

SORENSEN CARY V
 Form 4
 April 21, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 SORENSEN CARY V

2. Issuer Name and Ticker or Trading Symbol
 TENGASCO INC [TGC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 11121 KINGSTON PIKE SUITE E
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 04/19/2010

___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)
 Vice President

KNOXVILLE, TN 37934

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				Code V Amount (A) or (D) Price			
Common Stock	04/19/2010		M ⁽¹⁾	196,226 <u>(2)</u>	A <u>(2)</u> 236,226	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
Stock Appreciation Right	\$ 0.27	04/19/2010		M ⁽¹⁾	1	04/08/2010 04/20/2010	Common Stock 400,000
Option Right to buy ⁽³⁾	\$ 0.58	01/20/2006		J	1	01/20/2006 01/18/2011	Common Stock 15,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SORENSEN CARY V 11121 KINGSTON PIKE SUITE E KNOXVILLE, TN 37934			Vice President	

Signatures

s/Cary V. Sorensen 04/21/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of Stock Appreciation Rights granted under Tengasco, Inc. Stock Incentive Plan.
Shares acquired pursuant to exercise of 400,000 Stock Appreciation Rights("SARs") granted under the Tengasco, Inc. Stock Incentive Plan. The SARs were paid in common stock of the Company and the number of shares issued was determined by subtracting the exercise price (\$0.27) from the closing market price as listed on the NYSE Amex on the exercise date (\$0.53) and multiplying by number of shares underlying the SARs grant (400,000) and dividing that product by the closing market price of (\$0.53).
- (3) Grant of option pursuant to Tengasco, Inc. Stock Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.