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URSTADT BIDDLE PROPERTIES INC  
Form 8-K  
March 11, 2004

SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, DC 20549  
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FORM 8-K

CURRENT REPORT  
PURSUANT TO SECTION 13 OR 15 (d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of Report: March 10, 2004

URSTADT BIDDLE PROPERTIES INC.  
(Exact Name of Registrant as Specified in Charter)

Maryland	1-12803	04-2458042
(State of Incorporation)	(Commission file Number)	(I.R.S. Employer Identification No.)

321 Railroad Avenue  
Greenwich, Connecticut 06830  
(Address of principal executive offices, including zip code)

Registrant's telephone number, including area code: (203) 863-8200

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Item 7. Financial Statements and Exhibits.

Exhibits.

The following exhibit is filed with this Form 8-K:

99 Press release dated March 10, 2004

Item 12. Disclosure of Results of Operations and Financial Condition.

On March 10, 2004, Urstadt Biddle Properties Inc. (the "Company") issued a press release, which sets forth the Company's results of operations and financial condition of Urstadt Biddle Properties Inc. for the quarter ended January 31, 2004. A copy of the Company's press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference. Such information shall not be deemed "filed" for any purposes of Section 18 of the Securities Exchange Act of 1934, as amended, and is not incorporated by reference into any

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filing of the Company, whether made before or after the date hereof, regardless of any general incorporation language in such filing.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: March 11, 2004

URSTADT BIDDLE PROPERTIES INC.

By: /s/ James R. Moore

James R. Moore  
Executive Vice President & Chief Financial Officer