Edgar Filing: STANLEY HEIDI B - Form 4

STANLEY H	IEIDI B										
Form 4											
May 12, 200	9										
FORM	4		an aun			~~~			OMB AF	PROVAL	
Washington, D.C. 20549							OMB Number:	3235-0287			
Check thi if no long	er								Expires:	January 31,	
subject to Section 16. Form 4 or				GES IN BENEFICIAL OW SECURITIES				NERSHIP OF	Estimated a burden hour response	•	
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a	a) of the I	Public Ut		ing Con	ipany	Act of	e Act of 1934, 1935 or Section 0	n		
(Print or Type F	Responses)										
STANLEY HEIDI B Symbol			Symbol	er Name and Ticker or Trading ΓΑ CORP [AVA]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (N	/liddle)	3. Date of Earliest Transaction					(Check	k all applicable)		
(Month/E			(Month/D 05/11/20	Day/Year)				X_ Director 10% Owner Officer (give title Other (specify below) below)			
				ndment, Date Original hth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person			
SPOKANE,	WA 99202							Form filed by M Person	Iore than One Re	porting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		n Date, if	3. Transactio Code (Instr. 8) Code V	(Instr. 3,	sposed 4 and (A) or	d of (D) 5) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	05/11/2009			A <u>(1)</u>	632 <u>(2)</u>	А	\$ 15.82 (1)	11,436	D		
Common Stock Held in Spouse's Profit Sharing Plan								9,660	I	by Trustee	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

Edgar Filing: STANLEY HEIDI B - Form 4

required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. ionNumber of Derivative Securities Acquired (A) or	Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo
				Disposed of (D) (Instr. 3, 4, and 5)						Trans (Instr
			Code V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
I O	Director	10% Owner	Officer	Other			
STANLEY HEIDI B 1411 E MISSION AVE SPOKANE, WA 99202	Х						
Signatures							

/a/ Heidi B. 05/12/2009 Stanley <u>**</u>Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares issued under the Long-Term Incentive Plan as an award of stock for director compensation. The price per share (per the LTIP) is the closing price on May 8, 2009.
- (2) Shares issued as part of Ms. Stanley's director retainer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.