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Thurber Rol Form 4										
May 08, 201								OMB AF	PROVAL	
FORM	4 UNITED	STATES SE				ANGE CO	OMMISSION	OMB	3235-0287	
Check the			Washington	n, D.C. 2	0549			Number:	January 31,	
if no lon subject to Section Form 4 Form 5 obligation may con	16. or Filed put ons Section 17(SECU ion 16(a) of t	RITIES he Secur lding Co	Act of 1934, 935 or Section	Expires. 20 Estimated average burden hours per response 0				
<i>See</i> Insta 1(b).	ruction			ir compu						
(Print or Type	Responses)									
1. Name and A Thurber Ro	Address of Reporting bert C.	Syr	Issuer Name ar nbol SON FOOD			8	5. Relationship of I ssuer			
			Date of Earliest	-	-		(Check all applicable)			
2200 DON	TYSON PARKV		onth/Day/Year) /17/2012			-	_X Director Officer (give t pelow)		Owner er (specify	
CDDINICD	(Street)		f Amendment, I ed(Month/Day/Ye	-	al	A	5. Individual or Joi Applicable Line) X_ Form filed by O Form filed by Mo	ne Reporting Pe	rson	
	ALE, AR 72762	(7.)				F	Person		1 0	
(City) 1.Title of Security (Instr. 3)	(State) 2. Transaction Date (Month/Day/Year)	(Zip) 2A. Deemed Execution Dat any (Month/Day/Y	Code		ties A sed of	cquired (A) (D)	5. Amount of Securities Beneficially Owned Following	6. 7. Na Ownership Indir Form: Bene Direct (D) Own or Indirect (Inst	ly Owned 7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)		
Class A Common Stock	12/17/2012		J <u>(1)</u>	215	A	\$ 0	37,287 <u>(2)</u>	D		
Class A Common Stock	03/15/2013		J <u>(3)</u>	45	A	\$0	37,332 <u>(2)</u>	D		
Class A Common Stock	03/15/2013		J <u>(1)</u>	32	А	\$0	37,364 <u>(2)</u>	D		
Class A Common Stock	05/07/2013		Р	3,000	A	\$ 24.368	40,364 <u>(2)</u>	D		

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Class A Common Stock	05/07/2013	Р	900	А	\$ 24.379 41,264 (2)	D
Class A Common Stock	05/07/2013	Р	100	А	\$ 41,364 (2) 24.3795	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Titl	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	Derivative		Securi	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
I Sector and the sector	Director	10% Owner	Officer	Other			
Thurber Robert C. 2200 DON TYSON PARKWAY SPRINGDALE, AR 72762	Х						
Signatures							

/s/ R. Read Hudson by power of Attorney for Robert C. Thurber

**Signature of Reporting Person

05/08/2013

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Represents shares of the Issuer's Class A Common Stock received by the Reporting Person pursuant to the Issuer's dividend reinvestment plan from 2/26/2009 to 12/17/2012.

Includes 22,117 shares of the Issuer's Class A Common Stock acquired by the Reporting Person pursuant to the Deferred Fee Plan for
 (2) Directors, which shares shall vest 180 days after termination of the Reporting Person's service as a member of the Issuer's board of directors.

Represents shares of the Issuer's Class A Common Stock received by the Reporting Person pursuant to the Issuer's stock dividend
 (3) reinvestment plan since the last Statement of Changes in Beneficial Ownership was filed by the Reporting Person. Such acquisitions are exempt from Section 16 reporting requirements pursuant to Rule 16a-11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.