  |
| (City)                     | (State)        | (Zip)   | Table                           | e I - Non | -Derivative Securities Acq                       | uired, Disposed of                           | or Beneficially Owned     |  |
| 1.Title of                 |                | Date 2A. Deem   |                                 | 3.        | 4. Securities Acquired                           |  | 6. Ownership 7. Nature of |  |

Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Form: Direct Indirect (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially (D) or Beneficial (Month/Day/Year) (Instr. 8) Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price Common J(1)10/10/2005 583 1,282 D Stock 4.285

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

#### Edgar Filing: EDIETS COM INC - Form 4

|   | . Title of                          | 2.  | 3. Transaction Date (Month/Day/Year) |   | 4.                              | 5.   | 6. Date Exerc       |                    | 7. Title and   | 8. Price of                          | 9. Nu<br>Deriv  |
|---|-------------------------------------|---|--------------------------------------|---|---------------------------------|--|---------------------|--------------------|--|--------------------------------------|---|
| 5 | Derivative<br>Security<br>Instr. 3) | Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | (Month/Day/Year)                     | Execution Date, if any (Month/Day/Year) | Transacti<br>Code<br>(Instr. 8) | orNumber<br>of<br>Derivativ<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3,<br>4, and 5) | s<br>I              |                    | Amount of<br>Underlying<br>Securities<br>(Instr. 3 and 4 | Derivative<br>Security<br>(Instr. 5) | Deriv<br>Secur<br>Bene<br>Own<br>Follo<br>Repo<br>Trans<br>(Instr |
|   |                                     |   |                                      |   | Code V                          | <i></i>  | Date<br>Exercisable | Expiration<br>Date | Title Amour<br>or<br>Number<br>of                        | er                                   |   |

# **Reporting Owners**

| Reporting Owner Name / Address | Relationships |           |         |       |  |  |
|--------------------------------|---------------|-----------|---------|-------|--|--|
| <b>F-</b>                      | Director      | 10% Owner | Officer | Other |  |  |
| WEISS ANDREA                   |               |           |         |       |  |  |
| 27400 SR44E                    | X             |           |         |       |  |  |
| EUSTIS, FL 32736               |               |           |         |       |  |  |

## **Signatures**

/s/ Andrea
Weiss

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Board of Directors Stock Compensation for the Quarter Ended 9/30/05

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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