Malin Clint B Form 4 July 20, 2005

#### FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB APPROVAL** 

OMB 3235-0287 Number: January 31,

Expires: 2005 Estimated average

0.5

burden hours per response...

5 Relationship of Reporting Person(s) to

if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1 Name and Address of Reporting Person \*

07/19/2005

1(b).

Common

Stock

Malin Clin	t B	Symbol		ES INC [LTC]	Issuer (Check all applicable)			
(Last)	(First) (1		of Earliest T Day/Year)	ransaction	Director	10%	Owner	
22917 PAC HWY, SUI	CIFIC COAST TE 350	07/19/2	•		X_ Officer (give title Other (specify below) VP & CIO			
	(Street)	4. If Am	endment, Da	ate Original	6. Individual or Joint/Group Filing(Check			
MALIBU,	CA 90265	Filed(Me	onth/Day/Yea	r)	Applicable Line) _X_ Form filed by C Form filed by M Person			
(City)	(State)	(Zip) Tal	ole I - Non-I	Derivative Securities Acq	uired, Disposed of	, or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	

Code V

F

or

(D)

Price

15.13

Amount

10,000

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

(Instr. 3 and 4)

D

13,000

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

#### Edgar Filing: Malin Clint B - Form 4

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 15.13	07/19/2005		F		10,000	05/10/2005	05/10/2012	Common Stock	10,000
Stock Options	\$ 15.13						05/10/2006	05/10/2013	Common Stock	10,000
Stock Options	\$ 15.13						05/10/2007	05/10/2014	Common Stock	10,000

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
1 0	Director	10% Owner	Officer	Other			
Malin Clint B							
22917 PACIFIC COAST HWY			VP & CIO				
SUITE 350			VF & CIO				
MALIBU, CA 90265							

# **Signatures**

/s/ Clint B Malin 07/20/2005

\*\*Signature of Date
Reporting Person

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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