TINTER ARNOLD Form 4 March 24, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:

3235-0287

Expires:

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SECURITIES

Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Section 16.

Form 4 or

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

30(h) of the Investment Company Act of 1940

1(b).

(Last)

Common

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * TINTER ARNOLD

(First)

(Street)

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to Issuer

Symbol

(Middle)

SPICY PICKLE FRANCHISING INC [SPKL]

(Check all applicable)

10% Owner

3. Date of Earliest Transaction

(Month/Day/Year)

Director X_ Officer (give title Other (specify below) below)

CFO

90 MADISON STREET, SUITE 700 03/04/2010

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

4. If Amendment, Date Original

Applicable Line) _X_ Form filed by One Reporting Person

Form filed by More than One Reporting

Person

DENVER, CO 80206

(City) (State) (Zip)

03/04/2010

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of 2. Transaction Date 2A. Deemed Security (Month/Day/Year) Execution Date, if (Instr. 3) (Month/Day/Year)

3. 4. Securities Acquired (A) 5. Amount of Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)

1,000,000

A

7. Nature of Securities Ownership Indirect Beneficially Form: Beneficial Direct (D) Ownership Owned Following or Indirect (Instr. 4)

D

Reported Transaction(s) (Instr. 4)

(A) or (Instr. 3 and 4)

(D) Price

(2)

Code V Amount

J

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. P Der Sect (Ins
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options	\$ 0.2					<u>(1)</u>	01/25/2012	Common Stock	200,000	
Stock Options	\$ 0.2					09/20/2007	09/20/2012	Common Stock	400,000	
Stock Options	\$ 0.2					06/14/2007	12/14/2012	Common Stock	500,000	
Stock Options	\$ 0.2					09/17/2008	03/17/2013	Common Stock	200,000	
Stock Options	\$ 0.2					02/06/2009	08/06/2014	Common Stock	100,000	

Reporting Owners

Reporting Owner Name / Address	Relationships						
Transfer de la companya de la compan	Director	10% Owner	Officer	Other			
TINTER ARNOLD							
90 MADISON STREET			CFO				
SUITE 700		CFO					
DENVER, CO 80206							

Signatures

Arnold Tinter 03/24/2010 **Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On January 25, 2007 the Reporting Person was granted an incentive stock option under the Issuer's 2006 Option Plan to purchase 200,000 shares of common stock originally at an exercise price of \$0.25 per share. The option is exercisable as to (i) 50,000 shares immediately upon the date of grant; (ii) 75,000 on the first anniversary of the date of grant and (iii) 75,000 shares on the second anniversary of the date of the grant and will expire 5 years from the date of grant.
- (2) Granted shares as compensation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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