

URSTADT BIDDLE PROPERTIES INC
 Form 4
 December 28, 2016

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 BIDDLE WILLING L

2. Issuer Name and Ticker or Trading Symbol
 URSTADT BIDDLE PROPERTIES INC [UBP]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
 53 ELMWOOD ROAD
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 12/28/2016

Director 10% Owner
 Officer (give title below) Other (specify below)
 President and CEO

SOUTH SALEM, NY 10590
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	12/28/2016		J ⁽¹⁾	246 A \$ 0	2,173,338	D ⁽²⁾	
Common Stock					294,673	I	See footnote ⁽³⁾
Common Stock					284,240	I	See footnote ⁽⁴⁾
Common Stock					5,163	I	See footnote ⁽⁵⁾
Common Stock					1,070	I	See footnote ⁽⁶⁾

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On December 28, 2016, the Trust Established Under the Urstadt Biddle Properties Inc. Excess Benefit and Deferred Compensation Plan of 2005 (the "Plan") made a required distribution of 246 shares of Common Stock to Willing L. Biddle (the "Reporting Person"), a participant in the Issuer's Plan.

(2) Shares held by Willing L. Biddle, of which 950,000 are restricted shares issued to Mr. Biddle pursuant to the Company's Restricted Stock Award Plan.

(3) Shares held by Catherine U. Biddle 2012 Dynasty Trust.

(4) Shares held by Willing L. Biddle 2012 Dynasty Trust.

(5) Shares held by Willing L. Biddle Inherited IRA.

(6) Shares held by Charles Biddle Trust.

(7) Shares held by Trust UW PTB Art 4.1.

(8) Shares held by Catherine U. Biddle, spouse of Willing L. Biddle, of which 3,050 are restricted shares.

(9) Shares held by Excess Benefit and Deferred Compensation Plan of 2005, of which Willing L. Biddle is a participant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.