AVISTA CORP Form 4 January 12, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

3235-0287 Number:

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

1(b).

Common Stock -

Performance Shares Common Stock held in

401(k) Plan

01/08/2016

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1. Name and Add Vermillion De	2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)	(First)	(Middle)	3. Date of Earliest Transaction								
1411 E MISSION AVENUE			(Month/Day/Year) 01/08/2016					Director 10% Owner _X Officer (give title Other (specify below) Senior Vice President			
	(Street) 4. If Amend Filed(Month/			ment, Date Original /Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
SPOKANE, W	/A 99202						_	Form filed by Morerson	1 0		
(City)	(State)	(Zip)	Table I	- Non-Deri	ivative Sec	uritie	s Acqui	red, Disposed of, o	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Y	Year) Execu	Deemed ation Date, if th/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit (A) or Dis (Instr. 3, 4	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock - Performance Shares	01/08/2016			M	16,250	A	<u>(1)</u>	53,094	D		

4,427

(2)

F

D

35.11

9,982.5497 D

D

48,667

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Conversion of 2013 Performance Shares	<u>(1)</u>	01/08/2016		M	12,500	<u>(1)</u>	<u>(1)</u>	Common Stock	12,500

Reporting Owners

Relationships Reporting Owner Name / Address

> Other Director 10% Owner Officer

Vermillion Dennis P 1411 E MISSION AVENUE SPOKANE, WA 99202

Senior Vice President

Signatures

/s/Dennis P. 01/12/2016 Vermillion

**Signature of Reporting Date

Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.
- (2) Shares withheld to pay income tax on Performance Shares acquired 1/08/2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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