FELTES KAREN S

Form 4

January 12, 2011

# FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

January 31, Expires: 2005 Estimated average

**OMB APPROVAL** 

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction 1(b).

Shares

Common Stock -

Performance Shares Common

Stock held in

401(k) Investment 01/11/2011

(Print or Type Responses)

	TES KAREN S Symbol		Name and Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
		AVISTA	CORP [AVA]	(Check all applicable)			
(Last)	(First) (Mic	, 2.24.6 012	Earliest Transaction	-			
1411 E MISS	ION AVE	(Month/Day 01/11/201	<b>'</b>	DirectorX_ Officer (give title below) belo Senior Vice Pr	ow)		
	(Street)		4. If Amendment, Date Original  Filed(Month/Day/Year)  6. Individual or Joint/Group Filing Applicable Line) _X_Form filed by One Reporting Per				
SPOKANE, V	VA 99202			Form filed by More than Person	One Reporting		
(City)	(State) (Z	Table 1	I - Non-Derivative Securities A	cquired, Disposed of, or Ben	eficially Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		(A) or	(D) Securities Owned Beneficially Form Owned Direct	et (D) Ownership direct (Instr. 4)		
Stock - Performance	01/11/2011		M 14,375 A 0	23,191 D			

3,826

(2)

19,365

699

D

I

F

by

Trustee

#### Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration D (Month/Day.	ate	7. Title and A Underlying (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Conversion of 2008 Performance Shares	(1)	01/11/2011		M	12,500	<u>(1)</u>	<u>(1)</u>	Common Stock	12,500

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

FELTES KAREN S 1411 E MISSION AVE SPOKANE, WA 99202

Senior Vice President

#### **Signatures**

/s/ Karen S Feltes 01/12/2011

\*\*Signature of Date
Reporting Person

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each performance share represented a contingent right to receive a share of Avista Common Stock upon Avista achieving a specified performance measure.
- (2) Shares withheld to pay income tax on Performance Shares acquired 1/11/2011

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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