#### NATIONAL HEALTHCARE CORP

Form 5

January 28, 2008

Common Stock Â

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#### **OMB APPROVAL** FORM 5 **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported 1. Name and Address of Reporting Person \* 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer LAROCHE RICHARD F JR Symbol NATIONAL HEALTHCARE CORP (Check all applicable) [NHC] (Middle) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) \_X\_ Director 10% Owner Officer (give title Other (specify (Month/Day/Year) below) below) 12/31/2007 2103 SHANNON DRIVE (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) MURFREESBORO, TNÂ 37129 \_X\_ Form Filed by One Reporting Person Form Filed by More than One Reporting (City) (Zip) (State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount 7. Nature of (Instr. 3) (Month/Day/Year) Execution Date, if Transaction (A) or Disposed of of Securities Ownership Indirect Code (D) Beneficially Form: Beneficial (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Owned at Direct (D) Ownership end of or Indirect (Instr. 4) Issuer's (I) Fiscal Year (Instr. 4) (A) (Instr. 3 and Price Amount (D) Common Stock. held in trust, Remainder Â Â Â Â Â Â 29,523 I subject to life in GRAT estate Common Stock Â Â Â Â 1.038 D - IRA

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| name or my<br>wife's name  |  |                    |   |        |   |      |         |   |                              |
|--|--|--------------------|---|--------|---|------|---------|---|------------------------------|
| Common Stock - Partnership   | Â  | Â                  | Â | Â      | Â | Â    | 276,152 | D | Â                            |
| Common Stock - Family Partnership  | Â  | Â                  | Â | Â      | Â | Â    | 23,638  | I | Family<br>Partnership        |
| Common Stock<br>- Family<br>Foundation                                   | 01/02/2008   | Â                  | G | 1,465  | D | \$ 0 | 8,635   | I | Trustee of Family Foundation |
| Shares of Series<br>A Conv.<br>Preferred Stock<br>by Trustee of<br>GRAT  |  | Â                  | Â | Â      | Â | Â    | 31,523  | I | Remain. in GRAT              |
| Shares of Series<br>A Conv.<br>Preferred Stock<br>- IRA                  | Â  | Â                  | Â | Â      | Â | Â    | 1,921   | D | Â                            |
| Shares of Series<br>A Conv.<br>Preferred Stock<br>- LaRoche<br>Family LP | Â  | Â                  | Â | Â      | Â | Â    | 3,938   | I | Family<br>Partnership        |
| Shares of Series<br>A Conv.<br>Preferred<br>Stock-LaRoche<br>Enterprises | Â  | Â                  | Â | Â      | Â | Â    | 330,202 | D | Â                            |
| Shares of Series<br>A Conv.<br>Preferred<br>Stock-Family<br>Foundation   | 01/02/2008   | Â                  | G | 13,400 | D | \$ 0 | 10,480  | I | Trustee of Family Foundation |
| Reminder: Report or securities beneficiall                               | Persons who re<br>contained in th<br>the form displa | SEC 2270<br>(9-02) |   |        |   |      |         |   |                              |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative | 2.<br>Conversion | 3. Transaction Date (Month/Day/Year) |                  | 4.<br>Transaction | 5.<br>Number | 6. Date Exercisable and Expiration Date | 7. Title and Amount of 8 Underlying Securities 1 |
|------------------------|------------------|--------------------------------------|------------------|-------------------|--------------|---|--|
| Security               | or Exercise      |                                      | any              | Code              | of           | (Month/Day/Year)                        | (Instr. 3 and 4)                                 |
| (Instr. 3)             | Price of         |                                      | (Month/Day/Year) | (Instr. 8)        | Derivative   | e                                       | (  |
|                        | Derivative       |                                      |                  |                   | Securities   |   |  |
|                        | Security         |                                      |                  |                   | Acquired     |   |  |

|  |          |   |   |   | (A) of Disp of (Inst 4, and | osed<br>O)<br>er. 3, |                     |                    |                 |                                     |
|--|----------|---|---|---|-----------------------------|----------------------|---------------------|--------------------|-----------------|-------------------------------------|
|  |          |   |   |   | (A)                         | (D)                  | Date<br>Exercisable | Expiration<br>Date | Title           | Amount<br>or<br>Number<br>of Shares |
| Option to<br>Purchase<br>Common<br>Stock | \$ 19.6  | Â | Â | Â | Â                           | Â                    | 04/24/2003          | 04/23/2008         | Common<br>Stock | 15,000                              |
| Option to<br>Purchase<br>Common<br>Stock | \$ 27.01 | Â | Â | Â | Â                           | Â                    | 04/20/2004          | 04/19/2009         | Common<br>Stock | 15,000                              |
| Option to<br>Purchase<br>Common<br>Stock | \$ 32.01 | Â | Â | Â | Â                           | Â                    | 05/03/2005          | 05/02/2010         | Common<br>Stock | 15,000                              |
| Option to<br>Purchase<br>Common<br>Stock | \$ 44.25 | Â | Â | Â | Â                           | Â                    | 05/03/2006          | 05/02/2011         | Common<br>Stock | 15,000                              |
| Option to<br>Purchase<br>Common<br>Stock | \$ 52.5  | Â | Â | Â | Â                           | Â                    | 04/24/2007          | 04/23/2012         | Common<br>Stock | 13,000                              |

# **Reporting Owners**

| Reporting Owner Name / Address | Relationships |           |         |      |  |  |  |  |
|--------------------------------|---------------|-----------|---------|------|--|--|--|--|
|                                | Director      | 10% Owner | Officer | Othe |  |  |  |  |
| LAROCHE RICHARD F JR           |               |           |         |      |  |  |  |  |
| 2103 SHANNON DRIVE             | ÂΧ            | Â         | Â       | Â    |  |  |  |  |
| MURFREESBORO, TN 37129         |               |           |         |      |  |  |  |  |

# **Signatures**

Richard F.
LaRoche, Jr.

\*\*Signature of Reporting Person

O1/28/2008

Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Reporting Owners 3

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure.

| Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. |
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