CELADON GROUP INC

Form 4

February 21, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

1(b).

(City)

(State)

(Zip)

(Print or Type Responses)

1. Name and Address of Reporting Person * HEYWORTH ANTHONY			2. Issuer Name and Ticker or Trading Symbol CELADON GROUP INC [CGI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	_X_ Director 10% Owner			
ONE CELADON DRIVE, 9503 EAST 33RD ST.			02/19/2014	Officer (give title Delow) Other (specify below)			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
N.D.I. N. 1602 5 1005			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
INDIANAPOLIS, IN 46235-4207				Person			

Table I. Non Danivative Securities Acquired Disposed of or Panelicially Owned

(City)	(State)	Table Table	e I - Non-D	erivative	Secur	rities Acqu	ired, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit n(A) or Di (Instr. 3,	sposed 4 and (A)	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	02/19/2014		M	9,000	A	\$ 7.08	68,691	D	
Common Stock	02/19/2014		S	215	D	\$ 21.221	68,476	D	
Common Stock	02/19/2014		S	100	D	\$ 21.23	68,376	D	
Common Stock	02/19/2014		S	300	D	\$ 21.251	68,076	D	
Common Stock	02/19/2014		S	3,000	D	\$ 21.26	65,076	D	

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Common Stock	02/19/2014	S	300	D	\$ 21.261	64,776	D
Common Stock	02/19/2014	S	275	D	\$ 21.27	64,501	D
Common Stock	02/19/2014	S	100	D	\$ 21.275	64,401	D
Common Stock	02/19/2014	S	200	D	\$ 21.28	64,201	D
Common Stock	02/19/2014	S	3,600	D	\$ 21.291	60,601	D
Common Stock	02/19/2014	S	610	D	\$ 21.295	59,991	D
Common Stock	02/19/2014	S	300	D	\$ 21.3	59,691	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secur Acqu (A) or Dispo	erivative rities ired r osed of 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Nun of Shar
Non-Employee Director Stock Option (Right	\$ 7.08	02/19/2014		M		9,000	10/29/2004	04/29/2014	Common Stock	9,0

Reporting Owners

to Buy)

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Reporting Owners 2

HEYWORTH ANTHONY
ONE CELADON DRIVE
9503 EAST 33RD ST.
INDIANAPOLIS, IN 46235-4207

Signatures

/s/ Anthony Heyworth, by Heidi Hornung-Scherr, attorney-in-fact, pursuant to a POA previously filed with the SEC

02/21/2014

**Signature of Reporting Person

Date

Explanation of Responses:

into the Issuer's Common Stock.

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Grant of option to purchase reflects adjustments for previous stock splits. Transaction involves exercise of an option to purchase 9,000 (1) shares of the Issuer's Common Stock at an exercise price of \$7.08. Upon exercise, the derivative security converts on a one-for-one basis

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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