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Earnest Fred Form 4 August 10, 2											
FORM /								OMB APPROVAL			
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287			
Check th if no lon; subject to Section 1 Form 4 c	s box er STATEMENT OF CHANGES IN BENEFICIAL OWNER 5. SECURITIES							NERSHIP OF	Expires: January 31 2005 Estimated average burden hours per response 0.5		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
Earnest Frederick Hume Symbo				. Issuer Name and Ticker or Trading mbol ISTA GOLD CORP [VGZ]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (M	(iddle)	3. Date of Earliest Transaction				(Cliect				
C/O VISTA GOLD CORP., 7961 SHAFFER PARKWAY, SUITE 5				h/Day/Year) 8/2017				X Director 10% Owner X Officer (give title Other (specify below) below) President and CEO			
(Street) 4. If Am				Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed(Mor LITTLETON, CO 80127				nth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative Se	ecuriti	es Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)		Fransaction Date 2A. Deemed onth/Day/Year) Execution Date, if any (Month/Day/Year)			4. Securitie on(A) or Disp (Instr. 3, 4	osed o	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)		
G				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Shares	08/08/2017			М	216,500	А	\$ 0 (1)	962,905	D		
Common Shares	08/08/2017			F	98,809	D	\$ 0 (1)	864,096	D		
Common Shares	08/08/2017			М	180,800	А	\$ 0 (2)	1,044,896	D		
Common Shares	08/08/2017			F	82,516	D	\$ 0 (2)	962,380	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Units	\$ 0 <u>(1)</u>	08/08/2017		М	216,500	<u>(1)</u>	<u>(1)</u>	Common Shares	216,500
Restricted Stock Units	\$ 0 <u>(2)</u>	08/08/2017		М	180,800	(2)	(2)	Common Shares	180,800

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Earnest Frederick Hume C/O VISTA GOLD CORP. 7961 SHAFFER PARKWAY, SUITE 5 LITTLETON, CO 80127	Х		President and CEO			
Cianaturaa						

Signatures

/s/ Connie Martinez as attorney-in-fact for Frederick Hume Earnest 08/10/2017 **Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Partial vesting of grant of 433,000 RSUs on 7/28/15, previously reported on Form 4 filed with the SEC on 7/30/15. Each RSU represents a contingent right to receive one share of VGZ common stock.
- (2) Partial vesting of grant of 452,000 RSUs on 7/29/14, previously reported on a Form 4 filed with the SEC on 7/31/14. Each RSU represents a contingent right to receive one share of VGZ common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.